TIK TOK

INSTAGRAM

WEBSITE

FreshPro FOODMART

MISSISSAUGA LOCATION



2027 Calendars **Now Available**

VISA MasterCard Interac

7333 GOREWAY DR, MISSISSAUGA, ON L4T 2T8 | TEL: 905-678-6788
WWW.FRESHPROFOODMART.COM | OPEN 7 DAYS A WEEK | 8AM TO 11PM

PROMOTIONAL PERIOD FRIDAY NOV 06 »» THURSDAY NOV 12, 2026

Golden Ray Sunflower Oil 3L



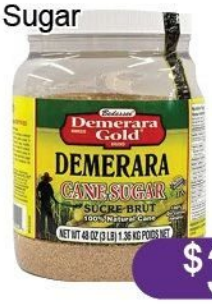
$7.99 EA

Grace Sweetened Condensed Whitener 297ml



$1.29 EA

Demerara Gold Demerara Cane Sugar 3lb



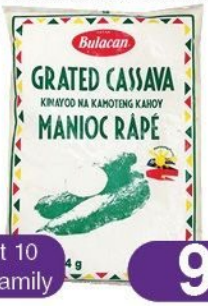
$3.99 EA

Frozen Fresh King Fish (Whole)



$4.99 LB

Bulacan Grated Cassava 454g



Limit 10 Per Family

99¢ EA

Frozen Basa Fillet



$5.59 EA

Ocean Link Raw Vannamei Shrimp 41/50 2lb



$8.99 EA

Fresh Yellow Tail Snapper



CLEANED $7.99 LB

$7.59 LB

Boneless Pork Butt



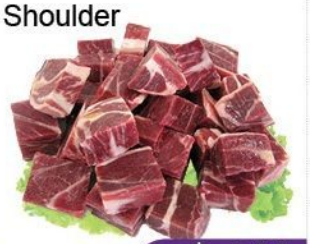
$2.59 LB

Frozen OX Tail



$7.99 LB

Frozen Goat Shoulder



$4.99 LB

Burnt Cow Feet



$1.99 LB

Chicken Split Wings



59¢ LB

Coriander



2/ $2.50

Indian Carrots



88¢ LB

Gala Apple



FOODLAND ONTARIO

$1.28 LB

Dominica Mango



$3.99 LB

* Check price on store display tags in case of disrepancy due to printing error in the advertisement.

FreshPro Foodmart reserves the right to limit quantities. No raincheck.

GROCERY

Phidelia Cranberry Mix
400g



$5.99/EA

Squid Brand Fish Sauce
725ml



$2.29/EA

Bangkok Chili Oil
250ml



$3.99/EA

Mogu Mogu Lychee Flavored Drink With Nata De Coco
1000ml



$1.29/EA

Aashirvaad Fine Besan & Besan 100% Chickpea Flour
4lb



$3.99/EA

Nanak Desi Ghee
800g



$12.99/EA

Royal Basmati Rice
20lb



$17.99/EA

Mitram Whole Pigeon Peas
4lb



$4.59/EA

Milo Original Drink
240ml



$1.39/EA

Ann Instant Honeyed Ginger Drink
360g



$2.88/EA

S&F Cream Crackers
200g



$1.29/EA

Maggi All Purpose Powdered Seasoning
200g



$2.79/EA

Jack n' Jill Piattos Sour Cream & Onion & Cheese Flavored Potato Crisps
170-212g



$2.99/EA

Mega Sardines In Tomato Sauce & In Tomato Sauce With Chili
155g



79¢/EA

Knorr Tamarind Soup Base
40g



58¢/EA

Datu Puti Vinegar
1L



$1.99/EA

AUTUMN SALE



Jinyu Single Burner Portable Butane Gas Stove



$14.99/EA

Sponge Towels Ultra
2 Double = 4 Doubles



$5.99/EA

Soft Soap Body Wash Series
591ml



$4.99/EA

Bone-In Pork Belly



$2.99/LB

Frozen Beef Short Ribs



$5.99/LB

Harvest Creek Chicken Wieners
450g



$1.99/EA

Brandt Mini Ham
750g



$8.99/EA

FROZEN

Patty King Jamaican Style Patties
1.4kg



$10.99/EA

Cavendish Hash Browns
600g



2/$5.00

Brar's Makhani
500g



$11.99/EA

Khaas Dahi & Halal Yogurt
750g



$2.99/EA

Frozen Milk Fish



$2.99/LB

Black Tie Salmon Portion
400g



$2.99/EA

Northern King Raw Seafood Combo
400g



2/$5.00

Choripdong Assorted Fried Fish Balls
500g



$3.99/EA

Bedessee Coconut Water
1L



$5.99/EA

Appleton Chopped Spinach
750g



2/$3.50

Surati Frozen Okra
340g



2/$3.00

Pran Paratha
2400g



$5.99/EA

BAKERY

Vidhya Pita Bread
(Whole Wheat/Plain)
322g



$1.99/EA

La Fournee Doree Slice Brioche Maple Syrup
500g



$5.99/EA

Furlani Garlic Bread
Garlic/Parmesan
638g



$4.59/EA

Vidhya Pani Puri
160g



$2.59/EA

WHOLESALE

50lb Onion



JUMBO

$24.99/BAG

White Potato
50lb



$23.99/BAG

Chicken Split Wings
20kg



$25.99/CS

Chicken Leg Meat
25kg



$230.00/CS

Spring Home TYJ Spring Roll Pastry
8.5inch
20 sheet x 40pks



$58.00/EA

Grated Cassava
40x454g



$60.00/EA

SH Banana Leaves
20x454g



$33.00/EA

White Eggs
6x30pcs



$55.00/EA

VEGETABLES & FRUITS

Shallot



2/$3.00

Sweet Potato



99¢/LB

Thai Green Chilli



$2.99/PK

Lemon In Bag



$2.99/BAG

Green Zucchini



99¢/LB

Organic Ginger



$1.58/LB

Chestnut



$1.88/LB

Mix Shepherd Pepper



$1.28/LB

Young Coconut



$3.88/EA

Red Pomelo



$2.99/EA

South Africa Orange



99¢/LB

W.Murcott Tangerine



$1.88/LB

MEATS & SEAFOOD

Pork Picnic Shoulder



$1.99/LB

Mature Chicken



$8.99/EA

Chicken Tenderloin



$2.99/LB

Boneless Beef Shank



$6.59/LB

Pork Intestine



$2.99/LB

Spring Lamb Leg



$6.99/LB

Pork Hock



$1.99/LB

Yongda Beef Ribeye Roll



$7.99/LB

Live Mussels



$1.99/LB

Lobster (No Live)



$3.99/LB

Frozen Fresh Black Pompano



CLEANED

$4.99/LB

$4.59/LB

Live Shell Oyster



$3.99/EA