NOFRILLS

FLYER PRICES EFFECTIVE
THURSDAY, OCTOBER 29 TO WEDNESDAY, NOVEMBER 04, 2026.

PRICE CUT EVENT

App exclusive offer

Optimum



NO NAME® VEGETABLES 341/398 mL or **TUNA** 170 g selected varieties légumes ou thon
20296401_EA/20521647_EA

$1

Get 500 pts That's 50¢ value



6 OZ CLAMSHELL

RASPBERRIES product of Mexico or U.S.A., no. 1 grade framboises
20128938001_EA

ONLY 1.68



WHOLE CHICKEN fresh poulet entier 4.39/kg
20969893_KG

ONLY 1.99 LB



APPROX 9 LB CASE

RED MANGOES product of Brazil mangues rouges
21047849_C01

ONLY 8.88

CLUB SIZE



PORK COMBO CHOPS bone-in, fresh côtelettes de porc 4.89/kg
20683470_KG

WHILE QUANTITIES LAST

SAVE 60% 2.22 LB



3 LB BAG

GROWN IN CANADA

227 G

FARMER'S MARKET™ CARROTS or **YELLOW ONIONS** product of Canada, Canada no. 1 grade or **PC® WHITE MUSHROOMS** product of Ontario carottes ou oignons jaunes ou champignons blancs
20600927001_EA/20811994001_EA/20776239_EA

SAVE UP TO 50% 1.49



MAPLE LEAF READY CRISP BACON 65 g, **MAPLE LEAF** or **SCHNEIDERS BACON** 375 g or **SCHNEIDERS SAUSAGES** frozen 375 g selected varieties bacon
20772671_EA/20561559_EA

SAVE UP TO 48% $4



2 LB BAG

3 LB BAG

PKG OF 4

FARMER'S MARKET™ LEMONS or **ORANGES** product of South Africa or **FARMER'S MARKET™ SWEET PEPPERS** product of Ontario citrons, oranges ou poivrons doux
20795315001_EA/20162945001_EA/20117550001_EA

SAVE UP TO 25% 2.99



ST. HUBERT or **SWISS CHALET POT PIE** selected varieties, frozen 650-800 g pâté
20719298_EA/21047194_EA

SAVE UP TO 35% 6.99

SAVE UP TO 42%

2.77



MCCAIN SUPERFRIES or **SPECIALTY FRIES** 454-800 g or **POCKETS** 300 g selected varieties, frozen frites ou pochettes
20236230002_EA/21691504_EA

ONLY 4.99



ARMSTRONG or **PC® SHREDDED CHEESE** 250-320 g, **ARMSTRONG CHEESE** 400 g selected varieties barres de fromage ou fromage râpé
21286240_EA/21346749_EA

ONLY 10.99 LB



ATLANTIC SALMON FILLET fresh filet de saumon de l'Atlantique 24.23/kg
20239767_KG

ONLY 1.50



UNICO BEANS 540 mL or **TOMATOES** 796 mL selected varieties légumineuses ou tomates
20313447001_EA/20314629001_EA

SAVE 43% 1.88



CAMPBELL'S READY TO SERVE 510/515 mL or **HABITANT** 796 mL **SOUP** selected varieties soupe
20299690002_EA/21479030_EA

SAVE UP TO 27% $4



PC® FROZEN FRUIT 300-600 g or **NO NAME® ICE MILK** 1.65 L selected varieties fruits surgelés ou lait glacé
20312227_EA/21610199_EA

ONLY 3.47



DR. OETKER RISTORANTE, CASA DI MAMA, PICCOLISSIMA PIZZA 288-410 g or **GIUSEPPE GARLIC FINGERS** 317 g selected varieties, frozen pizza ou doigts à l'ail
20296100001_EA/20296424001_EA

SAVE 33% $3



DORITOS TORTILLA CHIPS selected varieties 210-280 g croustilles de tortilla
21693042_EA/21693053_EA

ONLY 12.99



MR. GOUDAS PARBOILED RICE selected varieties 8 kg riz étuvé
21606990_EA

Optimum

4 days only!

SURPRISE OFFER

From October 29th to November 1st, 2026

Open the App to get your offer!*

Available for new and existing PC Optimum™ members.



SAVE UP TO 48% 6.99



ROYALE BATHROOM TISSUE 15-30 ROLLS or **TIGER TOWEL 3-6 ROLLS**, selected varieties papier hygiénique ou essuie-tout
21484702_EA/21577800_EA

SAVE 20% 7.99



TIDE SIMPLY LIQUID LAUNDRY DETERGENT 2.72 L, **FLEECY FABRIC SOFTENER** 3.5 L or **DRYER SHEETS** 200's, selected varieties détergent lessive liquide, assouplissant textile ou feuilles pour sécheuse
21311739_EA/21671020_EA

EXTRA DEALS!

3.33



GRADE A LARGE WHITE EGGS 12's aufs blancs
20812144001_EA

$1



NO NAME® EVAPORATED MILK selected varieties 354 mL lait évaporé
21040510_EA/21040543_EA

$2



NO NAME® CREAM CHEESE selected varieties, 227/250 g fromage à la crème
20308105001_EA

$7



NO NAME® FLOUR Club Size, selected varieties 10 kg farine
20022248_EA

NFO GTA 1_md26/10/2026_ON

AVAILABLE AT: JEROME & ALISHA'S - AJAX, STEVE & AMANDA'S - AJAX, JOE & VAL'S - AURORA, ADIL'S - BRAMPTON, DAVE'S - BRAMPTON, HECTOR & ALICJA'S - BRAMPTON, MICHAEL & ABBI'S - BRAMPTON, MIKE'S - BRAMPTON, ROCKY'S - BRAMPTON, SARANGAN'S - BRAMPTON, RYAN'S - EAST YORK, COSIMO'S - ETOBICOKE, EMILIANO & ANA'S - ETOBICOKE, JASON'S - ETOBICOKE, JEFF, ROSE & HERB'S - ETOBICOKE, JEFF'S - ETOBICOKE, STEVE'S - ETOBICOKE, AMNINDER'S - MARKHAM, PETER & SUZI'S - MARKHAM, ROB'S - MARKHAM, JOHN'S - MILTON, DANIEL'S - MISSISSAUGA, HASIB'S - MISSISSAUGA, MARC'S - MISSISSAUGA, MIKE'S - MISSISSAUGA, RAMAN'S - MISSISSAUGA, SARANGAN'S - MISSISSAUGA, TOM & MICHELLE'S - MISSISSAUGA, VITO'S - MISSISSAUGA, YAMA'S - MISSISSAUGA, DICKIES - NEWMARKET, JOHN'S - NEWMARKET, VISCONTI'S - NOBLETON, ANAND & SHYVONNE'S - NORTH YORK, CARLO'S - NORTH YORK, DURANTE'S - NORTH YORK, JOHN & DANIELLE'S - NORTH YORK, JOHN'S - NORTH YORK, LEONETTI'S - NORTH YORK, LIDIO'S - NORTH YORK, RICHARD & RUTH'S - NORTH YORK, OLEG'S - OAKVILLE, DEAN'S - OSHAWA, DYLAN'S - OSHAWA, MIKE'S - OSHAWA, NADIM'S - OSHAWA, DACOSTA'S - PICKERING, ASHLEY'S - RICHMOND HILL, FRASER & MELISSA'S - RICHMOND HILL, JIM'S - RICHMOND HILL, AJMAL'S - SCARBOROUGH, ALI'S - SCARBOROUGH, CRAIG'S - SCARBOROUGH, DAVE & CHARLOTTE'S - SCARBOROUGH, DAVE'S - SCARBOROUGH, HASHIM'S - SCARBOROUGH, NADIA'S - SCARBOROUGH, NICK'S - SCARBOROUGH, ROB & JOE'S - SCARBOROUGH, VI & YU LING'S - SCARBOROUGH, MICHAEL'S - STOUFFVILLE, AJ & ASHLEY'S - TORONTO, ALI'S - TORONTO, ANDREW & SHELLEY'S - TORONTO, ANTHONY'S - TORONTO, DAMIANO'S - TORONTO, DANIEL & ALEXANDRA'S - TORONTO, DARREN'S - TORONTO, GEORGES - TORONTO, GINO'S - TORONTO, JIM & MARIA'S - TORONTO, LUCIANO'S - TORONTO, MIKE'S - TORONTO, NICK'S - TORONTO, ROCCO'S - TORONTO, ROCCO'S - TORONTO, SAM & NANCY'S - TORONTO, SAM'S - TOTTENHAM, ANTHONY'S - VAUGHAN, DINO'S - VAUGHAN, VINCE & FRANCA'S - VAUGHAN, CONROY'S - WHITBY, LIZ'S - WHITBY, QAIS' - WHITBY, MIKE'S - WOODBRIDGE

ADVERTISED AND REGULAR PRICING OR PRODUCT SELECTION MAY VARY BY STORE LOCATION.

FRESH AT LOW PRICES



3.99 EA/LB

GREEN or **RED SEEDLESS GRAPES** 8.80/kg, product of U.S.A., no. 1 grade, **BLACKBERRIES** each, product of Mexico or U.S.A. or **BLUEBERRIES** each, product of Peru, no. 1 grade
raisins verts ou rouges sans pépins, mûres ou bleuets
20425775001_KG/20051015001_EA/20152465001_EA

6 OZ CLAMSHELL



5.99

10 LB BAG

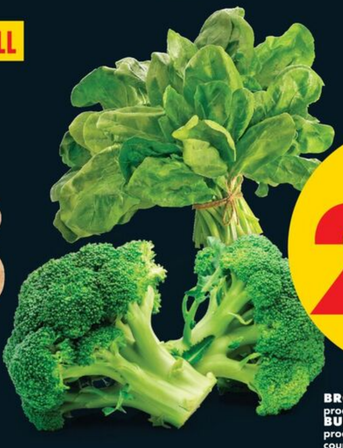
FARMER'S MARKET™ RED ONIONS
product of Canada, Canada no. 1 grade
oignons rouges
20171965001_EA

3.99



10 LB BAG

CAULIFLOWER product of Canada or U.S.A., no. 1 grade or **RED, YELLOW** or **RUSSET POTATOES** product of Canada, Canada no. 1 grade
chou-fleur ou pommes de terre
20135377001_EA/20601017001_EA



2.49

BROCCOLI CROWNS product of U.S.A. or Mexico, **BUNCH SPINACH** product of Canada or Mexico
couronnes de brocoli
21121560001_EA/20162840001_EA

FRESH GUARANTEE

If your produce isn't fresh, we'll replace AND refund it.*

6.50



PC® GREENHOUSE STRAWBERRIES
product of Canada, Canada no. 1 grade
fraises
21027143001_EA

$4



PC® LIVE LETTUCE GREEN, RED or **TRIO LETTUCE**
product of Canada
laitue
21178855_EA/21178850_EA

$7



PC® MIXIANY CHERRY TOMATOES
product of Canada
tomates
21720721001_EA

1.49 EA/LB



ENGLISH CUCUMBERS each, product of Canada, Canada no. 1 grade or **SWEET POTATOES** 3.28/kg, product of Canada
concombres anglais ou patates douces
20070132001_EA/20127708001_KG

2.49 LB



BARTLETT or **BOSC PEARS**
product of Ontario, Canada fancy grade, 5.49/kg
20172240001_KG/20287815001_KG

3.99 EA/LB



BLACK PLUMS 8.80/kg, product of Italy, no. 1 grade, **CANTALOUPE** each, product of U.S.A., no. 1 grade or **HONEYDEW** each, product of Mexico or U.S.A.
prunes noires, cantaloup ou melon miel
20316478001_KG/20167017001_EA

3.99



AVOCADOS product of Mexico or **PINEAPPLES** product of Costa Rica
avocats ou ananas
20160992001_EA/21644936001_EA

4.99



PC LITTLE BEAUTS VARIETY TOMATOES or **FLAVOR BOMB CHERRY TOMATOES**
product of Canada or Mexico
tomates
21720711001_EA/21247148001_EA

.99



FUYU PERSIMMONS product of U.S.A. or **KIWI** product of Chile
each
kaki Fuyu ou kiwi
20139417001_EA/20130242001_EA

6.99

FARMER'S MARKET™ MANDARINS
product of South Africa
mandarines
20054023001_EA

4.99



FARMER'S MARKET™ AMBROSIA or **ROYAL GALA APPLES**
product of Canada, Canada fancy grade or **MINI SEEDLESS WATERMELON**
product of U.S.A.
mini-melon d'eau sans pépins
21307212001_EA/20767998001_EA

3.99



PC® LITTLE GEMS™ RED, YELLOW or **MIXED MINI POTATOES**
product of Canada, Canada no. 1 grade
cœurs de romaine ou pommes de terre miniatures
21247299001_EA/21247300001_EA

2.99



FARMER'S MARKET™ MINI CUCUMBERS
product of Ontario, Canada no. 1 grade
mini-concombres
20737370001_EA

1.29 LB

ACORN, BUTTERNUT, BUTTERCUP or **SPAGHETTI SQUASH**
product of Canada
courge poivrée, buttercup, musquée ou spaghetti
2.84/kg
20071263001_KG/20325274001_KG

PRICE DROP

1.99



CELERY
product of Ontario, Canada no. 1 grade
céleri
20163119001_EA

.99 LB



GREEN CABBAGE
product of Ontario, Canada no. 1 grade
chou vert
2.18/kg
20793034001_KG

NFD 2_wed26/10/2026_ON

*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

NOFRILLS
FRESH AT LOW PRICES

6.99 LB

PC® FREE FROM® CHICKEN THIGHS
air chilled, boneless, skinless
hauts de cuisse de poulet
15.41/kg
21668800_KG

CLUB SIZE



CLUB SIZE



EXTRA LEAN GROUND BEEF
family size
bœuf haché
extra-maigre
19.82/kg
20357910_KG

8.99 LB

$14

PC® WORLD OF FLAVOURS PORK ROAST
selected varieties
730/900 g
rôti de porc
21603234_EA



REA ITALIAN SAUSAGE
selected varieties, frozen
720 g
saucisse italienne
21440621_EA

8.99



RAIN CHECK + pts

We'll honour a current deal if we're sold out, and give you 10% back in PC Optimum™ Points.†

2.50

ZABIHA HALAL or MAPLE LODGE FARMS CHICKEN WIENERS
450 g
saucisses de poulet ou halal
20062715_EA



$6

NO NAME® BREADED CHICKEN NUGGETS, BURGERS or STRIPS
frozen
908 g
pépites, burgers ou lanières de poulet
21178744_EA



3.50

PC® DIPS 200/227 g or **NAAN DIPPERS** 200 g
selected varieties
trempettes ou naan à tremper
20584097_EA/21092033_EA



3.49

SEAQUEST® RAW 51/70 per lb or **GO COOKED** 61/90 per lb **SHRIMP** 160 g or **SEAQUEST® SURIMI** 227 g
selected varieties
surimi ou crevettes
20749901_EA/21712241_EA



$8

MARINA DEL REY RAW ARGENTINIAN SHRIMP 20/30 per lb
frozen
300 g
crevettes
20907159_EA



4.50

PILLER'S SLICED DELI MEAT
selected varieties
150/200 g
charcuteries tranchées
21206382_EA/21206939_EA



$4

BABYBEL CHEESE SNACKS
selected varieties
102/120 g
collations au fromage
20574332_EA



3.50

O'FRESH SANDWICHES
selected varieties
140/154 g
sandwich
21750533_EA/21750541_EA



2.25

NO NAME® BAGELS 6's or **ENGLISH MUFFINS** 6's
selected varieties
bagels ou muffins anglais
21297780_EA/21297831_EA



$3

D'ITALIANO BREAD 620/675 g or **BUNS** 6/8's
selected varieties
pain ou petits pains
20038335_EA/20626949_EA



$5

LA BAGUETTERIE MICHE
selected varieties
600/800 g
miche
21166112_EA



NFO 3_ed26/10/2024_ON

† Raincheck + PC® OptimumTM Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC® OptimumTM points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC® OptimumTM points is calculated per item on the advertised flyer price . Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC® OptimumTM program members will not be eligible to receive PC® OptimumTM points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

PRICECUT EVENT



ONLY 3.33

BLACK DIAMOND CHEESE SLICES 410 g or **LACTANTIA CREAM CHEESE** 227 g
selected varieties
tranches de fromage ou fromage à la crème
21232564_EA



ONLY 3.27

iÖGO NANO DRINKS 6x93 mL, **BUBBLES** or **POUCHES** 4x90/100 g **YOGURT**
selected varieties
boissons ou bulles ou sachets ou yogourt
20609687003_EA/21719739_EA

SAVE 23% 4.99



HELUVA GOOD! SOUR CREAM DIP
680 g
trempette de crème sure
20312788001_EA

ONLY 5.99



GRADE A LARGE WHITE EGGS 18's or **PC® FREE RUN LARGE BROWN EGGS** 12's
selected varieties
œufs bruns ou gros œufs de catégorie A
20813628001_EA/20814294001_EA

ONLY 5.99



DEL MONTE JUICE BLENDS
selected varieties, refrigerated
2.5 L
mélanges de jus
21595736_EA/21733196_EA

$4



PC® VEGETABLES
selected varieties
frozen, 350-750 g
légumes
20318915_EA

6.25



GATORADE SPORT DRINKS 6x591 mL/8x355 mL or **ALLEN'S DRINK BOXES** 24x200 mL
selected varieties
20303218003_C06/20340520_EA

$4



HEALTHY CHOICE GOURMET STEAMERS, SIMPLY STEAMERS or **POWER BOWLS ENTREES**
selected varieties, frozen, 255-306 g
repas principaux en bols
21406269_EA

6.50



MCCAIN PIZZA POCKETS
selected varieties
frozen, 540/600 g
pizza pochettes
21047833_EA

4.99



HAAGEN-DAZS
400-450 mL
BARS 3/4's or **NESTLÉ DRUMSTICK** 4's
selected varieties, frozen
arre glacée ou crème glacée
21513555_EA/21739610_EA

$2



MAPLE LEAF FLAKED MEAT 156 g or **HOLIDAY LUNCHEON MEAT** 340 g
selected varieties
viande fumée ou viande à sandwich
20298273001_EA/20618778_EA

3.50



DOLE FRUIT BOWLS, FRUIT GELS or **PARFAITS**
selected varieties
428 mL/492 g
20318455001_EA
bols de fruits ou gels aux fruits ou parfaits
20318455003_EA

$3



POST CEREAL
selected varieties
283-525 g
céréales
20299648_EA/21427173_EA

$2



PC® 100% JUICE 1 L or **NO NAME® DRINKS** 2 L
selected varieties
jus ou boissons
20320439006_EA/21622812_EA

$2



COCA-COLA or **PEPSI SOFT DRINKS**
selected varieties
2 L
boissons gazeuses
20296926002_EA/20316026002_EA

1.50



CAMPBELL'S BROTH
selected varieties
250/900 mL
bouillon
20322348001_EA/21347245_EA

2.79



CATELLI SMART or **HEALTHY HARVEST PASTA**
selected varieties
340/375 g
pâtes
20299819009_EA/20527060_EA

5.99



HELLMANN'S MAYONNAISE
selected varieties
710-890 mL
mayonnaise
20618579001_EA

8.97



TETLEY ORANGE PEKOE TEA
216's
thé Orange Pekoe
21611946_EA

5.50



PC® or BLUE MENU® JAM, JELLY, MARMALADE or **FRUIT SPREAD**
selected varieties, 500 mL
confiture, gelée, marmelade ou tartinade aux fruits
20180006_EA/20300537_EA

App exclusive offer
Optimum

$5 Get 2,000 pts That's $2 value



PC® THE DECADENT® COOKIE
selected varieties
280/300 g
biscuit
20612257_EA/20612260_EA

NEW ARRIVAL

8.99



NEILSON ICED COFFEE PROTEIN MILK
1.89 L
lait protéiné café glacé
21762905_EA

$13.99



NEILSON 2% PROTEIN MILK
4 L
lait protéiné
21763354_EA

App exclusive offer
Optimum

OCTOBER 8TH UNTIL NOVEMBER 6TH

Get 20,000 pts when you spend $100* or more in one or more purchases

PLUS get entered for a chance to win NHL game tickets



ON PARTICIPATING PROCTER & GAMBLE PRODUCTS
selected varieties and sizes
products
21551623_EA/21505016_EA

NFO 4_rtail26/10/2026_ON

FLYER PRICES EFFECTIVE THURSDAY, OCTOBER 29 TO WEDNESDAY, NOVEMBER 4, 2026.

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See instore for details. Members must open their PC Optimum™ App by November 1, 2026 to reveal their personalized surprise offer that will award one of 10%, 20% or 30% back in PC Optimum™ points when they spend the indicated minimum threshold or more cumulatively on groceries between Thursday, October 29 to Sunday, November 1, 2026, before taxes and after other redemptions, all coupons and discounts, and exclusions are deducted. PC Optimum™ Card or App must be presented at the time of transaction. Limit of one offer per member. See full personalized offer details in your App. **Must be a registered PC Optimum™ member to get this offer.

NOVEMBER

HIT OF THE MONTH

STARTS SUNDAY NOVEMBER 1ST



$5

Fruit of the Loom
Men's or Women's, 3 pk socks
Selected varieties
Limit: 6, over limit retail $6.99
W6MR078691/ W6WR078690



$2.50

Made in Canada

Pillsbury Pizza Pops 4's
Frozen
Selected varieties
Limit: 6, over limit retail $3.50
21435996_EA / 21436023_EA



$1.88

Prepared in Canada

Christie Mini Cookies
Selected varieties, 144 - 200 g
Limit: 6, over limit retail $3.00
21584976_EA / 21585155_EA



$3

Cook's Boneless Ham Steak
227 g
Limit: 6, over limit retail $4.00
21769703_EA

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local trade areas. Offer valid November 1st - 30th, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

BRANDS YOU LOVE AT LOW PRICES

2.97



YOPLAIT TUBES 8x56 g **YOGURT** or **MUSH PROTEIN OVERNIGHT OATS** 172 mL
selected varieties
yogourt ou gruau préparé la veille
21547595_EA/21732873_EA

IMPERIAL MARGARINE
selected varieties
1.2-1.36 kg
margarine
21747537_EA

6.99



4.50



PC® BLACK LABEL ICE CREAM
selected varieties, frozen
500 mL
crème glacée
21588234_EA/21734458_EA

4.50



POGO
frozen
4's
pogo
20110352001_EA

6.25



NEILSON TRUTASTE 4 L or **PROTEIN MILK** 1.89 L
selected varieties
lait
20148677_EA

3.50



NO NAME® ORANGE or **APPLE JUICE**
selected varieties, refrigerated
1.75 L
jus d'orange ou de pomme
21665646_EA

$5



PLANTERS CASHEWS
selected varieties
200 g
noix de cajou
21021617_EA/21021618_EA

Optimum

App exclusive offer

$2.29

Get 1,000 pts That's $1 value



NO NAME® PURE WHITE VINEGAR
Club Size
4 L
vinaigre blanc pur
20102756_EA

3.50



PC® LEMONADE
selected varieties
1.89 L
limonade
20773870001_EA/21706967_EA

5.75



PC® BLUE MENU® SPARKLING WATER
selected varieties
12x355 mL
eau pétillante
21717423_C12

2.50



CLOVER LEAF WHITE TUNA 170 g or **FLAKED SALMON** 80 g
selected varieties
thon blanc ou saumon émietté
20326535001_EA/21734537_EA

$4



OLD EL PASO DINNER KIT
selected varieties
250-510 g
trousse-repas
20795534_EA

$4



CHRISTIE PREMIUM PLUS CRACKERS
selected varieties
450/481 g
craquelins
21109001_EA/21109004_EA

.37



MR. NOODLES INSTANT NOODLES
selected varieties
85 g
nouilles instantanées
20322658001_EA/20322658004_EA

1.79



CHEF BOYARDEE PASTA
selected varieties
418/425 g
pâtes
20312500002_EA

1.50



IDAHOAN MASHED POTATOES
selected varieties
113 g
purée de pommes de terre
21537129_EA/21537426_EA

$4



TACO BELL CREAMY SAUCE 354 mL or **DINNER KIT** 260-420 g
selected varieties
trousse-repas
21661774_EA/21663637_EA

9.99



PC® SPLENDIDO® EXTRA VIRGIN OLIVE OIL
selected varieties
1 L
huile d'olive extra vierge
20081865_EA

8.50



UNICO VEGETABLE OIL
3 L
huile végétale
20098102_EA

2.50



MOLISANA PASTA 450 g or **STRAINED TOMATOES** 680 mL
selected varieties
pâtes ou tomates passées
20016661_EA/20303499001_EA

Optimum

Get 3,000 pts For every $10* spent That's $3 value



FRENCH'S, FRANK'S or **CHOLULA SAUCE**
selected varieties
150 mL-1 L
moutarde ou sauce piquante
20083238_EA/20187632001_EA/21392271_EA

Get 3,000 pts For every $10* spent That's $3 value



CADBURY CHOCOLATE BARS or **SHARING BAGS**
selected varieties
50 g-342 g
chocolat
21648537_EA/21648577_EA

BRANDS YOU LOVE AT LOW PRICES

2.50



NO NAME® SOUR CREAM
selected varieties
500 mL
crème sure
20299657_EA



4.50

NO NAME® NATURAL CHEESE SLICES
selected varieties
210/230 g
tranches de fromage naturel
21614277_EA

$4



TENDERFLAKE PIE SHELLS
selected varieties, frozen
255-397 g
croûtes à tarte
20303840001_EA

CRAVE DINNER ENTRÉES
selected varieties, frozen
200-340 g
plats cuisinés
21085515_EA

4.50



$8



PC® BLACK LABEL PIZZA
selected varieties, frozen
310-440 g
pizza
21531415_EA

6.50



ïögo 16x100 g or **SIGGI'S SKYR YOGURT TUBS** 650/750 g
selected varieties
yogourt
20606778001_EA/21353865_EA

$3



SNYDER'S PRETZELS
selected varieties
240 g
bretzels
20316052004_EA

4.99



PC® GLUTEN-FREE WAFFLES
selected varieties, frozen
320 g
gaufres sans gluten
21419163_EA

3.79



LOTUS BISCOFF COOKIES
250 g
biscuits
21058121_EA

5.79



QUAKER BAKING MIXES or **OAT FLOUR**
selected varieties
700-900 g
mélanges à pâtisserie ou farine d'avoine
20301064001_EA

$7



ZEVIA ZERO SUGAR SODA
selected varieties
6x355 mL
boisson gazeuse sans sucre
21407494_C06

$5



PC® INSTANT COFFEE
selected varieties
80/100 g
café instantané
21499826_EA/21500188_EA

6.49



NESCAFÉ GOLD INSTANT COFFEE
selected varieties
90-100 g
café instantané
21074565_EA

$3



PC® TEA
selected varieties
20's
thé
20308417_EA/20627612001_EA

$3



PC® PASTA SAUCE
selected varieties
410-650 mL
sauce pour pâtes
21734544_EA/20320838001_EA



QUAKER CEREAL
selected varieties
350-510 g
céréales
21082300_EA/21219824_EA

1.79



NO NAME® BREADSTICKS, CRACKERS, PRETZELS or **CHEESE SNACKS**
selected varieties
84/87 g
bâtonnets, craquelins, bretzels ou collations au fromage
20889881_EA/20889882_EA

3.50



PC® or BLUE MENU® PANCAKE AND WAFFLE MIX 340-905 g or **PC® TABLE SYRUP** 750 mL
selected varieties
préparation pour crêpes et gaufres ou sirop de table
20173129_EA/20374908_EA

2.99



NERDS GUMMY CLUSTERS CANDY
selected varieties
142 g
friandises
21564627_EA/21628482_EA

TACKLE EVERY MESS. SAVE ON EVERY CLEAN.

4.29

NO NAME® OXY-BURST 651 mL or **OXY-PRO STAIN REMOVER** 680 g
détachant
21375912_EA





3.50

NO NAME® BLEACH
selected varieties
2.4 L
eau de Javel
21486532_EA

$22



TIDE LIQUID 3.46/3.9 L, **PODS** or **FLINGS** 45-76's **LAUNDRY DETERGENT** or **CASCADE AUTO DISHWASHER TABS** 51-80's
selected varieties
détergent à lessive
21518479_EA/21593670_EA

$3



NO NAME® ALL PURPOSE SPONGES 4's or **HEAVY DUTY** 2's, **SPIRAL SCRUBBER, REUSABLE ALL PURPOSE CLOTHS** 10's, **DISINFECTANT MULTI SURFACE SPRAY** 650 mL or **TOILET BOWL CLEANER** 710 mL
selected varieties
éponges tout usage robustes, tampon à récurer spiralé, chiffons tout usage réutilisables ou vaporisateur désinfectant tout usage ou nettoyant à cuvette
20024033_EA/20181003_EA

3.50



PC® PAPER YARD WASTE BAGS
5's
sacs à ordure en papier
20429980_EA

4.50



WINDEX GLASS CLEANER 765 mL, **SCRUBBING BUBBLES** 946/950 mL or **FANTASTIK** 650 mL
selected varieties
nettoyant à vitres
20125323001_EA/21666832_EA

4.50



PINE-SOL ALL PURPOSE CLEANER
selected varieties
1.41 L
nettoyant tout-usage
20298679001_EA/20298679002_EA

$4



CLOROX or **SCENTIVA CLEANING SPRAY**
selected varieties
709-946 mL
vaporisateur nettoyant
21657792_EA/21734708_EA

4.79



ZIPLOC STORAGE BAGS
selected varieties
10-100's
sacs de rangement
20871415_EA/20871443_EA

2.50



DAWN DISHWASHING LIQUID
selected varieties
366-502 mL
liquide à vaisselle
21430590_EA/21735713_EA

$7



NO NAME® FACIAL TISSUES
6x126 sheets
mouchoirs
20971002_EA

Optimum

App exclusive offer
FROM OCTOBER 8 TO NOVEMBER 6



ON PARTICIPATING PROCTER & GAMBLE BRANDS***
selected varieties
articles Procter & Gamble
20046274_EA

*before taxes
**see PC Optimum app for details

no name®
tackle every mess. save on every clean.
your home of no name®
(So switch)
shop no name®

$4



NO NAME® LAUNDRY DETERGENT
selected varieties
1.92/2.03 L
détergent à lessive
21042473_EA

$9



NO NAME® DISHWASHING LIQUID
club size
5 L
liquide à vaisselle
21012774_EA

HOT FINDS

Savings like these are kind of a big deal.

$7



EVERYDAY ESSENTIALS™ POLYPROPYLENE CUTTING BOARD SET
3 piece set
ensemble de planches à découper en polypropylène
21705809_EA

$8



EVERYDAY ESSENTIALS™ JACQUARD FAUX FUR THROWS
selected varieties
couvertures en fausse fourrure jacquard
21760905_EA/21760906_EA



$4



MAPLE LEAF READY CRISP BACON 65 g, **MAPLE LEAF** or **SCHNEIDERS BACON** 375 g or **SCHNEIDERS SAUSAGES** frozen 375 g
selected varieties
bacon
20772671_EA/20561559_EA

6.99



ST. HUBERT or **SWISS CHALET POT PIES**
selected varieties, frozen
650-800 g
pâté
20719298_EA/21047194_EA

$6



NO NAME® BREADED CHICKEN NUGGETS, BURGERS or **STRIPS**
frozen
908 g
pépites, burgers ou lanières de poulet
21178744_EA

2.50



ZABIHA HALAL or **MAPLE LODGE FARMS CHICKEN WIENERS**
450 g
saucisses fumées de poulet
20006571_EA

4.50



PILLER'S SLICED DELI MEAT
selected varieties
150/200 g
charcuteries tranchées
21206382_EA/21206939_EA

2.25



NO NAME® BAGELS 6's or **ENGLISH MUFFINS** 6's
selected varieties
bagels ou muffins anglais
21297780_EA/21297831_EA

$3



D'ITALIANO BREAD 620/675 g or **BUNS** 6/8's
selected varieties
pain ou petits pains
20038335_EA/20521048_EA

4.99



ARMSTRONG or **PC® SHREDDED CHEESE** 250-320 g, **ARMSTRONG CHEESE** 400 g
selected varieties
barres de fromage ou fromage râpé
21286240_EA/21346749_EA

$2



NO NAME® CREAM CHEESE
selected varieties, 227/250 g
fromage à la crème
20308105001_EA

6.25



NEILSON TRUTASTE 4 L or **PROTEIN MILK** 1.89 L
selected varieties
lait
20146677_EA

4.50



POGO
frozen
4's
pogo
20110352001_EA

2.50



NO NAME® SOUR CREAM
selected varieties
500 mL
crème sure
20299657_EA

2.79



CATELLI SMART or **HEALTHY HARVEST PASTA**
selected varieties, 340/375 g
pâtes
20299819009_EA/20527060_EA

1.50



UNICO BEANS 540 mL or **TOMATOES** 796 mL
selected varieties
légumineuses ou tomates
20313447001_EA/20314629001_EA

$2



MAPLE LEAF FLAKED MEAT 156 g or **HOLIDAY LUNCHEON MEAT** 340 g
selected varieties
viande fumée ou viande à sandwich
20298273001_EA/20618778_EA

$1



NO NAME® EVAPORATED MILK
selected varieties
354 mL
lait évaporé
21040510_EA/21040543_EA

App exclusive offer Optimum

$2.29



Get 1,000 pts That's $1 value

NO NAME® PURE WHITE VINEGAR
Club Size, 4 L
vinaigre blanc pur
20102756_EA

8.50



UNICO VEGETABLE OIL
3 L
huile végétale
20098102_EA

$7



NO NAME® FLOUR
Club Size,
selected varieties
10 kg
farine
20022248_EA

Optimum™

App exclusive offers

More offers
More points

LOAD YOUR DIGITAL COUPONS IN 6 EASY STEPS

1. Open your PC Optimum app and go to **Offers**
2. Tap **Digital Coupons**
3. Select **"Click here to add your Digital Coupons"**
4. Tap **"Select Offer"** on the coupons you want
5. Tap **"Add Offer"** – you're done!

CLICK FOR THESE COUPONS AND MORE

Members get over $30 in value

Optimum™



Get 2,500 pts Until November - 4 - 2026

PC® SPLENDIDO® PARMESAN REGGIANO
250 g
fromage
21033434_EA

Optimum™



Get 1,000 pts Until November - 4 - 2026

PC® NAAN ROUNDS
selected varieties, 480 g
naan
20757871_EA

Optimum™



Get 1,250 pts Until November - 4 - 2026

NO NAME® CHICKEN WIENERS
1.5 kg
saucisses fumées de poulet
21414691_EA

Optimum™



Get 2,500 pts Until November - 4 - 2026

NO NAME® SHREDDED CHEESE
900 g
fromage râpé
20317943_EA

Optimum™



Get 3,000 pts Until November - 4 - 2026

NO NAME® NATURALLY IMPERFECT™ FROZEN FRUIT 2 kg
fruits surgelés
21480144_EA

Optimum™



Get 1,000 pts Until November - 4 - 2026

PC® GREEK YOGURT
1 kg
yogourt
21518400_EA

Optimum™



Get 1,000 pts Until November - 4 - 2026

NO NAME® BLEACH
2.4 L
eau de Javel
21486532_EA

Optimum™



Get 2,000 pts Until November - 4 - 2026

NO NAME® HONEY
1 kg
miel
20033683_EA

Optimum™



Get 500 pts Until November - 4 - 2026

PC® PASTA SAUCE
410/650 mL
sauce pour pâtes
21734544_EA

Optimum™



Get 500 pts Until November - 4 - 2026

NO NAME® GRANOLA BARS
120-175 g
barres granola
20915354_EA

Optimum™



Get 500 pts Until November - 4 - 2026

PC® KETTLE CHIPS
200 g
croustilles
21422931_EA

Optimum™



Get 3,000 pts Until November - 4 - 2026

That's $3 value

EVERY $15* SPENT ON PC® SOFT DRINKS
all sizes and varieties
boissons gazeuses
20690671001_EA

More offers. More points.

CLICK FOR THESE COUPONS AND MORE

Optimum



Save **$1.50** with digital coupon

NESTLÉ SNACK PACK
12's
collations
21719355_EA

Optimum



Save **$3.00** with digital coupon

ENSURE
300 mL/4x237 mL /6x235 mL
ensure
20304767002_EA

Optimum



Save **$1.00** with digital coupon

PC® BLACK LABEL ICE CREAM
500 mL
crème glacée
21588234_EA

Optimum



Save **$1.50** with digital coupon

PC® BLUE MENU® YOGURT BARS
6x80 mL, frozen
yogourt
20538592001_EA

Optimum



Save **50¢** with digital coupon

PC® FLATBREAD 330 - 395 g or
PC® FOCACCIA 415 - 456 g, frozen
pain plat
21305085_EA

Optimum



Get **1,500** pts Until November - 4 - 2026

PC® BATHROOM TISSUE
12=24 rolls
papier hygiénique
21450718_EA

Optimum



Get **500** pts Until November - 4 - 2026

PC® NUTRITION FIRST® WET CAT FOOD 85 g
nourriture humide pour chats
21618536_EA

Optimum



Get **5,000** pts Until November - 4 - 2026

PC® DRY DOG FOOD
14 kg
nourrituresèche pour chiens
21304669_EA

LOW PRICES IN STOCK

PRINGLES POTATO CHIPS
selected varieties
148/156 g
croustilles
21003823_EA/21003833_EA

2.50



2.50



TOWNHOUSE 247-391 g or **CHEEZ-IT SNAP'D CRACKERS** 213 g
selected varieties
craquelins
21107403_EA/21451181_EA

3.29



LECLERC BARS
selected varieties
140-223 g
barres
20950314_EA/21507858_EA

$3



KELLOGG'S RICE KRISPIES SQUARES 154-198 g, **NUTRI-GRAIN BARS** 295 g, **POP-TARTS** 384 g or **SPECIAL K CRISPS** 125 g
selected varieties
barres
20126567001_EA/21290111_EA

3.50



LIBERTÉ MÉDITERRANÉE 500 g or **SOURCE PROTEIN** 650 g **YOGURT**
yogourt
20788062001_EA/21587047_EA

Optimum

$3 Get 250 pts That's 25¢ value



LECLERC CÉLÉBRATION COOKIES
selected varieties
240 g
biscuits
21680074_EA/21680155_EA

Optimum

$3 Get 250 pts That's 25¢ value



LECLERC CÉLÉBRATION MINI COOKIES
selected varieties
200 g
petits biscuits
21648530_EA/21648944_EA

7.99



NESTEA ICED TEA
selected varieties
12x341 mL
thé glacé
21689167_C12

4.29



MISS VICKIE'S KETTLE COOKED POTATO CHIPS
selected varieties
190/200 g
croustilles cuites à la marmite
21240628_EA/21240703_EA

$4



CHEETOS
selected varieties
180-285 g
collations
21370169_EA/21370195_EA

$4



TOSTITOS TORTILLA CHIPS
selected varieties
210-295 g
croustilles de tortilla
21050575_EA

7.50



FUZE or **PEACE TEA ICED TEA**
selected varieties
12x341 mL
thé glacé
21645363_C12

8.25



COCA-COLA SOFT DRINKS
selected varieties
12x355 mL
boissons gazeuses
20307569004_C12/20318694002_C12

$3



MONSTER ENERGY DRINKS
selected varieties
444-473 mL
boisson énergisante
20938249_EA

7.50



NUTELLA SPREAD
selected varieties
725 g
tartinade
20436105_EA/21720910_EA

LOW PRICES IN STOCK

CHRISTIE COOKIES
selected varieties
240-303 g
biscuits
21358407_EA/21361508_EA

$3

4.50

RITZ DRIZZLED CRACKERS
selected varieties
226 g
craquelins
21712532_EA/21712595_EA

2.50

CHRISTIE RITZ, WHEAT THINS or TRISCUIT CRACKERS
selected varieties
162-212 g
craquelins
21030647_EA/21547034_EA

$4

KELLOGG'S CEREAL
selected varieties
306-525 g
céréales
20015041_EA/21607207_EA

5.44

CARNATION HOT CHOCOLATE
selected varieties
400/450 g
chocolat chaud
21397690_EA

11.99

STARBUCKS GROUND COFFEE 340 g, **K-CUP PODS** 10's or **HOT CHOCOLATE MIX** 300 g
selected varieties
café moulu, capsules K-cup ou mélange de chocolat chaud
20548682002_EA/21541288_EA

5.50

KELLOGG'S FAMILY SIZE CEREAL
selected varieties
450-650 g
céréales
20054727_EA/21651640_EA

4.50

HERSHEY'S, REESE'S or BROOKSIDE BAGGED CHOCOLATE CANDY
selected varieties
160-235 g
friandises au chocolat en sac
20030397004_EA/21079668_EA

2.79

TWIZZLERS 311-454 g or **JOLLY RANCHER CANDY** 283 g
selected varieties
friandises
20022328004_EA/20022328008_EA

$1

HERSHEY'S, REESE'S or OH HENRY! CHOCOLATE BARS
selected varieties
39-58 g
barres de chocolat
20581797_EA/20582012_EA

Optimum

$8

Get 1,000 pts That's $1 value

CAVENDISH CLUB PACK
selected varieties, frozen
1-2.25 kg
quartiers de pommes de terre
20728378_EA

Optimum

Member Price $2.50

Non-Members $3

Members Save 50¢

MAYNARDS CANDY
selected varieties
100-154 g
friandises
21545735_EA/21750654_EA

Optimum

Member Price $2.25

Non-Members $3

Members Save 75¢

CADBURY CHOCOLATE BAR
selected varieties
90-105 g
barre de chocolat
21648577_EA/21750659_EA

4.50

CADBURY CHOCOLATE POUCH
selected varieties
144-200 g
sachet de chocolats
21648537_EA/21649902_EA

$4

CADBURY FINGERS
selected varieties
114-125 g
doigts
21631880_EA

4.50

CHRISTIE FAMILY SIZE COOKIES or CAKESTERS
selected varieties
285-488 g
biscuits ou petits gâteaux
21014087_EA/21639133_EA

4.50

NESTLÉ CHOCOLATE BAG
selected varieties
76-203 g
sac de chocolat
21079071_EA/21080077_EA

3.99

NESTLÉ CHOCOLATE BARS
selected varieties
4x42-50 g
barres de chocolat
20176136_EA/20223202_EA

LOW PRICES IN STOCK

GENERAL MILLS CEREAL
selected varieties
310-360 g
céréales
21535236_EA

$4



$3

FIBRE 1 or NATURE VALLEY BARS or BISCUITS
selected varieties
125-210 g
barres ou biscuits
20587504001_EA/20686988001_EA



DARE BRETON, VINTA or VEGGIE CRISPS CRACKERS
selected varieties
100-225 g
craquelins
21520666_EA

2.79



2.79



DARE VIVA PUFFS, WAGON WHEELS, WHIPPET or ULTIMATE COOKIES
selected varieties
250-360 g
biscuits Puffs, Wagon Wheels, Whippet ou Ultimate
20419986001_EA/20974343_EA



17.99

DONUT HOUSE, KRISPY KREME or TIMOTHY'S K-CUP PODS
selected varieties
30's
dosettes K-Cup
21007380_EA/21433555_EA

15.99



MAXWELL HOUSE GROUND COFFEE 631-900 g or **PODS** 30's
selected varieties
café moulu ou capsules
21308076_EA/21606882_EA

5.97



KRAFT PEANUT BUTTER
selected varieties
750 g / 1 kg
beurre d'arachide
20039581001_EA/20311582001_EA

3.99



PHILADELPHIA CREAM CHEESE PRODUCT 227/250 g, **KRAFT SINGLES** 410 g or **CHEEZ WHIZ** 450 g
selected varieties
fromage à la crème ou trempettes, Cheez Whiz ou tranches de fromage Singles
20641267_EA/21188654_EA

$13



PURINA ONE DRY CAT FOOD 1.45-1.8 kg or **PURINA TIDY CATS LIGHTWEIGHT CAT LITTER** 2.72 kg
selected varieties
nourriture sèche pour chat ou litière
21096817_EA/21206503_EA

Optimum

$8
Get 1,000 pts
That's $1 value



LYSOL TOILET BOWL CLEANER 2x710 mL, **DISINFECTANT SPRAY** 425/539 g or **LAUNDRY DISINFECTANT** 1.2 L
selected varieties
nettoyant pour cuvette, désinfectant en vaporisateur ou désinfectant pour lessive
21238361_EA/21487308_EA

Optimum

$13
Get 1,000 pts
That's $1 value



PUREX 3.45/3.85 L, **SUNLIGHT** 3.85 L, **PERSIL** 1.86 L **LIQUID LAUNDRY DETERGENT, SNUGGLE FABRIC SOFTENER** 2.77 L or **DRYER SHEETS** 200's
selected varieties
détergent lessive liquide, assouplissant textile ou feuilles pour sécheuse
21769748_EA/21770214_EA

Optimum

$21
Get 2,000 pts
That's $2 value



FINISH DISHWASHER TABS
selected varieties
60/72/90/105's
tablettes pour lave-vaisselle
21218875_EA/21561337_EA

$6



TEMPTATIONS 454 g or **FELINE GREENIES CAT TREATS** 130 g
selected varieties
gâteries pour chats
21012108_EA

5.50



LYSOL WIPES 75/84's, **DISINFECTANT SPRAY** 350 g or **MULTI-PURPOSE TRIGGER** 950 mL
selected varieties
lingettes, vaporisateur désinfectant ou nettoyant tout-usage à gachette
20314511001_EA/21449826_EA

$11



TIDE LIQUID LAUNDRY DETERGENT 1.62/1.86 L or **PODS** 18-31's, **DOWNY FABRIC SOFTENER** 1.89-2.63 L, **DOWNY** or **GAIN SCENT BOOSTERS** 379 g or **BOUNCE DRYER SHEETS** 120-200's
selected varieties
détergent à lessive liquide ou pastilles, assouplissant ou rehausseurs de parfum ou feuilles assouplissantes pour la sécheuse
21593782_EA

$4



MR. CLEAN ALL PURPOSE CLEANER 1.21 L, **FEBREZE AIR** 230 g, **BATHROOM AIR FRESHENER** 7.5 mL, **CAR** 2 mL or **MAGIC ERASER** 2's
selected varieties
nettoyant tout usage, assainisseur d'air, désodorisant pour salle de bain, voiture ou effaceur magique
21700198_EA/21735410_EA

7.99



CHARMIN BATHROOM TISSUE 8=24 rolls or **BOUNTY PAPER TOWELS** 3=6 rolls
selected varieties
papier hygiénique ou essuie-tout
21670139_EA/21707477_EA

3 DAY OFFER - OCTOBER 29- OCTOBER 31

HAPPY HALLOWEEN!



14.99



CADBURY CANDY
90's
friandises
21736021_EA

12.99



MAYNARDS ASSORTED GUMMY CANDY
90's
friandises
20891582_EA

Optimum

Get **4,000** pts when you spend $20* on

That's $4 value





HERSHEY'S, REESE'S or **TWIZZLERS ASSORTED CHOCOLATES** or **CANDIES**
selected varieties
481 g-1.026 kg
chocolats ou bonbons
21736080_EA/21736093_EA

Optimum

$12.99



Earn **1,500** pts

That's $1.50 value

NESTLÉ ASSORTED CANDIES
100's
mini-barres
21595523_EA

HAPPY DIWALI!

शुभ दीपावली





2.99 LB

INDIAN EGGPLANT product of Mexico, **INDIAN KARELA** product of Mexico, Honduras or Dominican Republic or **OKRA** product of U.S.A., Canada or Honduras
aubergine indienne, karela indien ou gombo
6.59/kg
20055882001_KG/20028046001_KG

2.99 EA/LB

JUMBO WALNUTS 6.59/kg or **RAPINI** each, product of U.S.A.
noix de Grenoble géantes ou rapini
20123893001_KG/20048070001_EA



.99

BUNCH MINT product of Canada or **CHAYOTE SQUASH** product of U.S.A.
menthe en botte ou courge chayote
20139326001_KG/20167837001_EA

1.29

CILANTRO product of Canada or U.S.A.
coriandre
20091825001_EA



1.49

COCONUT product of India or Dominican Republic or **METHI LEAF** product of Canada
noix de coco ou feuilles de méthi
20005774001_EA/20159689001_EA



1.99 LB

RED CARROTS product of China or **OPO SQUASH** product of Dominican Republic, Honduras or U.S.A.
carottes rouges ou gourde
4.39/kg
20142055001_KG/21618319001_KG



$5

PC® MEDJOOL DATES product of Israel, **PC® SAFAWI** or **SUKKARI DATES** product of Saudi Arabia
dattes medjool, dattes safawi ou sukkari
21713402001_EA/21706738001_EA



6.99

KHUDRI DATES product of Saudi Arabia
dattes khudri
21562486001_EA



5.50

CRISPY PUNJABI COOKIES
1.1 kg
biscuits punjabi
20180817_EA



3.50

CRISPY NAMAK or **MASALA PARA**
selected varieties
360 g
namak ou masala para
21443491_EA



2.99

CRISPY POUND CAKE
selected varieties
368 g
gâteau quatre-quart
20814268_EA



2.99

CRISPY ROTI
selected varieties
15's
wraps roti
21193569_EA



$2

SANTOSH NAAN
selected varieties
5's
naan
21671462_EA



2.48

ROOSTER® TOFU
selected varieties
454 g
tofu
21474719_EA/21474765_EA



4.50

NANAK PANEER
341 g
paneer
21286158_EA



4.50

SURAJ® PAKORA 300 g or **SAMOSA** 400 g
pakora ou samosa
21763518_EA

AVAILABLE AT SELECT LOCATIONS ONLY

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HAPPY DIWALI!

शुभ दीपावली





$1



HALDIRAM'S INDIAN SNACKS
selected varieties
90-150 g
collations indiennes
20314667007_EA/20314667010_EA



5.99

TATA PREMIUM or GOLD LOOSE TEA 450 g or **TATA TEA AGNI**
selected varieties
450 g/1 kg
thé
21407291_EA/21575115_EA

9.99



QUALITY BROWN SUGAR
4.55 kg
cassonade
20718453_EA



24.99

BRAR'S DESI GHEE
1.6 kg
desi ghee
20869883_EA

6.99



MOTHER'S MAGIC IODIZED HIMALAYAN PINK SALT
2 kg
sel rose himalayen iodé
21357761_EA

3.50



ROOH AFZA
800 mL
boisson
21027924_EA

1.99



HANS NATURAL YOGURT
selected varieties
750 g
yogourt
20092811_EA

1.50



KURKURE SNACKS
selected varieties
115 g
collations
20659742_EA

$2



BRITANNIA SUJI RUSK 305 g or **SHERBON JUICE DRINK** 1 L
selected varieties
biscottes de semoule ou boisson au jus
21032472_EA/21603399_EA

7.99



NANAK RASMALAI
selected varieties, frozen
850 g
rasmalai
21284818_EA

7.99



BRAR'S MILK CAKE
frozen
400 g
gâteau au lait
20609047_EA

2.49



PRAN SAMOSAS or **SPRING ROLLS**
frozen
400 g
samosas ou rouleaux de printemps
21054846_EA

13.99



CADBURY CELEBRATIONS CHOCOLATE GIFTING TIN
353 g
boîte-cadeau en métal de chocolat
21679775_EA

7.99



LINDT LINDOR CHOCOLATE TRUFFLES
selected varieties
108 g
truffes au chocolat
21683055_EA

16.99



ROSE THAI JASMINE RICE
8 kg
riz
21433099_EA

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AVAILABLE AT SELECT LOCATIONS ONLY

GET READY TO GATHER

4.50

LYSOL MULTI SURFACE CLEANER 1.2 L, **TOILET BOWL CLEANER** 710 mL, **BATHROOM SPRAYS** 950 mL or **BATHROOM AEROSOL** 538-680 g
selected varieties
nettoyant ou vaporisateurs ou aérosol
20309873002_EA/20310677001_EA



$2

PC® DISHWASHING LIQUID
selected varieties
638 mL-1 L
détergent liquide à vaisselle
21012490_EA/21012740_EA



$1



NO NAME® HOUSEHOLD CLEANSER
400 g
nettoyant domestique
20085278_EA

$4

NO NAME® NAPKINS
250's
serviettes
20997492_EA



$15



GAIN LIQUID LAUNDRY DETERGENT 4.25 L or **FLINGS** 42's, **BEADS** 598/680 g, **DRYER SHEETS** 240's or **CASCADE AUTO DISHWASHER TABS** 30-45's
selected varieties
détergent à lessive ou feuilles pour sécheuse ou capsules de détergent pour lave-vaisselle
21671138_EA/21735626_EA

$3



NO NAME® ALUMINUM FOIL 50 ft or **PARCHMENT PAPER** 10 m
selected varieties
each
papier d'aluminium ou papier parchemin
21119987_EA/21375917_EA

3.50



NO NAME® PLASTIC WRAP
60 m
pellicule plastique
21120002_EA

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*Standard message and data rates may apply.

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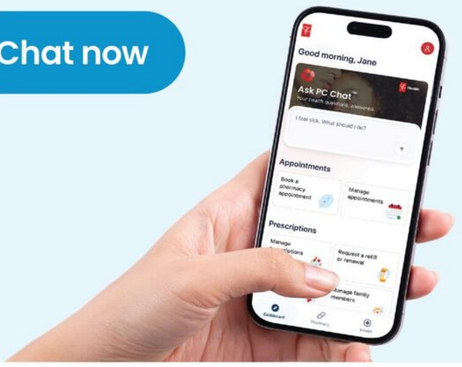
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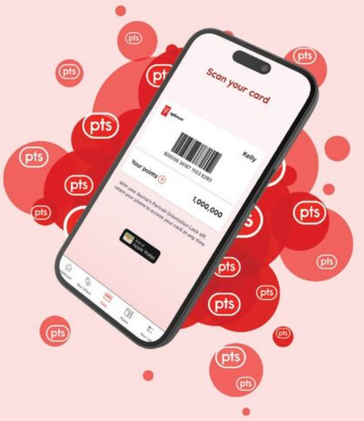
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Optimum™

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October 22 to November 4



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