Loblaws

PROUDLY CANADIAN SINCE 1919

Lest we forget

The Poppy Design is a registered trademark of The Royal Canadian Legion, Dominion Command and is used under license.

Remembrance Day is Wednesday, November 11th

Available at the following Loblaws locations:
2877 Bayview Ave., 50 Musgrave St., Toronto, 5970 Mclaughlin Rd., 5010 Glen Erin Dr., 250 Lakeshore Rd., W., Mississauga, 301 High Tech Rd., Richmond Hill, 200 Bullock Dr., Markham, 1792 Liverpool Rd., Pickering, 1740 Richmond St. N., 3040 Wonderland Road S., London

SAVE UP TO $1.49/LB

$11.00 LB

FRESH OR FROZEN COHO SALMON FILLETS
24.25/KG
21568456_KG
21000974_KG

4.99 LB INCLUDES HALAL

SPLIT CHICKEN WINGS
INCLUDES HALAL FAMILY SIZE
11.00/KG
20761916_KG
21656520_KG

SAVE 37%

6.99 LB

INSIDE ROUND STEAK FAMILY SIZE OR ROAST
CUT FROM CANADA AA OR USDA SELECT GRADE BEEF OR HIGHER
15.41/KG
20812200_KG
20812400_KG

HOT PRICE

2.50 LB

HONEYCRISP APPLES
PRODUCT OF ONTARIO, FANCY GRADE OR
PC® EXTRA LARGE RED SEEDLESS GRAPES
PRODUCT OF U.S.A., NO. 1 GRADE
5.51/KG
20132621001_KG
20159199001_KG

SAVE 58%

2.50

FARMER'S MARKET™ RED OR YELLOW POTATOES
PRODUCT OF CANADA, CANADA NO. 1 GRADE
10 LB BAG
20601013001_EA
20601017001_EA

10 LB

SAVE 57%

1.50

FARMER'S MARKET™ CARROTS OR YELLOW ONIONS
PRODUCT OF CANADA, CANADA NO. 1 GRADE
3 LB BAG
20600927001_EA
20811994001_EA

SAVE $10

$20 HALAL

30 PIECE WINGS & WEDGES BUCKET
1.2 KG
21541872_EA
21541877_EA

SERVES 6

SAVE UP TO 36%

$6

MAPLE LEAF NATURAL SELECTIONS SLICED MEATS 175 G OR SCHNEIDERS SLICED MEATS 150/175 G
SELECTED VARIETIES
20065285_EA
20582322_EA

SAVE 46%

$7

ST-HUBERT OR SWISS CHALET PIES
SELECTED VARIETIES FROZEN 650-800 G
20719334_EA
21047194_EA

4.99

PC® SHREDDED CHEESE 250-320 G OR BLACK DIAMOND CHEESE BARS OR SHREDDED CHEESE 300-400 G
SELECTED VARIETIES
21060383_EA
21279221_EA

Optimum™ The Membership that Makes More Possible

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

App exclusive offer

$12 Get 2,000 pts $2 back in points

PC® SPLENDIDO® EXTRA VIRGIN OLIVE OIL 1 L OR NO NAME® CANOLA OR VEGETABLE OIL 3 L
SELECTED VARIETIES
20081865_EA
20028656_EA

SAVE 36% **$24** Get 2,000 pts $2 back in points

MCCAFÉ ROAST AND GROUND COFFEE 640-875 G OR K-CUPS 24/30'S OR LAVAZZA WHOLE BEAN COFFEE 1 KG
SELECTED VARIETIES
21240975_EA/21556201_EA

Member Price **$3.99** Non-Member Price **$7.99** Members save $4

CASHMERE BATHROOM TISSUE 8+16 ROLLS OR SCOTTIES FACIAL TISSUE 6'S
20573377_EA/20765440_EA
21204742_EA

2.75

NATURE VALLEY BARS, BETTY CROCKER OR MOTT'S FRUIT SNACKS
120-226 G
21740563_EA
20686716001_EA

SAVE UP TO 36%

3.50

PC® ORANGE JUICE 1.36 L OR SIGGI'S SKYR YOGURT 400 G
SELECTED VARIETIES
21589925_EA
21717314_EA

SAVE 30%

$4

PHILADELPHIA CREAM CHEESE OR DIPS
SELECTED VARIETIES 227-250 G
20641267_EA
20866816002_EA

$4

BREYERS CREAMERY STYLE ICE CREAM 1.41 L OR POPSICLE NOVELTIES 24'S
SELECTED VARIETIES FROZEN
20763159_EA
21651169_EA

$3

PC® NATURAL SPRING WATER
24X500 ML
20137898_C24

12.99

TILDA PURE BASMATI RICE 10 LB OR JASMINE GOLD THAI JASMINE RICE 8 KG
20153678_EA
21496274_EA

SAVE UP TO 44%

2.50

SMART ONES FROZEN MEALS 241-283 G OR CAVENDISH FARMS 600 G FRENCH FRIES
SELECTED VARIETIES FROZEN
20322159001_EA
21559976_EA

$5

PC® WOOD-FIRED PIZZA 351-413 G OR DR. OETKER GIUSEPPE PIZZA 439-785 G
SELECTED VARIETIES FROZEN
21106361_EA
21540352_EA

WORLD FOODS Flavours for every table

1.98 LB

BABY OR SHANGHAI BOK CHOY
PRODUCT OF CANADA, U.S.A. OR MEXICO
4.37/KG
20082279001_KG
20032454001_KG

$5

SEAQUEST® BAY SCALLOPS UNCOOKED 100-150 PER LB 400 G OR CLAM OR MUSSEL MEAT 340 G FROZEN
21558527_EA
21707479_EA

1.25

NONGSHIM SINGLE PACK NOODLES
120 G
21504277_EA
21504375_EA

LSL MCM 1_rad02/11/26_ON

Insiders Report™

Everything PC® for holiday moments

It's here!

Flyer prices effective from Thursday, November 5th to Wednesday, November 11th, 2026. **SEE BACK PAGE FOR DETAILS.**

PRICE DROP‡

More ways to save

prices effective
Thursday November 5 - Wednesday December 2, 2026

Optimum™ The Membership that Makes More Possible

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

App exclusive offer*
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

$6 Get 1,500 pts $1.50 back in points

FARMER'S MARKET™ LOAF CAKE
WHOLE OR SLICED
SELECTED VARIETIES
344-400 G
20556382_EA
21542157_EA

Optimum™ Member Price $5.50 Non-Member Price $7 Members save $1.50

PC® POP OR PC® ICED TEA
SELECTED VARIETIES
12X355 ML
20690671001_C12
21747386_C12

Optimum™ Member Price $12 Non-Member Price $15 Members save $3

HIGH LINER SIGNATURE CUTS FISH FILLETS
SELECTED VARIETIES
FROZEN
425/515 G
21186254_EA
21186729_EA

3.75
PC® OR BLUE MENU® FROZEN ENTRÉES
SELECTED VARIETIES
FROZEN
212-365 G
20312253001_EA
20987541_EA

SAVE 98¢ WHEN YOU BUY 2
2/$7 OR $3.99 EA.
WONDER BREAD 675 G OR **BUNS** 356-560 G
SELECTED VARIETIES
20276296_EA
20305135_EA

3.99
CHAPMAN'S YUKON NOVELTIES 5-8'S OR **SUPER PREMIUM PLUS ICE CREAM** 500 ML
SELECTED VARIETIES
FROZEN
21511147_EA
21583339_EA

SAVE UP TO $1.18
$6
NEILSON TRUTASTE MILK 2%, 1%, SKIM 4 L OR **PRESTIGE OR GRAY RIDGE PREMIUM LARGE WHITE EGGS** 18'S SELECTED VARIETIES
20148677_EA
20814294001_EA

$4
QUE PASA ORGANIC TORTILLA CHIPS
SELECTED VARIETIES
300-350 G
21031311_EA
21031315_EA

$4
NO NAME® FLOUR
SELECTED VARIETIES
2.5 KG
20013256_EA
20303325_EA

2.50
BUSH'S BEST BEANS OR DEL MONTE CANNED FRUIT
SELECTED VARIETIES
398 ML
20101518001_EA
21657529_EA

6.50
RIO MARE TUNA
SELECTED VARIETIES
195-240 G
20035383_EA
20865062_EA

2.50
RICOLA REGULAR BAGS
17-19'S
21478713_EA
21478726_EA

$6
CARNATION HOT CHOCOLATE 400-450 G OR **LAVAZZA GROUND COFFEE** 250 G
SELECTED VARIETIES
21397690_EA
21553714_EA

7.25
IÖGO YOGURT 16X100 G/1.6 KG OR **SIGGI'S SKYR YOGURT** 650/750 G
SELECTED VARIETIES
20609583001_EA
21353892_EA

$20
TIDE 3.46-3.9 L OR **GAIN** 5.44 L **LAUNDRY DETERGENT, TIDE POWER PODS OR GAIN SUPER FLINGS** 45'S, **TIDE PODS OR GAIN FLINGS** 57-76'S OR **BEADS** 751-853 G OR **CASCADE TUBS** 51/67/80'S
SELECTED VARIETIES
21993670_EA
21740265_EA

$6
CALEDON FARMS BEEF LIVER BITES DOG TREATS
150 G
20550003_EA

Optimum™ **$5.50** Get 500 pts

DOVE BAR SOAP 3X106 G, **BODY WASH** 325 ML, **BASE DEODORANT** 45/74 G, **SHAMPOO/CONDITIONER** 355 ML OR **STYLING** 142-198 G/195 ML
SELECTED VARIETIES
20302753001_EA
20551359_EA
LIMIT 4 AFTER LIMIT 5.99 EA.

$20
ARM & HAMMER CAT LITTER
SELECTED VARIETIES
6.35-12.7 KG
21097017_EA

90¢
PURINA FANCY FEAST CAT FOOD 85 G OR **FRISKIES CAT FOOD** 156 G
SELECTED VARIETIES
20302296001_EA
20316703_EA

$11
PC® LIGHTWEIGHT CLUMPING CAT LITTER
SELECTED VARIETIES
3.86 KG
21645146_EA

NOVEMBER HIT OF THE MONTH — LOWEST PRICES. BEST DEALS.

Prices effective November 1 - 30, 2026
As compared to other major grocery retailers within your local areas. While quantities last. See in-store for details.

LIMIT 6 AFTER LIMIT $3 EA.
CHRISTIE KIDS COOKIES
SELECTED VARIETIES
144-200 G
21585019_EA/21585047_EA
$1.88

LIMIT 6 AFTER LIMIT 3.50 EA.
PILLSBURY PIZZA POPS
SELECTED VARIETIES, FROZEN
380 G
21435996_EA
21436023_EA
$2.50

LIMIT 6 AFTER LIMIT $4 EA.
COOK'S BONELESS HAM STEAK
227 G
21769703_EA
$3

LIMIT 6 AFTER LIMIT $6.99 EA.
FRUIT OF THE LOOM SOCKS
3'S
21752112_EA
21752111_EA
$5

LSL4_rad02/11/26_ON

Loblaws **CUSTOMER RELATIONS 1-800-296-2332 VISIT loblaws.ca FOR STORE HOURS.** Loblawson Loblawson

Please call Customer Relations at 1-800-296-2332 or visit our website at loblaws.ca for your store's hours and to see which Loblaws* locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** */™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See loblaws.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **‡PRICE DROP Offer:** Valid in-store at participating locations from November 5–December 2, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

PEFC PEFC/01-31-106 PEFC Certified www.pefc.org

FRESH PROMISE

freshness you can taste

If it's not fresh, it's free.*

*Fresh Promise: Applicable to eligible fresh produce items purchased at Loblaws store locations or online at loblaws.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Loblaws store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

$4

BLUEBERRIES
PRODUCT OF PERU OR
RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
HALF PINT
20152465001_EA
20128938001_EA



$5

FARMER'S MARKET™ LEMONS OR SWEET DARLING CLEMENTINES
PRODUCT OF SOUTH AFRICA
2 LB BAG
20795315001_EA
21506862001_EA



$6

FARMER'S MARKET™ ENGLISH CUCUMBERS
3'S PRODUCT OF ONTARIO
OR **FRENCH BEANS**
400 G PRODUCT OF MEXICO
20828461001_EA
20889720_EA



$2

BROCCOLI CROWN,
PRODUCT OF U.S.A OR MEXICO
EACH
21121560001_EA



$5

LARGE CROWNLESS PINEAPPLE
PRODUCT OF COSTA RICA OR
SUNGOLD KIWI 1 LB
PRODUCT OF NEW ZEALAND
20119813001_EA
20985015001_EA



5.50

FARMER'S MARKET™ GALA OR MCINTOSH APPLES
PRODUCT OF ONTARIO,
FANCY GRADE
4 LB
20713211001_EA
20767998001_EA



Optimum

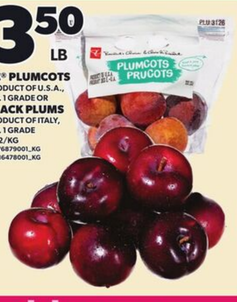
$5 Get 1,000 pts $1 back in points

LITTLE POTATO COMPANY ASSORTED POTATO KITS
PRODUCT OF CANADA, CANADA NO. 1 GRADE
454 G
21391616_EA
21397958_EA



3.50 LB

PC® PLUMCOTS
PRODUCT OF U.S.A., NO. 1 GRADE OR
BLACK PLUMS
PRODUCT OF ITALY, NO. 1 GRADE
7.72/KG
20176879001_KG
20316478001_KG



SAVE 39%

$1

RED MANGO
PRODUCT OF BRAZIL
EACH
20059635001EA



$11-13

LARGE SALADS
SELECTED VARIETIES
448-629 G
21363221_EA
21363212_EA



bouquets, bunches and blooms

$11

BOXED AMARYLLIS
ASSORTED VARIETIES
21752630_EA



$17 NEW

DOZEN ROSES
ASSORTED COLOURS
40 CM
21771803_EA



$30

DOZEN ECUADORIAN ROSES
50 CM
21771285_EA
21778268_EA



feeling protein power-fuel

8.50

GRASS FED MEDIUM GROUND BEEF
450 G
21615908_EA



$12 PREPARED IN CANADA

PC® SEASONED PORK LOIN ROAST
SELECTED VARIETIES
730 G
21601782_EA
21602324_EA



$9 CANADIAN POULTRY

PC® BLUE MENU® GROUND CHICKEN
454 G
21100091_EA



7.50

MAPLE LODGE ULTIMATE CHICKEN SAUSAGES
SELECTED VARIETIES
375-500 G
21539970_EA
21539970_EA



$14

PC® SMOKIES™ SMOKED SAUSAGE
CLUB PACK SELECTED VARIETIES
1 KG
20732535_EA
20733617_EA



$16

ZABIHA HALAL WINGS OR CHICKEN BREAST FILLETS
SELECTED VARIETIES, FROZEN
908 G
20903453_EA
21306301_EA



LSL 2_radd02/11/26_ON

find your catch in seafood

$22

PC® SALMON WELLINGTON 725 G OR
IFC SEAFOOD CANADIAN SNOW CRAB CLUSTERS 500 G
FROZEN
21552109_EA
21615011_EA



$10

PC® JUMBO WILD ARGENTINIAN SHRIMP RAW ZIPPERBACK® 21-30 PER LB
340 G OR
MARINA DEL REY WILD ARGENTINIAN SHRIMP RAW EASY PEEL 20-30 PER LB
300 G
FROZEN
20907159_EA
21332386_EA



SAVE 99¢

$3

SEAQUEST® CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS
SELECTED VARIETIES
READY-TO-EAT
227 G
20699832_EA
20749901_EA



Loblaws

bakery deals rising daily

$3 BAKED IN-STORE

WHITE OR WHOLE WHEAT BREAD
383 G
21374404_EA
21377237_EA



$4 BAKED IN-STORE

DINNER ROLLS
SELECTED VARIETIES
12'S
21392192_EA
21392649_EA



4.50 BAKED IN-STORE

BUTTER CROISSANTS
6'S
21682999_EA



FROM $2

ASSORTED SINGLE SERVE DESSERTS
SELECTED VARIETIES
30-110 G
20752723_EA



$16

6" ELITE SWEETS BACIO CAKE
775 G
2006457_EA



7.50 PREPARED IN CANADA

8 INCH PIES
SELECTED VARIETIES
680-750 G
21297474_EA
21297475_EA



SAVE 98¢ WHEN YOU BUY 2

2/$6
OR $3.49 EA.

PC® OR BLUE MENU® ENGLISH MUFFINS 342 G OR **CRUMPETS** 284 G
SELECTED VARIETIES
20123968_EA
20810728_EA



4.50

SONORA TORTILLAS
SELECTED VARIETIES
252-430 G
21754914_EA
21754932_EA



3.50 PREPARED IN CANADA

HOSTESS SNACK CAKES
SELECTED VARIETIES
202/206 G
21283746_EA
21283752_EA



in the mood for deli-cious

SAVE UP TO 37%

$8

PC® DELI CHEESE BLOCKS
SELECTED VARIETIES OR **PC® SPLENDIDO® GRANA PADANO CHEESE**
PRODUCT OF ITALY
250 G
20770652_EA
21031031_EA



Optimum

$8 Get 2,000 pts $2 back in points

SAPUTO RICOTTA
SELECTED VARIETIES
500 G
20573931_EA



$4 /100 G

JARLSBERG CHEESE
INSTORE DELI CUT
21388103_KG



SAVE $1.49

PREPARED IN CANADA

$8

PILLER'S KOLBASSA
SELECTED VARIETIES
250-375 G
20308469_EA
21400151_EA



Optimum

Member Price $5 | Non-Member Price $6 | Members save $1

SNACK FACTORY PRETZEL CRISPS 200 G OR **PC HUMMUS** 454 G
SELECTED VARIETIES
20584098_EA
21676303_EA



Optimum

Member Price $6 | Non-Member Price $8 | Members save $2

LESLEY STOWE'S RAINCOAST CRISPS 150 G OR **WILDLY DELICIOUS JELLY** 185 ML
SELECTED VARIETIES
21025538_EA
21030996_EA



PREPARED IN CANADA

on the run, we got you

$5

ZIGGY'S® FRESH PASTA TWIN PACKS
SELECTED VARIETIES
600 G
21522093_EA
21522104_EA



SAVE $3

2/$20
OR $13 EA.

SPICE IT UP ENTRÉES
SELECTED VARIETIES
800 G
21751972_EA
21751981_EA



$16

IN-STORE PREPARED FAJITA OR GYRO ONE PAN TACO TRAY
685/715 G
21778426_EA
21778425_EA



Order in-store or online today.

Please place your orders at the Meals To Go department 48 hours in advance.

party platters

Discover our selection of freshly prepared platters for your next occasion.

FROM $20 serves 8-10



LSL 3_rad02/11/26_ON

power up on protein

7.25

PREPARED IN CANADA

IÖGO YOGURT 16X100 G/1.6 KG OR **SIGGI'S SKYR YOGURT** 650/750 G
SELECTED VARIETIES
20609583001_EA
21353892_EA



$5

AMOOZA! CHEESE TWISTS OR STICKS 228 G **OR ARMSTRONG CHEESE STICKS** 210 G
SELECTED VARIETIES
21403134_EA
21694973_EA



4.50

SONORA TORTILLAS
SELECTED VARIETIES
252-430 G
21754914_EA
21754932_EA



$6

MAPLE LEAF NATURAL SELECTIONS SLICED MEATS 175 G OR **SCHNEIDERS SLICED MEATS** 150/175 G
SELECTED VARIETIES
20065285_EA
20982322_EA



6.50

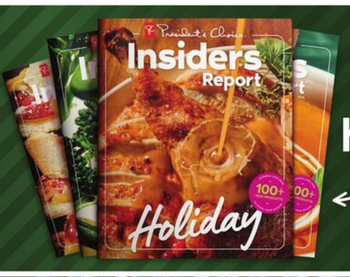
RIO MARE TUNA
SELECTED VARIETIES
195-240 G
20035383_EA
20865062_EA



ONT FLAP PRO

Insiders Report

Everything PC® for holiday moments



It's here!

Soup season goes slow simmered

7.50

HOMEMADE TASTE, HEAT & EAT WITH EASE

PC® SOUP
SELECTED VARIETIES
700 ML
21736392_EA



PC® Tomato Basil Bisque
700 ML
21736402_EA

PC® Thai Chicken
700 ML
21736392_EA

PC® Loaded Baked Potato
700 ML
21736353_EA



$6 PREPARED IN CANADA

PC® PROTEIN MUFFINS
SELECTED VARIETIES
4'S
21739320_EA
21739396_EA

App exclusive offer* Optimum
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

$6 Get 1,500 pts $1.50 back in points

PC® CHOPPED SALAD KITS
SELECTED VARIETIES, PRODUCT OF U.S.A.
282-369 G
21729493_EA
21378122_EA



New!

$6 New!

PC® MINI SEEDLESS PEPPERS
PRODUCT OF CANADA
454 G
21739498001_EA



3.50 Must Try!

PC® BLUE MENU® COTTAGE CHEESE DIPS
200 G
21742273_EA
21742229_EA



$2 New!

PC® MILK OR DARK CHOCOLATE ALMONDS
70 G
21735107_EA
21735161_EA



$7 New!

PC® PANINO ANTIPASTO-GO ROLLS
SELECTED VARIETIES
140 G
21732429_EA
21732546_EA



6.50 New!

PC® LACTOSE FREE MOZZARELLA BLOCK
SELECTED VARIETIES
400 G
21737935_EA



App exclusive offer* Optimum
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

$10 Get 2,000 pts $2 back in points

PC® BEEF WELLIE BITES
FROZEN
288 G
21742754_EA



Must Try!

$7 New!

PC® MOZZA AND PESTO BOMBAS
FROZEN
240 G
21742930_EA



$10 Must Try!

PC® THE CHIP SHOP FISH & CHIPS STACKS
270 G
21735591_EA



$11 New!

PC® ORANGE CHICKEN
FROZEN
850 G
21735868_EA



App exclusive offer* Optimum
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

$4.50 Get 1,000 pts $1 back in points

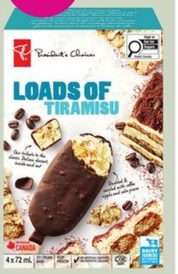
PC® BLACK LABEL EGGNOG ICE CREAM
FROZEN
500 ML
21734458_EA



Must Try!

$5 New!

PC® LOADS OF TIRAMISU ICE CREAM BARS
SELECTED VARIETIES
FROZEN
4'S
21734649_EA



$15 New!

PC® MILK CHOCOLATE SPHERES BOX
600 G
21742055_EA



$4 Must Try!

PC® READY TO EAT POPCORN
SELECTED VARIETIES
220/250 G
21287661_EA
21755148_EA



1.50 New!

PC® SHIRLEY TEMPLE FLAVOURED SODA
2 L
21741011_EA



Optimum

Member Price $4.75 Non-Member Price $5.75 Members save $1

PC® BLUE MENU® RASPBERRY HIBISCUS SPARKLING WATER
12X355 ML
21717425_C12



New!

no name®

bake more. spend less.

APP EXCLUSIVE OFFER
For every $12 spent get 2,000 pts = $2 back in points
Optimum
on no name® baking products
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

4.50
NO NAME® ALL-VEGETABLE SHORTENING OR LARD
SELECTED VARIETIES
454 G
20120854_EA
20129484_EA

$5
NO NAME® PIE FILLING 540 ML **OR PURE PUMPKIN** 796 ML
SELECTED VARIETIES
21662314_EA
21667990_EA

3.50
NO NAME® SPICES OR SEASONINGS
SELECTED VARIETIES
5.5-250 G
20617758_EA
20618677_EA

2/$7
OR $4.29 EA.
NO NAME® MARSHMALLOWS
SELECTED VARIETIES
400 G
20304672002_EA
20311578001_EA

4.50
NO NAME® ALMONDS, PECANS, WALNUTS OR CASHEWS
SELECTED VARIETIES
100 G
20127455001_EA
20171622_EA

$4
NO NAME® GRAHAM CRUMBS
SELECTED VARIETIES
400 G
20323233_EA

4.50
NO NAME® COCONUT
SELECTED VARIETIES
400 G
20127930_EA

4.50
NO NAME® BAKING POWDER 450 G **OR CORN STARCH** 454 G
SELECTED VARIETIES
20163323_EA
21020366_EA

more baking essentials...

2/$5
OR $2.99 EA.
BETTY CROCKER FROSTINGS
SELECTED VARIETIES
20562641005_EA
20562641007_EA

3.50
LANTIC SUGAR
SELECTED VARIETIES
1 KG
20016320_EA
20169394_EA

2/$5
OR $2.99 EA.
DR. OETKER MOUSSE OR SHIRRIFF PIE FILLING DESSERT MIX
SELECTED VARIETIES
28-164 G
20305289_EA
21615185_EA

$4
DR. OETKER SHIRRIFF PIE LEMON FILLING
SELECTED VARIETIES
328 G
21615211_EA

$7
BAKER'S CHOCOLATE SQUARES
SELECTED VARIETIES
170/225 G
20316019001_EA
20316019002_EA

6.50
QUAKER MUFFIN OR COOKIE MIXES
SELECTED VARIETIES
750-900 G
20310064001_EA
21611830_EA

$6
PC® THE DECADENT® CHOCOLATE CHIPS
SELECTED VARIETIES
226/300 G
20019473_EA
20430272_EA

4.50
CRISCO SHORTENING
SELECTED VARIETIES
454 G
21475300_EA

5.50
TENDERFLAKE PASTRY OR PIE SHELLS
SELECTED VARIETIES
FROZEN
255-397 G
20303840001_EA
20303840003_EA

5.75
BURNBRAE FARMS NATUREGG NEST LAID LARGE EGGS
SELECTED VARIETIES
12'S
20816075001_EA

$5
PC® PURE VANILLA EXTRACT
46 ML
21517817_EA

$6
PC® BUTTER PUFF OR PHYLLO PASTRY
FROZEN
450/454 G
21288850_EA
21288853_EA

5.50
COOL WHIP DESSERT TOPPING
SELECTED VARIETIES
FROZEN
1 L
20030369001_EA
20030369002_EA

$7
PC® BUTTER QUARTERS
SELECTED VARIETIES
454 G
20313456001_EA
20313456002_EA

6.50
PAM COOKING SPRAY
SELECTED VARIETIES
141/170 G
20135275001_EA
21626407_EA

your one-stop grocery shop

3/9.99
OR
$4.99 EA.
KELLOGG'S NUTRI-GRAIN BARS 295 G, **POP TARTS** 384 G, **RICE KRISPIES BARS** 176 G OR **SPECIAL K BARS** 125 G
SELECTED VARIETIES
20319840003_EA
21290059_EA



$13
KICKING HORSE COFFEE PODS 10'S OR **MCCAFÉ GROUND COFFEE** 290/300 G
SELECTED VARIETIES
21628567_EA
21721861_EA



$5
AMOOZA! CHEESE TWISTS OR STICKS 228 G **OR ARMSTRONG CHEESE STICKS** 210 G
SELECTED VARIETIES
21403354_EA
21694973_EA



Optimum

$5 Get 1,000 pts **$1** back in points
MINUTE MAID ZERO SUGAR DRINKS OR SIMPLY LEMONADE OR DRINKS
SELECTED VARIETIES
1.54 ML
21434119_EA
21592206_EA



$25
NO NAME® OLIVE OIL CLUB PACK
3 L
20141395_EA



5.50
HELLMANN'S MAYONNAISE, MAYONNAISE-STYLE DRESSING OR DIPS 340/445 ML OR **THE KEG SALAD DRESSING** 475 ML
SELECTED VARIETIES
21707039_EA/21734594_EA/21734594_EA



SAVE $1 WHEN YOU BUY 2
2/$5
OR
$3 EA.
UNICO PASTA 700/750 G **OR PASTA SAUCE** 680 ML
SELECTED VARIETIES
20326537001_EA
20794827_EA



SAVE 87¢ WHEN YOU BUY 3
3/$3
OR
$1.29 EA.
OLD EL PASO SEASONING MIX
SELECTED VARIETIES
24 G
21049482_EA
21049495_EA



$1
NO NAME® GRAVY MIX
SELECTED VARIETIES
25 G
21687251_EA
21687380_EA



2.50
AYLMER TOMATOES 796 ML **OR CAMPBELL'S READY TO SERVE SOUP** 510/515 ML
SELECTED VARIETIES
21206804_EA
21479030_EA



$2
ST-HUBERT SAUCES
SELECTED VARIETIES
398 ML
20322135001_EA
20322135003_EA



$12
TOBLERONE BARS 340/360 G, **TOBLERONE TRUFFLES** 180 G OR **IMPRESS BOX** 200 G
SELECTED VARIETIES
20986964_EA
21746728_EA



$7
P.F. CHANG'S OR MARIGOLD ENTRÉES
SELECTED VARIETIES, FROZEN
312/354 G
21688801_EA
21763889_EA



$8
DR. OETKER GIUSEPPE PIZZERIA STUFFED CRUST 685-724 G OR **SUPREMA** 475-525 G **PIZZA**
SELECTED VARIETIES FROZEN
21555844_EA/21649640_EA



SAVE UP TO 99¢
$10
CAVENDISH FRIES, ONION RINGS, WEDGES, OR HASHBROWNS
SELECTED VARIETIES FROZEN
20939547_EA/21449731_EA



5.44
BEN & JERRY'S OR TALENTI 473 ML **OR MAGNUM BARS** 3/4'S
SELECTED VARIETIES
FROZEN
20950739_EA
21428403_EA



4.99
IÖGO FROZEN YOGURT 946 ML OR **BARS** 4/8'S
SELECTED VARIETIES
FROZEN
21650572_EA
21654551_EA



Optimum

$17 Get 2,000 pts **$2** back in points
PC® FROZEN FRUIT
CLUB SIZE, SELECTED VARIETIES
1.5/2 KG
21099410_EA
21380700_EA



2/$10
OR
$6.29 EA.
LINDT EXCELLENCE CHOCOLATE BARS 80-200 G **OR GHIRARDELLI CHOCOLATE BARS** 138 G
SELECTED VARIETIES
20312527001_EA
20312527005_EA



SAVE $1.98 WHEN YOU BUY 2
2/$14
OR
$7.99 EA.
DR PEPPER OR PEPSI SOFT DRINKS
SELECTED VARIETIES
6X710 ML
20310546002_C06
20310546005_C06



4.50
MOTT'S CLAMATO COCKTAIL
SELECTED VARIETIES
1.89 L
20318955002_EA
20318955003_EA

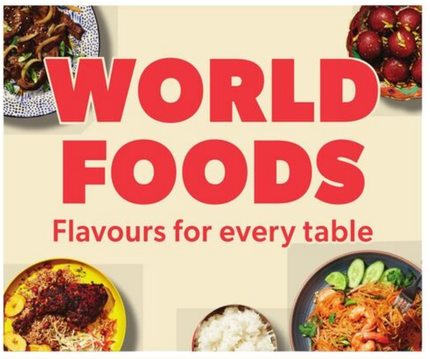


$15
COTTONELLE BATHROOM TISSUE 12=48 ROLLS OR **FLUSHABLE WIPES** 4'S
SELECTED VARIETIES
21665900_EA
21477027_EA



$10
ROYALE BATHROOM TISSUE 12 DOUBLE ROLLS, **TIGER TOWELS PAPER TOWELS** 3=6 ROLLS OR **FACIAL TISSUE** 6'S
SELECTED VARIETIES
21363770_EA/21484702_EA/21618478_EA



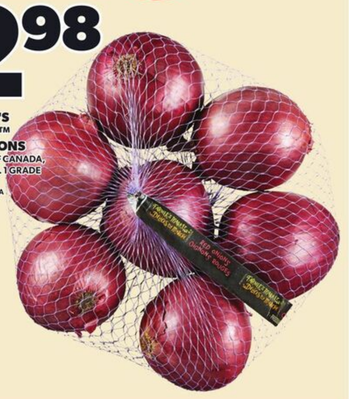


SAVE 33%

PRODUCT OF CANADA

2.98

FARMER'S MARKET™ RED ONIONS
PRODUCT OF CANADA, CANADA NO. 1 GRADE
3 LB
20811362001_EA



SAVE 33%

$2

POMEGRANATE
PRODUCT OF PERU
EACH
20134767001_EA



2.50 LB

GINGER ROOT
PRODUCT OF CHINA
5.51/KG
20179038001_KG



SAVE 44¢/LB

1.25 LB

PLANTAINS
PRODUCT OF COSTA RICA, COLUMBIA, HONDURAS OR GUATAMALA
2.76/KG
20111926001_KG



ONT FLAP MCM PRD

Happy Diwali

Share the joy of being together with a taste of home.

4.50 LB

OKRA
PRODUCT OF U.S.A. OR HONDURAS OR NICARAGUA
9.92/KG
20091263001_KG



2.50

CURRY LEAF
PRODUCT OF U.S.A.
20866958001_EA



1.50

CILANTRO
BUNCH
PRODUCT OF CANADA, MEXICO OR U.S.A.
21238843001_EA



5.88

GARLIC
PRODUCT OF CHINA
1 KG BAG
21238843001_EA



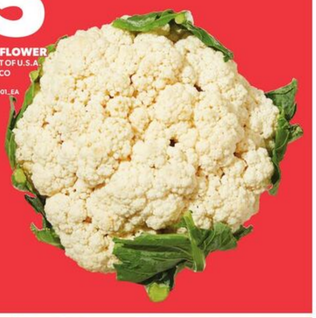
$3 LB

EGGPLANT
PRODUCT OF U.S.A.
6.61/KG
20155709001_KG



$5

CAULIFLOWER
PRODUCT OF U.S.A. OR MEXICO
EACH
20135377001_EA



$4

KFI COOKING SAUCES
SELECTED VARIETIES
375/395 ML
20419490001_EA
20419490003_EA



3.49

PRAN SAMOSAS OR SPRING ROLLS
SELECTED VARIETIES FROZEN
400 G
21054844_EA



4/$6

OR $1.99 EA.

HALDIRAM SNACKS
SELECTED VARIETIES
90-150 G
20309977_EA
20314667007_EA



$6

SHER BESAN FLOUR
1.81 KG
20869922_EA



1.50

MAGGI MASALA NOODLES
280 G
20870359_EA



$10

BROOKE BOND RED LABEL TEA
900 G
21017684_EA



$2

BRITANNIA GOOD DAY OR FIFTY FIFTY COOKIES
SELECTED VARIETIES
231/372 G
21023105_EA
21205822_EA



$2

RUBICON JUICE DRINK
SELECTED VARIETIES
1 L/43X200 ML
20029236001_EA
20296770001_EA



Optimum The Membership that Makes More Possible

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

For every $20 spent get 4,000 pts $4 back in points on Suraj, Brars, and Nanak

$5

SURAJ® DRY BEANS
SELECTED VARIETIES
1.8/1.81 KG
20558755_EA
20558756_EA



$5

SURAJ® NAAN FLATBREADS
SELECTED VARIETIES
10'S
20342261_EA
20343319_EA



4.99

NANAK PANEER
SELECTED VARIETIES
341 G
21286158_EA



$14

BRAR'S DESI GHEE COOKING OIL
800 G
20869886_EA



for your baby

Optimum

Member Price $2 | Non-Member Price $2.99 | Members save 99¢

PC® 1X BABY WIPES
SELECTED VARIETIES
100'S
21540721_EA
21550951_EA



2/$6
OR
$3.99 EA.
GERBER PUFFS OR LIL' CRUNCHIES
SELECTED VARIETIES
42 G
20304618002_EA
20305738001_EA



8+ MONTHS

$37 LIMIT 4 AFTER LIMIT 42.99 EA.
ENFAGROW A+ NUTRITIONAL SUPPLEMENT POWDER 1-5 YEARS
SELECTED VARIETIES
907 G
21694898_EA
21694972_EA



$28 LIMIT 4 AFTER LIMIT 32.99 EA.
HUGGIES SUPER BIG PACK DIAPERS
SELECTED VARIETIES
SIZE N-7, 36-104'S
21172501_EA
21664356_EA



$35 LIMIT 6 AFTER LIMIT 39.99 EA.
PAMPERS ECONO PACK DIAPERS
SELECTED VARIETIES
SIZE N-8, 58-200'S
21551567_EA
21692756_EA



$53
SIMILAC POWDER
837-859 G OR
READY TO FEED BABY FORMULA
16X235 ML
SELECTED VARIETIES
21334752_C01
21437126_EA



live well, spend less

SAVE UP TO **20%**
NATURE'S BOUNTY VITAMINS OR NATURAL HEALTH PRODUCTS
SELECTED VARIETIES
30-500'S
21086233_EA
21180320_EA



SAVE UP TO **20%**
CENTRUM MULTIVITAMINS, CALTRATE BONE HEALTH SUPPLEMENTS OR EMERGEN-C VITAMINS
SELECTED VARIETIES AND SIZES
20997357_EA/21235793_EA



12.50 LIMIT 4 AFTER LIMIT 13.99 EA.
PREMIER READY TO DRINK PROTEIN SHAKES
SELECTED VARIETIES AND SIZES
21031108_EA/21031114_EA



$16 LIMIT 4 AFTER LIMIT 16.49 EA.
ASPIRIN 100/120'S, **ALEVE** 40-100'S, **ALEVE-X** 72 G, **TYLENOL** 72-150'S, **MOTRIN** 60/150'S OR **ADVIL** 40-72'S **PAIN RELIEF TABLETS, CAPLETS, GELS OR RUB**
SELECTED VARIETIES
20077169001_EA
20328051_EA



SAVE UP TO **15%**
VICKS DAYQUIL/NYQUIL X-LARGE 16-48'S OR 2X236 ML-2X354 ML OR **VICKS MEDIUM SIZE** 8-24'S OR 91-354 ML
SELECTED VARIETIES AND SIZES
21311621_EA/21441185_EA



SAVE UP TO **20%**
ADVIL COLD & SINUS MID-SIZES 32-40'S OR **BUCKLEY'S COMPLETE VALUE** 40-48'S **CAPLETS OR SYRUP** 250 ML
SELECTED VARIETIES
20601168_EA/20313548001_EA



SAVE UP TO **20%**
RESTORALAX POWDER 119-765 G OR **FIBRE GUMMIES** 30-140'S
SELECTED VARIETIES
20159213_EA
21380900_EA



12.50 LIMIT 4 AFTER LIMIT 15.99 EA.
PURE PROTEIN BARS
SELECTED VARIETIES AND SIZES
20539046_EA
20856450_EA



19.50 LIMIT 4 AFTER LIMIT 21.99 EA.
DEPENDS OR POISE PADS AND UNDERWEAR
SELECTED VARIETIES AND SIZES
21126314_EA
21302165_EA



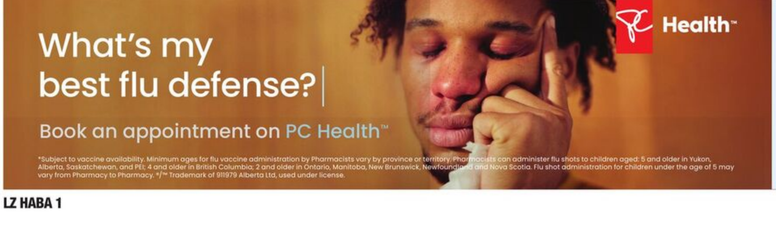
12.50 LIMIT 4 AFTER LIMIT 13.99 EA.
U BY KOTEX LINERS 93-162'S, **PADS** 28-60'S, OR **TAMPONS** 45'S,
SELECTED VARIETIES
21719650_EA
21719906_EA



Optimum

$20 | Get 2,000 pts | $2 back in points | LIMIT 4 AFTER LIMIT 22.99 EA.
ALWAYS DISCREET UNDERWEAR OR PADS
SELECTED VARIETIES AND SIZES
21668911_EA
21671614_EA





Loblaw pharmacy

live well, spend less

$8 LIMIT 4 AFTER LIMIT 10.49 EA.

EVERY MAN JACK DEODORANT 73-88 G OR **BODY WASH** 500 ML
SELECTED VARIETIES
20987291_EA/21476745_EA



SAVE UP TO 20%

OLAY BODY WASH 364-1035 ML, **BAR SOAP** 4/8X90 G OR **SECRET DEODORANT** 73-116 G
SELECTED VARIETIES
21077613_EA
21704913_EA



Optimum

Member Price SAVE UP TO **25%**

SOFTSOAP LIQUID HAND SOAP REFILL
SELECTED VARIETIES
1.47 L
8.49
21715457_EA
21715576_EA



$10 LIMIT 4 AFTER LIMIT 11.99 EA.

COLGATE MULTIPACK TOOTHPASTE, 3X90/120/150 ML OR **PREMIUM TOOTHBRUSH** 2'S
SELECTED VARIETIES
21166655_EA
21432802_EA



Optimum

$4 Get 2,000 pts When you buy 2 **$2** back in points

SENSODYNE OR PRONAMEL BASE TOOTHPASTE
SELECTED VARIETIES
75/100 ML
20301179003_EA
21658943_EA



6.50 LIMIT 4 AFTER LIMIT 8.49 EA.

LISTERINE CLASSIC 1 L OR **KIDS** 500 ML **MOUTHWASH**
SELECTED VARIETIES
20348439001_EA
21356391_EA



$10 LIMIT 4 AFTER LIMIT 14.49 EA.

SCHICK INTUITION, HYDRO OR XTREME DISPOSABLE RAZORS
SELECTED VARIETIES
1-8'S
20322736004_EA
21086186_EA



$8 LIMIT 4 AFTER LIMIT 9.49 EA.

OLD SPICE 73-144 G, **SECRET** 68-116 G OR **GILLETTE DEODORANT** 108 G
SELECTED VARIETIES
21079314_EA



$8 LIMIT 4 AFTER LIMIT 9.99 EA.

IVORY BODY WASH
SELECTED VARIETIES
1.035 L
21432530_EA
21432595_EA



$4 LIMIT 4 AFTER LIMIT 5.99 EA.

GARNIER FRUCTIS SHAMPOO OR CONDITIONER
SELECTED VARIETIES
334-384 ML
21007198_EA,
21007245_EA



$6 LIMIT 4 AFTER LIMIT 8.49 EA.

DOVE SHAMPOO OR CONDITIONER 355 ML, **HAIRSPRAY OR DRY SHAMPOO** 195-273 ML, 142-198 G
SELECTED VARIETIES AND SIZES
21644891_EA
21703996_EA



$7 LIMIT 4 AFTER LIMIT 8.49 EA.

GARNIER BELLE COLOR HAIR COLOUR
SELECTED VARIETIES
20317076001_EA
20317076005_EA



SAVE UP TO 20%

MARC ANTHONY OR CAKE BEAUTY HAIRCARE
SELECTED VARIETIES AND SIZES
20326475002_EA
21225013_EA



SAVE UP TO 20%

EUCERIN OR AQUAPHOR BODY CARE PRODUCTS
SELECTED VARIETIES AND SIZES
20694196_EA



SAVE UP TO 15%

OLAY FACECARE PRODUCTS
SELECTED VARIETIES AND SIZES
21236887_EA



for your home

SAVE UP TO
25%
EVERYDAY ESSENTIALS™ JACQUARD FAUX FUR THROWS
SELECTED VARIETIES
21760905_EA
21760906_EA



BUY ONE (1) GET ONE (1) 50% OFF
LIFE AT HOME™ ASSORTED CANDLES
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
$10-19
21217230 31_EA
21723081_EA



FROM
$8
EVERYDAY ESSENTIALS™ METAL BAKEWARE
SELECTED VARIETIES
$8-19
20797353_EA
21485407_EA



FROM
$9
EVERYDAY ESSENTIALS™ COOKWARE
SELECTED VARIETIES
$9-60
21345662_EA
21345884_EA



SAVE UP TO
20%
FOOD SAVER VACUUM SEALER OR ROLLS
2'S
21633826_EA



$2
EVERYDAY ESSENTIALS™ GLASSWARE
SELECTED VARIETIES
20659240_EA
20659443_EA



SAVE UP TO
15%
EVERYDAY ESSENTIALS™ KNIVES AND CUTTING BOARDS
SELECTED VARIETIES
21576369_EA/21705809_EA



FROM
$18
EVERYDAY ESSENTIALS™ KITCHEN APPLIANCES
$18-99
21701385_EA/21701471_EA





SAVE UP TO
25%
SISTEMA FOOD STORAGE CONTAINERS
SELECTED VARIETIES
20976655_EA
21073027_EA



$10 LIMIT 4 AFTER LIMIT $15 EA.
PC® PORTION PREPPER MEAL PREP CUBES
SELECTED VARIETIES
21638598_EA/21638599_EA



Optimum
Member Price $20 Non-Member Price $26 Members save $6
DURACELL BATTERIES
AA24/AAA16/9V4, SELECTED VARIETIES
CUSTOMER IS RESPONSIBLE FOR THE PAYMENT OF ANY APPLICABLE MUNICIPAL AND/OR PROVINCIAL DEPOSIT OF PRODUCT/ PACKAGING RECYCLING FEE THAT MAY APPLY.
21694795_EA
21697059_EA



Optimum
Member Price $24 Non-Member Price $29 Members save $5
LIFE AT HOME™ ILLUMINATED INFLATABLES
SELECTED VARIETIES
3.5 FT.
21660033_EA



$5
PRESTONE WINDSHIELD WASHER FLUID DE-ICER
-40°C, 3.78 L
21694187_EA



5.50
EVERYDAY ESSENTIALS™ PERCALE PILLOWCASES
SELECTED VARIETIES
2'S
21588808_EA
21615517_EA



Optimum
Member Price $119 Non-Member Price $179 Members save $60
LIFE AT HOME™ 6.5' LED COLOUR CHANGING WILLISTON PINE TREE
DIAMETER: 41"
TIPS: 754
LIGHTS: 280
21718106_EA



BUY ONE (1) GET ONE (1) 50% OFF
LIFE AT HOME™ INDOOR OR OUTDOOR STRING LIGHTS
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
$4-39
21293226_EA/21587393_EA



BUY ONE (1) GET ONE (1) 50% OFF
LIFE AT HOME™ OPENSTOCK OR MONOGRAM ORNAMANETS
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
$7
21660036_EA
21660076_EA
21726275_EA



SAVE UP TO
25%
LIFE AT HOME™ TABLE TOP DECOR
SELECTED VARIETIES
21663596_EA
21723869_EA



Optimum
Member Price $49 Non-Member Price $69 Members save $20
LIFE AT HOME™ 4' PORCH TREES
SELECTED VARIETIES
21717436_EA
21717949_EA



Optimum
Member Price $29 Non-Member Price $39 Members save $10
LIFE AT HOME™ WREATHS
SELECTED VARIETIES
21735891_EA
21735892_EA

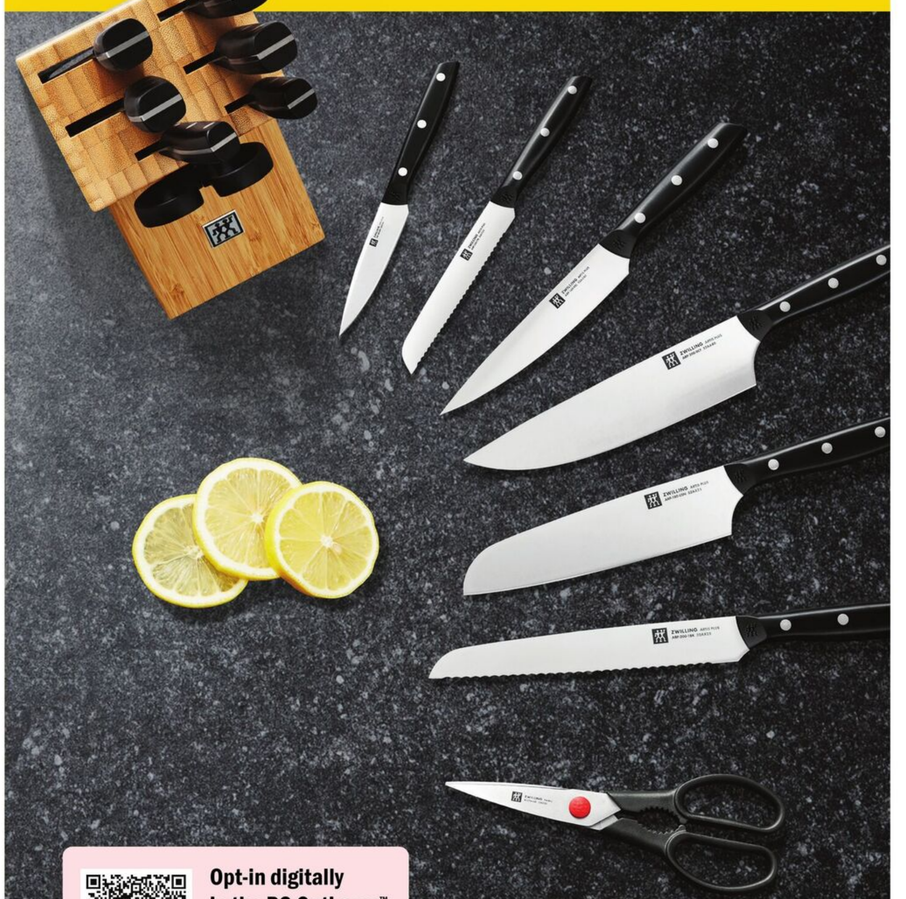


ZWILLING

COLLECT & SAVE!

**Get one stamp for every $20* spent.
Collect 20 stamps and get 60%–85% off
one high-quality item from the
ZWILLING knife collection.**

**SAVE
60-85%*
OFF EACH**



**Opt-in digitally
in the PC Optimum™
App and get
8 bonus stamps***

*Offer available at participating Loblaw banner stores and online (excluding Shoppers Drug Mart® online) from September 24, 2026, while supplies last. Receive 1 stamp for every $20 spent before taxes until January 13, 2027. Collect and redeem 20 stamps to receive 60%–85% off one eligible ZWILLING knife. PC Optimum™ members who opt in through the PC Optimum™ app may receive 8 bonus stamps (limit 1 per household). Conditions, exclusions, redemption deadlines, and item availability apply. Visit pcoptimum.ca/collectandsave for full offer details.

MKT ONLINE STP

JOE FRESH

Free Tote

When you spend $65 or more on apparel*

While Quantities Last
November 5 - 11

* Visit www.joefresh.com/offerdetails for full details





Toddler Girls' Hello Kitty® Festive Sweatshirt $19



Kid Boys' LEGO® Santa Long Sleeve Top $19



Men's ELF Graphic Sweater $39



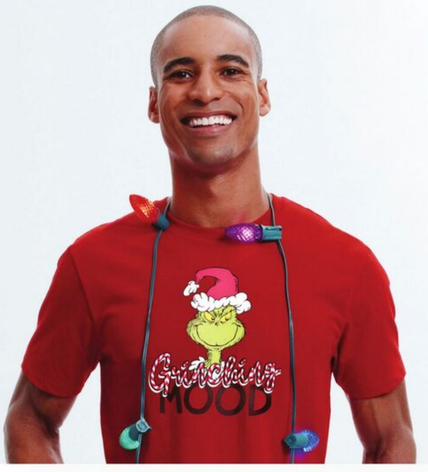
Women's Peanuts Snoopy Sweatshirt $39

NOW $19

Select Graphic Tees*

Reg. $25

November 5 – 11





New Lower Price! $29

Cotton Cashmere Blend Sweaters



20% Off

Children's Underwear, Socks & Hosiery*

Select Styles | November 5 – 11

MKT GM 2

Ben's Original



Perfect Every Time™

MAKE EFFORTLESS MEALS IN MINUTES



BEN'S ORIGINAL™ BISTRO EXPRESS™
selected varieties
240/250 g
21405476_EA

3/$10.50 OR $3.99 EA.



BEN'S ORIGINAL™ Street Food Noodle
selected varieties
250 g
21719340_EA

2/$9 OR $5.79 EA.



BEN'S ORIGINAL™ Cups
selected varieties
62/68 g
21680683_EA

3/$7.50 OR $2.99 EA.



BEN'S ORIGINAL™ Street Food
selected varieties
255 g
21610756_EA

2/$9 OR $5.79 EA.

HOLIDAY HOSTING, HANDLED.

2/$8 OR $4.79 EA. VH® Sauces
selected varieties
341-355 mL
20308726001_EA
20984013_EA

2/$8 OR $4.79 EA. P.F. Chang's Home Menu™ Sauces
selected varieties
350 mL
21557144_EA
21557057_EA



TACO BELL — BRING HOME THE BELL



Taco Bell Seasoning
Selected Varieties
28 g
21661785_EA
21661729_EA

3/$4.98 or $2.19 ea.



Taco Bell Sauces
Selected Varieties
207 mL
21661787_EA/21661788_EA

2/$7 or $4.49 ea.



Taco Bell Menu Dinner Kits
Selected Varieties
401 – 642 g
21663420_EA
21663622_EA

$7

Winner Quick Meal Solutions category. Survey of 4,000 people by Kantar.



Taco Bell Taco Dinner Kits
260 – 420 g

Taco Bell Creamy Sauces 354 mL
Selected Varieties
21661774_EA/21663637_EA

2/$10 or $5.99 ea.

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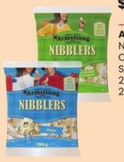
Armstrong

CRAVE IT? BRING IT.



$5
ARMSTRONG
NIBBLERS NATURAL CHEESE SNACKS
SELECTED VARIETIES
200G
21539032_EA

$5
ARMSTRONG
HIGH IN PROTEIN CHEESE STICKS
210 G
21694973_EA





9.50
ARMSTRONG SLICES 500 G
SAPUTO MOZZARELLISSIMA 690/700 G
SELECTED VARIETIES
20759241002_EA

6.75
HELUVA GOOD
FRENCH ONION DIP 680 G
20312788001_EA





$16
SAPUTO
MOZZARELLISSIMA BLOCKS OR SHREDS
1 KG
21541484_EA

*Winner Cheese category. Survey of 4,000 people by Kantor.
** The Canadian Grand Prix New Product Awards are a registered trademark owned by Retail Council of Canada.

KREMA

The rich and creamy yogurt you deserve



$6.50
OLYMPIC
KREMA YOGURT, 650 G
SELECTED VARIETIES
2558572001_EA/2507006_EA

Prepared in Canada

DAIRY FARMERS OF CANADA QUALITY MILK

iÖGO nanö







2/$8 OR $4.99 EA.
iÖGO nanö
DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES
2688040_EA/2688668700_EA

$4.50
iÖGO nanö
YOGURT WITH FLAVOURED PEARLS, 4 X 100 G
SELECTED VARIETIES
2378701_EA/2378704_EA

$4.50
iÖGO nanö
CREAMY YOGURT POUCH, 4 X 90 G
SELECTED VARIETIES
2378706_EA/2378994_EA

PREPARED IN CANADA

CHEF MENU MENU DU CHEF

Marigold™

NEW!

Bring Home the Chef this Diwali

$7 Marigold™
Frozen Entrées
selected varieties
354 g
21763889_EA
21764041_EA



$5 Marigold™
Sauces
selected varieties
400 mL
21778041_EA
21776106_EA

Our butchers cut quality meat in your store every day!



pork loin schnitzel
21588065_EA

medium meatballs
plain
21587896_EA

beef stir fry strips
cut from Canada AA grade beef or USDA select grade beef or higher
21588067_EA

pork stir fry strips
21588095_EA

chicken stir fry strips
21588091_EA

MIX, MATCH & SAVE!

Olivieri

2 FOR $10



Fresh Pasta
selected varieties | 250 - 350 g
20915704_EA/20915838_EA

Skillet Gnocchi
selected varieties | 280 - 350 g
21021520_EA/21022065_EA

FIND US IN FRESH SECTION, BY THE DELI

Limited Edition
GINGER BREAD COLA
CATCH IT WHILE YOU CAN

pepsico



2/$17
OR $8.99 EA.

PEPSICO BEVERAGES
SELECTED VARIETIES 12X355 ML
21779391_C12/21779260_C12

LIMITED TIME ONLY



2/$10
OR $5.49 EA.

PEPSICO BEVERAGES
SELECTED VARIETIES
6X222 ML
20857560004_C06





2/$14
OR $8.29 EA.

bubly™ sparkling water beverage
selected varieties 12x355 mL
21097177_C12/21651534_C12

2/$14
OR $8.29 EA.

MONTELLiER® Carbonated Natural Spring Water
selected varieties 10x355 mL
21096722_C10/21096704_C10



2/$6
OR $3.49 EA.

Alani Nu Energy Drink/ CELSIUS® Energy Drink
selected varieties
355 mL
21781449_EA/21789946_EA

LIMITED TIME ONLY



LIMITED TIME ONLY

$5.99
Pure Leaf iced tea
selected varieties
6x340 mL
21723771_C06/21723712_C06



2/$6.50
OR $4.29 EA.

Starbucks® Frappuccino® Coffee Drink
selected varieties
405 mL
20662689_EA/20660857_EA





Coca-Cola® beverages
selected varieties
12x355 mL
20318694002_C12
2/$17* OR $8.99 EA.

POWERADE® beverages
selected varieties
24x591 mL
21773530_C24
$21.49*

AHA™ SPARKLING WATER beverages
selected varieties
12x355 mL
21240794_C12
2/$14* OR $8.49 EA.

Valid from November 5th to November 11th, 2026.
* Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last.
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Bonne Maman
Quality *ingredients*. Simple *pleasures*.
Discover the flavours of Bonne Maman.

SPEND $10 on Bonne Maman products AND GET 1,500 PC Optimum points

Palm oil free



Bonne Maman Hazelnut and Cocoa Spread
250 g
21520714_EA

Bonne Maman Classic Jams
250 mL
21706416_EA

Bonne Maman More fruit, less sugar Spreads
290 mL
21407990_EA

See variety in store

SAVE ON All Your Favourite Household Brands



$12 **Gain** Detergent 61 LD, **Ivory Snow** Detergent 32 LD, Flings 18/23/31's, Liquid Softener 83/120 LD, Sheets 120/200's, Beads 303/368/379 g, **Downy** Rinse 54 LD
Selected Varieties
21593782_EA/21590106_EA



$15 **Gain** Detergent 100 LD, **Cheer** Detergent 107 LD, **Tide** Detergent 52/64 LD, **Tide** Detergent 107 LD, PODS/Flings 28/48's, Liquid Softener 96/150/190 LD, Sheets 240's, Beads 453/515/680 g, Rinse 70 LD
Selected Varieties
21671138_EA/21671135_EA



4.50 **Febreze** Air 230 g, Car Clip 2 mL, Small Spaces 7.5 mL, **Mr. Clean** Multi-Surface Cleaner 1.2 L or Magic Eraser 2x3s, Selected Varieties
21658300_EA/21700198_EA



$12 **Cascade** Bags 21/26/30's or Complete Gel 2.1/3.4 KG, **Dawn** Dishwashing Liquid 2.01/2.64 L
Selected Varieties
21516288_EA/21430598_EA



$17 **Swiffer** Duster SK, Duster Refills 11/16s, Sweeper SK, Sweeper Wet Refills 38's, Sweeper Dry Refills 48's, WetJet Refills 24's, **Swiffer** Powermop Bundle Pack, Powermop Refills 8's, **Mr. Clean** Erasers 12's
Selected Varieties
20900161_EA/21625187_EA



$18 **Charmin** Bath Tissue 12=48 rolls, Selected Varieties
21707532_EA/21636641_EA



$18 **Bounty** Paper Towel 6=12 Select a Size
21670280_EA



$8 **Bounty** Paper Towel, Select-a-Size, 2=4 Roll
21759599_EA

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