TIK TOK

INSTAGRAM

WEBSITE

FreshPro FOODMART

MISSISSAUGA LOCATION



2027 Calendars **Now Available**

VISA MasterCard Interac

7333 GOREWAY DR, MISSISSAUGA, ON L4T 2T8 | TEL: 905-678-6788
WWW.FRESHPROFOODMART.COM | OPEN 7 DAYS A WEEK | 8AM TO 11PM

PROMOTIONAL PERIOD FRIDAY NOV 13 »» THURSDAY NOV 19, 2026

Primo Tomato Ketchup 1L



$2.29 EA

Quality Parboiled Gold Long Grain Parboiled Rice 8kg



$8.99 EA

Redpath Sugar 2kg



$2.77 EA

Guyanese Grey Snapper



$5.99 LB

Activia Yogurt Series 12x100g



$5.99 EA

Gay Lea Butter 454g



$5.99 EA

Frozen Katahar (Breadnut)



BY WEIGHT

$5.99 LB

Fresh Mango Fish



CLEANED $4.99 LB

$4.59 LB

Chicken Leg



$1.59 LB

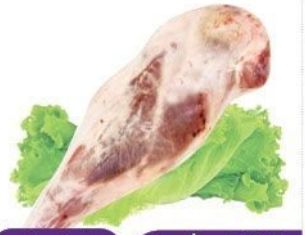
Pork Ham Steak



Limit 3 Per Family

99¢ LB

Frozen Mutton Leg



Limit 2 Per Family

$4.99 LB

White Cow Feet



$1.99 LB

Boneless Chicken Leg Meat



$3.99 LB

Dry Coconut



2/ $5.00

10LB Small Onion



$2.99 BAG

Lucky 7's Avocado



$2.99 BAG

Green Coconut



ONLY FRI - SUN

2/ $5.00

* Check price on store display tags in case of disrepancy due to printing error in the advertisement.

FreshPro Foodmart reserves the right to limit quantities. No raincheck.

FROZEN

Siren's World Golden Pompano
1kg

$8.99/EA

Motherway Paneer
300g


$3.59/EA

Appleton Salted Alaskan Pollock
284g

2/$5.99

Bulacan Longanisa
375g


$2.99/EA

Golden Saba Whole Steamed Banana
454g


$2.99/EA

AA-1 Bullet Tuna
680g


$2.99/EA

Smart Choice & Seven Basket Scallop
300g


$3.99/EA

SH Raw Peeled Shrimp
400g


$4.99/EA

O'ya Hoho French Fries
908g


2/$5.00

Black Diamond Shredded Cheese Series
320g


$4.99/EA

Handi Mithas Indian Dessert


$4.99 - $7.99/EA

Oasis Fruit Juice
1.6L


$3.29/EA

BAKERY

Santosh Naan (Whole Wheat/Plain/Garlic)
500g


$1.99/EA

Kin Kin Cookies Assorted

$4.59/EA

Crispy Roti Original/ Whole Wheat
500g


$2.59/EA

La Fournee Doree Baguettes
340g

$4.99/EA

WHOLESALE

50lb Onion

JUMBO
$24.99/BAG

White Potato
50lb


$23.99/BAG

Chicken Leg
18kg

$62.99/BOX

Chicken Leg Meat
25kg

$220.00/CS

Spring Home TYJ Spring Roll Pastry
8.5inch
20 sheet x 40pks

$58.00/EA

Grated Cassava
40x454g


$60.00/EA

SH Banana Leaves
20x454g

$33.00/EA

White Eggs
6x30pcs

$55.00/EA

GROCERY

Pacific Gold Coconut Milk
400ml



99¢/EA

Global Choice Green Raisins
400g



$3.59/EA

Lay's Chips Series
220-235g



$2.99/EA

Loacker Classic Wafers Series
150-175g



2/$5.00

Bru Instant Coffee
200g



$6.77/EA

Global Choice Phool Makhana
200g



$6.59/EA

India Gate Basmati Rice Feast Rozzana
20lb



$19.99/EA

Quality Split Desi Chickpeas Chana Dal
4lb



$3.29/EA

Governor's Choice Jamaican Callaloo In Brine
340g



$2.59/EA

Boom Energy Drink With Ginseng
270ml



77¢/EA

Pearl Sweet & Sour Tamarind
400g



$5.99/EA

Bedessee Jamaican Pride Browning
148ml



$1.99/EA

Lady's Choice Tuna Spread
470ml



$3.99/EA

Bong Bong's Special Biscocho
320g



$4.99/EA

Oishi Prawn Crackers & Spicy Flavor Crackers
90g



$1.39/EA

Super Golden Bihon Cornstarch Sticks
454g



$1.39/EA

AUTUMN SALE



Royale Original 100 Sheet Facial Tissue Boxes
6 Boxes



$5.99/EA

Korean-Style Wok
30cm



$12.99/EA

Aurora Linda Laundry Soap
270g



$1.99/EA

Pork Chop



$1.99/LB

Chicken Thigh



$2.59/LB

Sanford Greenshell Mussel
800g



$9.99/EA

Brandt Black Forest Ham
80g



2/$2.50

VEGETABLES & FRUITS

Flat Cabbage



68¢/LB

Mini Cucumber



2pk/$1.99

Bag Salad Tomato



$2.68/LB

White Radish



78¢/LB

Taro



99¢/LB

Purple Sweet Potato



$1.58/LB

Indian Shallot



$1.99/LB

Big Eggplant



$1.28/LB

3LB Bag Orange



$3.88/BAG

Orri Mandarin



$2.58/LB

Ya Pear



99¢/LB

Golden Apple



$1.28/LB

MEATS & SEAFOOD

Ground Chicken



$2.99/LB

Lean Pork



$2.59/LB

Beef Chuck Roll



$6.99/LB

Chicken Liver



$1.99/LB

Boneless Pork Belly



$2.99/LB

Goat Tripe



$2.99/LB

Beef Outside Steak



$7.99/LB

Frozen Young Duck



$18.99/EA

Fresh Yellow Tail Snapper



CLEANED

$7.99/LB $7.59/LB

Fresh Red Snapper



CLEANED

$7.99/LB $7.59/LB

Fresh Boston Porgy



CLEANED

$2.99/LB $2.59/LB

Fresh Salmon Steak



$5.99/LB