FRESH LAND
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Special Valid From Friday Nov. 6th To Thursday Nov. 12th, 2026.

Taro
大芋头
Was:$1.99
88¢ LB



Shanghai Bok Choy Miu
上海苗
Was:$1.99
$1.28 LB



Gold Kiwi 2LB
黄金奇异果
Was:$9.99
$8.88 PK



Apple Mango
苹果芒
Was:$14.99
$9.98 BOX



Fresh Pork Belly Boneless
新鲜无骨猪腩
Was:$4.99
$2.88 LB



Fresh Chicken Drumstick
新鲜鸡小腿
Was:$2.99
$1.58 LB



Fresh Black Sea Bass
新鲜珍珠斑
Was:$5.99
$3.98 LB



Previously Frozen White Shrimp Head On
冰鲜南美有头虾 30/40
Was:$6.99
Fri. to Sun. Only
仅限周五至周日3天
$3.98 LB



Angel All Purpose Creamer 370ml
多用途奶油
Was:$2.99
$1.88 EA



Swanson Chicken Broth 412ml
史云生清鸡汤
Was:$1.99
88¢ EA



Maggi Seasoning 800ml
美极鲜酱油
Was:$9.99
$6.98 EA



Saporito Canola / Vegetable Oil 3L
菜油/芥花籽油
Was:$15.99
$8.98 EA



Y&Y Jasmine Rice 8kg
如意牌高级香米
Was:$17.99
$10.98 BAG



MLD Mushroom Egg Noodles 780g
麦老大香菇蛋面
Was:$3.99
$1.98 EA



Golden Saba Whole Steamed Banana 4LBs
熟蒸香蕉家庭装
Was:$14.99
$8.98 EA



Patty King Beef Patties 1.4kg
牛肉馅饼
Was:$13.99
$9.98 EA



FROZEN 急冻

Bulacan Grated Coconut 454g
冻椰粉
Was:$2.99
2FOR $4.98



San Miguel Tender Juicy Hotdog 340g
热狗肠
Was:$9.99
$6.98 EA



Ferma Frozen Mixed Vegetables 1.5kg
农夫三混杂菜豆
Was:$5.99
$3.98 EA



Deep Homestyle Paratha 1.3kg
印度煎饼
Was:$11.99
$7.98 EA



Deep Punjabi Cocktail Samosa 70pcs 1.61kg
印度咖喱角
Was:$8.99
$6.98 EA



AA-1 California Squid 1kg
盒装加州鱿鱼
Was:$10.99
$8.98 EA



SH Frozen Cut Crab 450g
鑫海切蟹
Was:$6.59
$4.98 EA



Seven Baskets Chub Mackerel 454g
7个篮子小池鱼
Was:$3.99
$2.98 EA



Fu Yang Best Quality Fresh Cooked Peeled Shrimp 150g
福洋熟虾仁
Was:$2.99
2FOR $4.98



SH White Shrimp Headless 51/60 400g
鑫海鲜冻无头南美白虾
Was:$6.99
$4.98 EA



Samlip Cheese Cake Series 50g
韩国芝士蛋糕
Was:$1.29
88¢ EA



TC's Pie Paradise Crispy Pastry Crust With Meat Filling Series 454g
天上掉馅饼酥皮馅饼系列
Was:$6.99
2FOR $10.98



Lotte Japanese Mochi Ice Confectionery Series 270ml
乐天雪见麻薯系列
Was:$5.99
$3.98 EA



Starbucks Caramel Coffee 1.18L
星巴克焦糖咖啡
Was:$10.99
$3.98 EA



Triple Crown Dried Anchovy 227g
凤尾鱼干
Was:$5.99
$3.98 EA



Wing Wing Chinese Style Sausage 375g
荣荣腊肠
Was:$7.99
$5.98 EA



SEAFOOD & MEAT 鱼&肉

Live White Tilapia
游水白鲩
Was:$9.99
Fri. to Sun. Only
仅限周五至周日3天
$7.98 LB



Fresh Boston Porgy
新鲜波士顿海鲂
Was:$3.99
$2.28 LB



Fresh Whiting
新鲜竹签鱼
Was:$3.99
$2.28 LB



Fresh Pork Neck Bone
新鲜猪颈骨
Was:$2.59
$1.28 LB



Fresh Turkey Wings
新鲜火鸡翅
Was:$3.99
$2.98 LB



Fresh Stewing Hen
新鲜煲汤老鸡
Was:$4.59
$2.98 EA



Fresh Pork Intestine
新鲜猪大肠
Was:$4.99
$2.98 LB



Fresh Boneless Chicken Breast
新鲜无骨鸡胸肉
Was:$6.99
$5.58 LB



Fresh Lean Ground Pork
新鲜瘦猪肉碎
Was:$2.99
$1.98 LB



Previously Frozen Goat Shoulder
冰鲜羊肩肉块
Was:$7.99
$5.98 LB



Fresh Bone In Beef Shank Center Cut
新鲜中段牛展
Was:$6.99
$5.58 LB



PRODUCE 果蔬

Baby Mustard
芥菜仔
Was:$1.99



98¢ LB

Chinese Cauliflower
富贵花
Was:$2.59



$1.58 LB

Short Napa
绍菜
Was:$1.59



78¢ LB

BBQ Sweet Potato
袋装小番薯
Was:$2.99



$1.98 LB

Green Kale
羽衣甘蓝
Was:$2.99



$1.98 BUNCH

Onion 2LB
袋装洋葱
Was:$1.99



$1.28 BAG

Honey Pomelo
白肉蜜柚
Was:$3.99



$2.98 EA

Sweet Clementines
袋装小甜桔
Was:$2.59



$1.88 LB

South Africa Orange
南非甜橙
Was:$1.59



98¢ LB

Fuyu Persimmons
富贵柿
Was:$2.99



$1.98 LB

GROCERY 杂货

Boy Bawang Cornick Garlic / Chili Cheese Flavour 500g
蒜味玉米零食
Was:$ 6.99



$5.58 EA

Jack'n Jill Piattos Superized Chips 170g
薯片系列
Was:$3.99



$2.98 EA

Rebisco Fudgee Barr Cake Bar Series
夹心巴尔蛋糕 380-400g
Was:$ 4.99



$3.28 EA

Vida Zero Sparkling Flavoured Drink Series
碳酸饮料系列 325ml
Was:$ 1.59



98¢ EA

Wang Salted Roasted Seaweed 16x4g
王牌韩国海苔
Was:$ 7.99



$5.98 EA

Britannia Tiger Glucose Biscuits 600g
小虎葡萄糖饼干
Was:$ 2.99



$1.98 EA

Cha Cha Sunflower Seeds 260g
洽洽香瓜子
Was:$ 2.99



$1.98 EA

Azpom Pure Pomgranate Juice 1L
红石榴汁
Was:$ 5.99



$4.88 EA

Tim Hortonshot Chocolate 500g
热巧克力粉
Was:$ 6.99



$5.88 EA

Red Rose Orange Pekoe Tea 209g
红玫瑰茶包
Was:$ 6.99



$4.58 EA

ShodoShima Roasted Black / White Sesame Seed 227g
小豆岛香煎黑/白芝麻
Was:$ 4.59



$2.98 EA

Golden Apple Pure Sesame Oil 217ml
金苹果小磨香油
Was:$ 3.59



$2.88 EA

Hereford Vienna Sausage 130g
哈佛鸡肉肠仔
Was:$ 2.29



$1.58 EA

Unico Solid Light Tuna 198g
吞拿鱼罐头
Was:$ 3.29



$2.28 EA

Foojoy Salted Duck Eggs 375g
福字特大熟红心咸蛋
Was:$ 4.59



$2.98 EA

Allen's Original White Vinegar
白醋 500ml
Was:$ 1.98



98¢ EA

Kewpie Mayonnaise 450g
日本蛋黄酱
Was:$ 5.99



$4.98 EA

Marca Pina Patis Fish Sauce 1L
王梨标鱼露
Was:$ 3.99



$2.98 EA

Quality Red Split Lentils 1.8kg
红扁豆瓣
Was:$ 4.99



$3.58 EA

Ashirvaad Whole Wheat Flour 20LB
全麦面粉
Was:$ 19.99



$13.98 BAG

Hot Pot Season 火锅正当时

Bull Head Hotpot Soup Base Series 350g
牛头牌火锅汤底系列
Was:$6.59
$5.68 EA

China Maid Soybeen Roll 200g
荃美火锅黄金卷
Was:$5.99
$3.98 EA

Merilin Broad Vermicelli 300g
美林火锅炖粉
Was:$3.59
$2.88 EA

Seven Basket White Fish Ball 400g
七个篮子白鱼丸
Was:$3.99
2FOR $6.98

Wang La Kat / Jia Duo Bao Herbal Tea 6x310ml
王老吉/加多宝凉茶系列
Was:$7.99
$5.98 PK

Gold Plum Chinkiang Vinegar 550ml
金梅镇江香醋
Was:$2.99
$1.88 EA

CBC Beef Brisket Roll
焯记肥牛腩卷
Was:$8.99
$7.58 LB

KABEER HALAL MEAT

BEEF · CHICKEN · GOAT · LAMB · VEAL

416.722.9598

Veal Shoulder $7.49 lb	Beef Shoulder $5.99 lb	Beef Oxtail $8.99 lb	Beef Medium Qeema $5.99 lb	Lean Ground Beef $7.49 lb	Chicken Thigh Boneless 10LB $55.00 bag
Lamb Leg $10.49 lb	Lamb Shoulder $9.49 lb	Frozen Goat $6.29 lb	Chicken Wings $2.99 lb	Chicken Drumstick $1.98 lb	Chicken Leg Clean & Cut $2.99 lb
Whole Chicken Clean & Cut $3.79 lb	Chicken Breast Boneless 10LB $55.00 bag				

416-855-1160 EXPRESS MUNCHIES 416-855-1160

Crispy Calamari
椒盐鱿鱼
Was:$14.99
SAVE $2 $12.99 ORDER

Chili Chicken
辣子鸡
Was:$12.99
SAVE $2 $10.99 ORDER

Assorted Vegetables
炒杂菜
Was:$7.99
SAVE $2 $5.99 ORDER

Chili Beef
香辣牛肉
Was:$14.99
SAVE $2 $12.99 ORDER

Home Style Stir Fry Rice Vermicelli
家乡炒粉
Was:$6.99
SAVE $1 $5.99 ORDER

Lots of Special Products In Store Every Week! 每周店内有大量特价商品!

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