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Fresh Way FOODMART

建興超級市場



Flyer Promotional Period: Friday October 30, 2026 To Thursday November 05, 2026

Rose Glutinous Rice
玫瑰花白糯米
2KG



5.99 ea

Coren Iberico Pork Luncheon Meat
西班牙黑毛豬午餐肉
200g



4.99 ea

Haday Zero Additive Soy Sauce
海天零添加金標生抽
1.9L



4.99 ea

Live White Tilapia Fish
游水白鮭



FRI. SAT. SUN ONLY (仅五六日)

8.99 lb

Deluxe Dim Sum Jumbo Wonton Dumpling Series
至尊百分百雲吞水餃系列
300-320g



2 FOR 13.99

Best Quality Cooked Black Tiger Shrimp
熟帶頭黑虎蝦
13/15 300g



7.99 ea

TC Foods Dumplings Series
天上掉餡餅水餃系列
454g



DEMO SAT & SUN

2 FOR 6.99

Live Canadian Lobster
生猛加拿大龍蝦 雙鉗
1-1.25lb



12.99 lb

BBQ Pork
叉燒肉



2.69 lb

Fresh Pork Shoulder Blade
新鮮西施骨



2.39 lb

Beef Hanging Tender
吊龍



11.99 lb

Fresh Beef Shank
新鮮牛腱



6.99 lb

Baby Shanghai Bok Choy
上海苗



1.38 lb

Tong Hao
茼蒿



1.68 lb

Korean Shine Muscat Grapes
韩国晴王葡萄



6.99 lb

Dino Melon
恐龙蜜瓜



1.29 lb

* Check price on store display tags in case of disrepancy due to printing error in the advertisement.
Fresh Way Foodmart reserves the right to limit quantities. No raincheck.

Tel: 905-305-7776
Fax: 905-305-7767
3275 Hwy 7, Markham ON L3R 3P9
www.freshwayfoodmart.com

GROCERY

Chewy Instant Japanese Style Noodles (Udon)
超力日式烏冬
4×200g
2 FOR 5.00

LKK Panda Brand Oyster Flavoured Sauce
李錦記熊貓鮮味蠔油
510g
2.99 ea

Kadoya Roasted Sesame Oil
八角純淨上等麻油
327ml
5.99 ea

Golden Swallow Rice Vermicelli
金燕東莞米粉
400g
2 FOR 3.00

KSF Instant Noodle Series
康師傅好滋味方便麵系列
5×98g
2.99 ea

Budeng Crab Noodle
不等蘇式蟹黃麵
210g
3.99 ea

Chiffon Cake
味一村水牛純奶戚風蛋糕
400g
4.99 ea

Big Bro Glutinous Rice Chips Assorted
大吃兄糯米鍋巴
260g
2.99 ea

Wei Loong Konjac Snack Series
衛龍魔芋爽系列
360g-400g
4.99 ea

CVT Taro Strip Series
中越泰芋頭條
75g
2 FOR 5.00

Lay's Chips Series
樂事薯片系列
70g
1.99 ea

Krima Milk Tea Series
卡麗瑪牛乳茶系列
3×200ml
2.99 ea

BAKERY

H&A Bakery Red Bean Pastry
小麦园 豆沙酥
4.99 ea

BEAUTY

DR.ALTHEA Rapid Hypochlorous Acid Rescue Mist
次氯酸舒緩噴霧
60ml
15.99 ea

ROUNDLAB Dokdo Cleansing Tissue
獨島潔面濕巾
30pcs
4.99 ea

SHISEIDO Moisturizing Hand Cream
資生堂潤手霜
100g
4.99 ea

HOUSEWARE

Midea Soy Milk Maker
美的豆漿機
1L
89.99 ea

Melewa Bakery Swiss Roll
美丽华 大蛋卷
6.59 ea

UNICHARM Sofy Comfort Sleep Panty
尤妮佳超熟睡安心褲
5pcs
6.99 ea

ELLEAIR Luxury Moisturizing Lotion Tissue
奢侈保濕柔霜面紙
3pcs
9.99 ea

KOBAYASHI Sink Cleaning Powder
下水道清潔粉
3pcs
3.99 ea

Midea Health Kettle
美的養生壺
1.5L
69.99 ea

FROZEN + DAIRY

Chef Shuo Chinese Style Chicken
郭生說燒雞系列
510g-1020g



DEMO SAT & SUN
12.99 ea

Watson Frozen Cooked Smoked Duck Breast
煙燻蜜汁鴨胸肉
500g



DEMO SAT & SUN
6.99 ea

Mixed Flavour Non-Dairy Frozen Dessert
水果混合味道雪糕
75gx3



5.99 +hst ea

Honeymoon Dessert Taro Coconut Milk Black Glutinous Rice
滿記甜點系列
350g



DEMO SAT & SUN
4.59 ea

D.Y Seafood Frozen Grilled Eel
大漁海產蒲燒鰻魚
396g



8.99 ea

East Starland Frozen Chestnut
東方之洲冷凍板栗仁
400g



3.59 ea

Clear Ocean Cooked Scallop on Half Shell
半殼熟帶子
9-10cm 3lb



23.99 ea

Pan Cake Three Fresh Shrimp
煎餅盒子
450g



2.99 ea

D.Y Seafood Crawfish Flavour
大漁海產蒜香小龍蝦
750g



6.99 ea

Fried Tofu Puff
舒樂豆泡
150g



1.99 ea

Gong De Lin Steamed Bun Chinese Spinach
功德林香菇薺菜包
600g



4.99 ea

Shirakiku Fermented Soy Beans Mito Natto
白菊印水戶納豆
204g



2.99 ea

HOT POT

De Zhuang Hot Pot Base Small Squares
德莊小方塊火鍋底料
4×90g



4.99 ea

Bull Head Satay Sauce
牛頭牌沙茶醬
737g



10.99 ea

Osaki Brand Fish Cake
Osaki 蟹柳
500g



7.99 ea

Taiwan Way Fried Fish Cake Slice
台湾味甜不辣系列
250g



3.99 ea

Talley's New Zealand Whole Cookeed Greenshell Mussels
Talley's 整个青口
2lb



6.99 ea

CBC Lamb Shoulder Sliced Roll
焯记羊肉卷



9.99 lb

Best Choice Beef Brisket Roll
大众五花牛肉卷



7.99 lb

CBC Beef Blade Roll
焯记牛肉卷



8.99 lb

Young Coconut
懶人椰青



2.99 ea

PRODUCE

Chinese Radish
白萝卜



98¢ lb

Taro
大芋头



1.28 lb

Fresh Peanuts
本地新鲜花生



2.58 lb

Ontario Organic King Oyster Mushroom
本地有机皇子菇



2 FOR 5.98

Fresh Honey Jackfruit
空运红肉菠萝蜜



6.99 ea

Honey Mandarin
阿根廷大蜜桔



1.99 lb

MEAT/SEAFOOD

Beef Bone
牛筒骨



1.99 lb

Beef Tendon
牛筋頭



5.99 lb

Frozen Beef Finger Meat
急凍牛坑腩



8.99 lb

Chicken Drumsticks
雞小腿



1.99 lb

Angus Chuck Eye Roll
安格斯牛肩扒



9.99 lb

Frozen Boneless Lamb Leg
無骨羊腿肉



7.99 lb

Frozen Beef Tongue
急凍牛舌



7.99 lb

X-Large Free Range Chicken
特大黃油雞



16.99 ea

Fresh Whitespotted Groupers
新鮮野生空運藍點石斑



9.99 lb

Live Geoduck Clam
生猛A级野生象拔蚌



33.99 lb

Flower Spiral Snail
空运新鲜花螺



9.99 lb

Previously Frozen Cutlass Fish
冰鲜带鱼



3.99 lb

Vietnamese Crab
生猛越南膏蟹



33.99 lb

SEAFOOD BY AIR

Marbled Goby
游水越南笋壳鱼



时价 SEASONAL PRICING

Turbot
空运游水金多宝



时价 SEASONAL PRICING

Live Alaskan King Crab
空運生猛阿拉斯加皇帝蟹



时价 SEASONAL PRICING

Fresh Zhou Shan Yellow Crocker Fish
新鮮空運舟山小黃花魚



时价 SEASONAL PRICING

Caviar Series
空運魚子醬系列



时价 SEASONAL PRICING

Live Geoduck Clam
活象拔蚌



时价 SEASONAL PRICING