可登陆fullfresh.ca獲得
鼎鮮超市最新特价信息

掃碼關注
公衆號
每週獲得
特價資訊

Nov. 13 2026 - Nov. 19 2026

鼎鮮超市
FULL FRESH SUPERMARKET



SENIOR DAY 10%off (九折)
每週二 & 週三, 60歲以上老人10%折扣日
60s & older, Every Tue & Wed
(月餅、特價商品、服務台商品和魚部商品除外 Moon Cakes, Special items，Help Desk items and Seafood items are not included.)



*大量免費地下停車位，全年購物毫無壓力！*FREE UNDERGROUND PARKING!

Sekka Extra Fancy Premium Medium Grain Rice 40Lb
雪花米
Reg: $45.99



劲爆价 $34.99 EA

Sun Fung Dried Goji 454g
新豐太空枸杞
Reg: $10.99



劲爆价 $6.99 EA

Applewood Premium Butane Gas 4*227g
煤氣罐
Reg: $7.99



劲爆价 $4.99 EA

Facial Tissue
抽紙
Reg: $4.99



劲爆价 $2.99 EA

Shodoshima Sweet Potato Noodles 620g
小豆島紅薯粉條
Reg: $4.99



劲爆价 $2.99 EA

New Zealand Frozen Boneless Lamb Shoulder
新西蘭无骨羊肩肉
Reg: $10.99



劲爆价 $8.99 LB

Fresh Beef Chuck Short Ribs
新鮮牛坑腩
Reg: $12.99



劲爆价 $9.59 LB

Laker Frozen Crayfish Series 750g
萊克小龍蝦系列
Reg: $9.99



劲爆价 $5.99 EA

Best Quality Frozen Whole Abalone 200g
凍帶殼鮑魚
Reg: $5.99



劲爆价 $3.99 EA

Live Blue Crabs
生猛藍蟹仔
Reg: $5.99



劲爆价 $3.98 LB

Special Offer Valid
週五 週六 週日
Fri Sat Sun

While Quantities Last
數量有限售完即止

Fresh Yu Choy
新鮮油菜
Reg: $1.99



劲爆价 $1.68 LB

Fresh Fuzhou Bok Choy
新鮮福州白菜
Reg: $1.99



劲爆价 $1.38 LB

Fresh New Zealand Golden Kiwi 2Lb
新鮮新西蘭黃金奇異果
Reg: $10.99



劲爆价 $8.99 EA

Special Offer Valid
週五 週六 週日
Fri Sat Sun

Fresh Red Dragon Fruit
新鮮红肉火龙果
Reg: $7.99



劲爆价 $3.99 LB

Special Offer Valid
週五 週六 週日
Fri Sat Sun

GROCERY 雜貨

Dairy /Froze

M.Y.San Sky Flakes Crackers 800g
空中霸王饼
Reg: $7.99



$5.99 EA

Daliyuan Breakfast Bread 400g
達利園早餐包
Reg: $5.99



$3.99 EA

LTC Walnut Cookie 408g
LTC桃酥系列
Reg: $5.99



$3.99 EA

Nissin Bowl Noodles
出前一丁桶麵
Reg: $2.99



$1.99 EA

Best Quality Frozen Pompano 1kg
凍金鯧魚
Reg: $14.99



$9.99 EA

Yida Preserved Haw 500g
怡達果丹皮系列
Reg: $4.99/ea



2 for $7.00

Paldo Oriental Style Noodles With Soup Base 4*102g
八道牛骨湯麵
Reg: $4.99/ea



2 for $7.00

Paramount Black Truffle Ham Soda Biscuits 518g
黑松露火腿蘇打餅乾
Reg: $5.99



$3.99 EA

Die Hua Brand Strange Taste Horsebeans Series 500g
怪味胡豆系列
Reg: $4.99/ea



2 for $7.00

3 Fish Squid 340g
香港火箭魷魚
Reg: $7.99



$5.99 EA

Sun Fung Pickled Cabbage 1kg
新豐榆園酸菜
Reg: $4.99



$2.99 EA

Shanshui Preserve Mustand 400g
山水甜梅菜王
Reg: $2.99



$1.99 EA

Foodiejoie Dried Lotus Seeds
福字通心白蓮子
Reg: $7.99



$5.99 EA

HengShun Chinkiang Vinegar 3L
恆順鎮江香醋
Reg: $13.99



$9.99 EA

ZQ Steamed Stuffed Bun 500g
在旗粘豆包
Reg: $6.99



$4.99 EA

Arizona Green Tea 680ml
Arizona綠茶
Reg: $2.59



99¢ EA

Jia Duo Bao Herbal Tea 6*310ml
加多寶/王老吉
Reg: $7.99



$5.99 EA

Sun Fung Premium Sweet Rice 2kg
新豐特級糯米
Reg: $7.99



$5.99 EA

Sun Fung Peanut 908g
新豐珠豆/紅衣花生
Reg: $6.99



$4.99 EA

Beancurd Sheet 250g
豆豆薄幹豆腐
Reg: $2.99/ea



2 for $4.50

zen 日常/急凍

Baffin Bay Frozen Yellow Croaker 800g
盒裝凍黃花魚
Reg: $13.99



$10.99 EA

Best Quality Cooked Black Tiger Shrimp 13/15 300g
Best Quality熟有頭黑虎蝦
Reg: $9.99



$7.99 EA

O'Food Fried Fish Ball 500g
韓國什錦魚蛋
Reg: $5.99



$3.99 EA

Watson Smoke-Roasted Boneless Whole Duck 500g
華生去骨烤全鴨
Reg: $12.99



$8.99 EA

Watson Frozen Tofu 450g
祖名凍豆腐
Reg: $4.99



$2.99 EA

Tokimi Ice Dessert 225g
水果味冰淇淋
Reg: $8.99



$6.99 EA

Cracker Barrel Slices Cheese 240g
芝士片系列
Reg: $6.99



$4.99 EA

Tropicana Lower Sugar Orange Juice (Some Pulp)1.36L
橙汁
Reg: $6.99/ea



2 for $4.99

FRUIT&VEG 果菜

Fresh White Radish
新鮮白蘿蔔
Reg: $0.99



68¢ LB

Fresh Peking Green Onion
新鮮京蔥
Reg: 2 for $3.50



2 for $2.88

Fresh Cauliflower
新鮮富貴花
Reg: $1.99



$1.38 LB

Fresh Winter Melon
新鮮冬瓜
Reg: $1.59



97¢ LB

Fresh Neo Bok Choy
新鮮奶油白菜
Reg: $1.59



97¢ LB

Fresh Baby Mustard
新鮮芥菜仔
Reg: $1.59



97¢ LB

Fresh Sweet Clementine
新鮮袋裝砂糖橘
Reg: $4.99



$2.99 LB

Fresh Jumbo Driscoll's Blueberry
新鮮Driscoll's藍莓
Reg: $8.99



Special Offer Valid
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Fri Sat Sun

$5.99 EA

Fresh Fragrant Pear
新鮮脆甜雪香梨
Reg: $2.99



$1.29 LB

Fresh Avocado
新鮮袋裝牛油果
Reg: $3.99



$2.99 BAG

Brand New Asian Supermarket | Ample Parking | Over 10000 Products | Brand New Facilities | Tasty Design | Friendly Service

廣告如排版錯誤時,以店內有關標示為準,產品數量有限售完即止.Check Prices On Display In Store In Case Of Discrepancy Due To Printing Errors On This Flyer; Offer Valid While Quantities Last, Full Fresh Reserves The Right To Limit Quantities.

CRAZY DEAL for HOTPOT ! 火鍋區大特價

Haidilao Hot Pot Soup Base Series 200g
海底撈火鍋底料系列
Reg: $5.99



$3.99 EA

Foojoy Sesame Paste 500g
福字芝麻醬
Reg: $6.99



$4.99 EA

Best Quality Imitation Pre-Fried Fish Tofu 250g
金黃魚豆腐
Reg: $3.99/ea



2 for $4.99

Fresh Small King Oyster Mushroom 250g
新鮮多肉皇子菇
Reg: $1.99/ea



2 for $2.98

Yongda Beef Belly Roll
永達五花肥牛卷
Reg: $9.99



$7.99 LB

CBC Pork Shoulder Roll
焯记梅头卷
Reg: $7.99



$4.99 LB

MEAT 肉部

Fresh Pork Neck Bone
新鮮豬頸骨
Reg: $2.59



$1.59 LB

Fresh Pork Stomach
新鮮猪肚
Reg: $3.99



$2.99 LB

Fresh Pork Front Hock
新鮮豬前踭
Reg: $2.99



$1.79 LB

Fresh Beef Short Ribs
新鮮牛仔骨
Reg: $14.99



$11.99 LB

Fresh U Grade Yellow Free Run Chicken
U級新鮮黃油走地雞
Reg: $14.99



$12.99 EA

Fresh Stew Pork
新鮮紅燒肉
Reg: $3.59



$2.39 LB

Duck Gizzard
鴨腎
Reg: $6.99



$4.99 LB

Fresh Chicken Leg Boneless
新鮮無骨雞腿肉
Reg: $6.59



$4.99 LB

Best Choice Lamb Shoulder Roll
大眾羊肉卷
Reg: $12.99



$10.99 LB

SEAFOOD 海鮮

Live White Eel 2-4Lb / Live Eel
游水白鱔/游水黃鱔
Reg: $19.99/$11.99



$14.99 LB

$8.99 LB

Live Green Bass / Live Turbot Fish
游水青斑/游水桂花魚
Reg: $16.99/$15.99



$13.99 LB

$13.99 LB

CK Brand Frozen Head On White Shrimp 30-40
CK有头南美白虾
Reg: $20.99



$16.99 EA

Eastern Star Spot / Moontail Grouper
深海東星斑/深海帝皇燕尾斑
Reg: $15.99



$11.98 LB

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