VEGETABLE & FRUIT

Stem Lettuce
莴笋

1.58 /lb

Cauliflower
椰菜花

2.88 /ea

Zucchini
意大利青瓜

88¢ /lb

Taro
大芋头

98¢ /lb

Fresh Flat Cabbage
高丽菜

98¢ /lb

Chinese Radish
白萝卜

98¢ /lb

Asian Pear
水晶梨

1.29 /lb

Dino Melon
恐龙蜜瓜


1.29 /lb

MEAT & SEAFOOD

Spare Rib Cubes
排骨粒

1.69 /lb

Fresh Chicken Wing Split
新鲜鸡斩件

1.69 /lb

Black Lamb Belly
黑草羊腩

9.99 /lb

Leave On Pork Intestine
免洗猪大肠

3.99 /lb

Fresh Partridge
新鲜鹧鸪

11.99 /ea

Fresh Free Range Duck
新鲜鸭子(走地鸭)

21.99 /ea

Lamb Back Bones
羊蝎子

3.69 /lb

Chicken Cartilage
鸡脆骨

5.99 /lb

Live Canadian Lobster
生猛加拿大龙虾 双钳一
1–1.5lb

clean 13.99 /lb
12.99 /lb

Previously Frozen White Shrimp Head On
冰鲜有头南美白虾
20–30

4.99 /lb

Previously Frozen Capelin Fish
冰鲜多春鱼

4.99 /lb

Fresh Flower Spiral Snail
空运花螺


9.99 /lb

SEAFOOD BY AIR

Turbot
空运金多宝

时价 SEASONAL PRICING

Fresh Japanese Sea Urchin
新鲜空运日本海胆

时价 SEASONAL PRICING

Live Alaskan King Crab
空运生猛阿拉斯加皇帝蟹

时价 SEASONAL PRICING

Live A Level Geoduck Clam
生猛A级象拔蚌

时价 SEASONAL PRICING

Salmon Shikra' n Caviar
三文鱼子酱


时价 SEASONAL PRICING

* Check price on store display tags in case of disrepancy due to printing error in the advertisement. FreshPro Foodmart reserves the right to limit quantities. No raincheck.

GROCERY

WYC Cake Series
味一村蛋糕系列
430g



4.99 /ea

LJK Sunflower Seeds Series
老街口瓜子系列
260g



2.99 /ea

WL Crispy Rice Snack Series
卧龍鍋巴系列
138g–200g



1.99 /ea

LZY Milk Drink Series
李子園牛奶飲料系列
450ml



2 FOR 2.99

KSF Tea Series
康師傅茶飲料系列
2L



2.99 /ea

CVT Taro Strip
中越泰芋頭條系列
75g



2 FOR 5.00

Y&Y Glutinous Rice Flour/ Rice Flour
如意牌糯米粉/粘米粉
400g



99¢ /ea

A Kuan Huaxi Artificial Beef Flavor Instant Rice Noodle
阿寬貴州花溪牛肉粉
270g



2.99 /ea

Wai Wai Rice Vermicelli
WAIWAI健力超級米粉
500g



1.99 /ea

SL LK Vermicelli
三聯龍口粉絲
1kg



4.99 /ea

LKK Premium Dark Soy Sauce/ Mushroom Flavoured Dark Soy Sauce
李錦記草菇老抽/特級老抽
1.75L



3.99 /ea

LTC Bamboo Charcoal
LTC高溫竹炭
7kg



15.99 /ea

BAKERY — BEAUTY — HOUSEWARE

Kevin's Rice Cracker
韩式脆米片
110g



3.29 /ea

AESTURA Atobarrier 365 Cream
365屏障修復保濕霜
80ml



34.99 /ea

DR. ALTHEA Aqua Marine Jelly Mist
水漾海洋果冻保湿喷雾
100ml



20.99 /ea

Gatsby Super Hard Spray
超硬定型噴霧
180g



9.99 /ea

Foot Bath Bucket
泡脚桶



7.99 /ea

Sliced Brioche Cashew & Maple Syrup
腰果枫糖风味切片面包
500g



5.99 /ea

Cicibella Face Towel Roll
棉柔加厚珍珠紋洗臉巾卷



3.99 /ea

Vussen Toothpaste (Black)
特效亮白牙膏



6.99 /ea

KOBAYASHI Refregerator Deodorizer
小林制藥 冰箱除臭劑
130g



2.99 /ea

High–Temperature Resistant Lithium Cooker
耐高温锂煲



18.99 /ea

FROZEN

Mango Non Dairy Frozen Dessert
福芒造型雪糕
75gx3



5.99 /ea

Sing Hai Basa Fillet
鑫海龙利鱼柳
800g



4.99 /ea

Pancake Box
Leek & Egg/Three Fresh Shrimp Series
海之味煎饼盒子系列
450g



2.99 /ea

Knocean Food Lobster Bisque
龙虾汤
472g



6.99 /ea

Sou Fresh Fried Tofu Puff
舒乐炸豆泡
150g



1.99 /ea

Jin Hua Smoked Chicken/Sausage/Pork Head
锦华熏鸡/香肠/猪头肉
454g–550g



DEMO
Sat & Sun

9.99 /ea

Ocean Taste Frozen Grilled Eel
海之味蒲烧鳗鱼
10oz 283g



6.99 /ea

Baby Star Aquaworld Onion Rings
贝贝之星洋葱圈
2lb



4.99 /ea

Tai Er Suan Cai Fish
太二酸菜鱼
816g



13.99 /ea

HOT POT

Little Sheep Hot Pot
Soup Base Series
小肥羊火鍋底料系列
130g–235g



3.99 /ea

WZH Fermented Bean
Curd Series
王致和腐乳系列
340g



1.99 /ea

Dietary Its Flavor
Beancurd Roll
粮膳其味响铃卷
180g



3.99 /ea

Hhdj Soft Tofu Cake
憨憨豆匠爆浆小豆腐
300g



2 FOR 5.00

WY Thousand Pages Tofu
维杨千页豆腐
400g



2 FOR 5.00

CBC Beef Blade Roll
焯记特级牛肉卷



9.99 /lb

CBC Lamb Shoulder
Sliced Roll
焯记特级羊肉卷



10.99 /lb

CBC Beef Brisket
Sliced Roll
焯记肥牛腩卷



7.99 /lb

Xiao Xiang Xin
Oyster Mushroom
小香杏



2 FOR 3.00

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FreshPro FOODMART

佳興超級市場



OPEN Mon-Sun,9:00am-10:00pm | Promotional Period: October 30, 2026 - November 05, 2026

Swanson Chicken Broth
史雲生清雞湯
412ml



99¢ /ea

Saporito Canola Oil
Saporito菜籽油
3L



9.99 /ea

JXY Egg Roll/Phoenix Roll
咀香園蛋卷系列
300g–315g



9.99 /ea

Live White Tilapia Fish
游水白鲩



FRI. SAT. SUN ONLY
（僅五六日）

8.99 /lb

Live Green Bass
游水青斑



FRI. SAT. SUN ONLY
（僅五六日）

15.99 /lb

Best Quality Raw Frozen Vannamei White Shrimp
急冻白虾
26x30 2lb



11.99 /ea

Deluxe Dim Sum Jumbo Shrimp/ Pork/Leek Wonton Series
100%大虾云吞系列
300g



2 FOR 13.99

TC Foods Pork/Leek Dumpling Series
天上掉馅饼饺子系列
454g



DEMO Sat & Sun

2 FOR 6.99

Pork Spare Ribs
排骨



2.99 /lb

BBQ Pork Spare Rib
金沙排骨



4.99 /lb

Angus Chuck Eye Roll
安格斯牛肩扒



10.99 /lb

Angus Snowflake Beef Steak
安格斯雪花牛扒



27.99 /lb

Wen Chang Chicken
文昌鸡



16.99 /ea

Tong Hao
茼蒿



1.68 /lb

Baby Shanghai Bok Choy
上海苗



1.58 /lb

Longan
龙眼



2.88 /lb

Mandarin
大蜜桔



1.99 /lb