BRAMPTON LOCATION

FreshPro FOODMART



2027 Calendars
Now Available

9125 Airport Rd, Brampton, ON, L6S 0B8 | Tel: 905-799-9001
www.freshprofoodmart.com | OPEN 7 DAYS A WEEK | 9AM TO 9PM

PROMOTIONAL PERIOD FRIDAY NOV 13 >>> THURSDAY NOV 19, 2026

Guyanese Pride Brand Long Grain Parboiled Rice 20lb



$12.99/EA

Holiday Luncheon Meat 340g



$1.99/EA

Fried Breaded Scallop



10/ $2.99

Primo Tomato Ketchup 1L



$2.49/EA

Handi Chakki Atta Whole Wheat Flour 20lb



$10.99/EA

Fried Samosas



5/ $1.99

Black Diamond Slices Cheese 410g



$2.99/EA

Activia Yogurt 12x100g



$5.99/EA

SH Headless White Shrimp 51/60 400g



$3.99/EA

Frozen Goat Shoulder



$4.99/LB

Frozen OX Tail



$7.99/LB

Boneless Pork Butt



$2.59/LB

Chicken Thigh



$2.99/LB

Beef Eye Round



$7.99/LB

Guyanese Grey Snapper



$5.99/LB

Fresh Mango Fish



CLEANED
$4.99/LB $4.59/LB

Dry Coconut



2/ $5.00

Lucky 7's Avocado



$2.99/BAG

* Check price on store display tags in case of disrepancy due to printing error in the advertisement. FreshPro Foodmart reserves the right to limit quantities. No raincheck.

GROCERY

Lay's Potato Chips Series
235g

$2.99/EA

Pacific Gold Coconut Milk
400ml

99¢/EA

Chicken Branch Pickled Sour Mustard
300g

$1.49/EA

ABC Sweet Sauce
600ml

$4.99/EA

Nestle Milo
240ml

$1.29/EA

Governor's Choice Jamaican Callaloo
340g

$2.49/EA

Excelsior Water Crackers Cinnamon
336g

$1.88/EA

Maggi Season-Up! All Purpose
200g

$2.99/EA

Bansi Punjabi Shakkar Cane Sugar
4.4lb

$4.99/EA

Bru Instant Coffee
200g

$6.99/EA

Heritage Pitted Dates
680g

$3.99/EA

Parliament Gold Rice
10lb

$12.99/EA

UFC Spaghetti Sauce
1kg

$4.99/EA

Marca Pina Value Pack
2x1L

$4.59/EA

Gina Mango Drink
1L

$3.59/EA

Oishi Prawn Crackers
90g

$1.39/EA

Tide Double Power

$3.99/EA

Bornber Laundry Soap
390g

$2.88/EA

Old Dutch Absolute Clean
1.6L

$3.99/EA

Master Chef's Wok
34cm

$13.99/EA

BAKERY

New Krunch Biscuits Series
1kg

$3.99/EA

Crispy Pound Cake Series
368g

$2.99/EA

Kimberley's Unicorn Cupcakes
325g

$2.79/EA

Crispy Tea Rusk
200g

$1.99/EA

FROZEN + DAIRY

Lactantia Butter 454g



$5.99/EA

Frozen 3-Way Mixed Vegetable 750g



2/$3.00

Best Quality Frozen Pompano



$3.59/LB

AA-1 Galunggong 450g



2/$5.00

Bulacan Longanisa 375g



$2.99/EA

Sanford Greenshell Mussel 800g



$9.99/EA

Seven Basket Frozen Squid (Pineapple Cut) 260g



$2.79/EA

Appleton Salted Alaskan Pollock 284g



2/$5.99

Del Monte Orange Juice 2.5L



$5.99/EA

Apna Taste Indian Dessert Series



$4.99 - $8.99/EA

Michelina's Pasta Series



2/$3.00

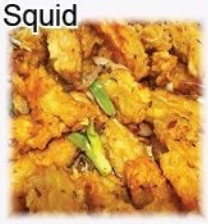
Fu Yang Vegetable Spring Roll 1kg



$2.99/EA

FOOD COURT

Salt & Pepper Squid



Salt & Pepper Fish Fillet



Shrimp Fried Rice



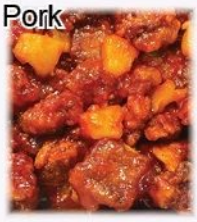
Coconut Shrimp



Mushroom Beef



Sweet & Sour Pork



RESTAURANT WHOLESALE

50lb Onion



$24.99/BAG

50lb White Potato



$23.99/BAG

Chicken Split Wings 20kg



$44.99/CS

Chicken Leg Meat 25kg



$250/CS

Mr.Goudas Red Kidney 15lb



$25.00/EA

SH Banana Leaves 20x454g



$33.00/CS

White Eggs 6x30pcs



$55.00/CS

Vegetable Spring Roll 1kg



$35.00/CS

Spring Home TYJ Spring Roll Pastry 8.5inch 20 sheet x 40pks



$58.00/CS

Chef's World Long Grain White Rice 20kg



$30.00/EA

PRODUCE

Flat Cabbage

68¢/LB

Mini Cucumber

2pk/$1.99

Bag Salad Tomato


$2.68/LB

White Radish

78¢/LB

Taro

99¢/LB

Purple Sweet Potato

$1.58/LB

Indian Shallot

$1.99/LB

Big Eggplant

$1.28/LB

Lemon

5/$1.99

1KG Garlic

$3.88/EA

Green Coconut

ONLY FRI - SUN
2/$5.00

3LB Bag Orange


$3.88/BAG

Orri Mandarin

$2.58/LB

Ya Pear

99¢/LB

Golden Apple


$1.28/LB

Longan

$2.99/LB

MEAT + SEAFOOD (OD)

Ground Chicken

$3.29/LB

Boneless Chicken Breast

$4.99/LB

Goat Skin On

$5.99/LB

Pork Picnic Shoulder

$1.99/LB

Frozen Young Duck




$18.99/EA

Best Choice Beef Ribeye Roll

$7.99/LB

Pork Ear

$3.99/LB

Pork Feet

$1.99/LB

Fresh Yellow Tail Snapper

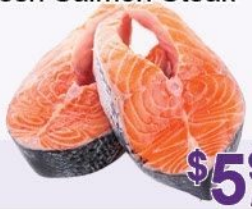
CLEANED
$7.99/LB
$7.59/LB

Fresh Red Snapper

CLEANED
$7.99/LB
$7.59/LB

Fresh Boston Porgy

CLEANED
$2.99/LB
$2.59/LB

Fresh Salmon Steak

$5.99/LB

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