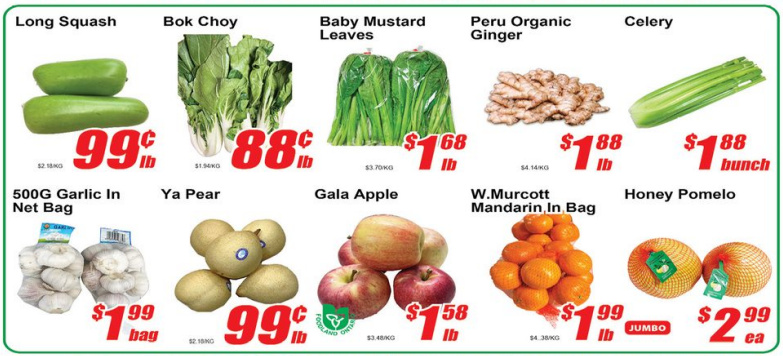
PRODUCE 果菜



Long Squash	Bok Choy	Baby Mustard Leaves	Peru Organic Ginger	Celery
$2.18/KG 99¢ lb	$1.94/KG 88¢ lb	$3.70/KG $1.68 lb	$4.14/KG $1.88 lb	$1.88 bunch
500G Garlic In Net Bag	**Ya Pear**	**Gala Apple**	**W.Murcott Mandarin In Bag**	**Honey Pomelo**
$1.99 bag	$2.18/KG 99¢ lb	$3.48/KG $1.58 lb	$4.38/KG $1.99 lb	JUMBO $2.99 ea

FOOD COURT & BAKERY 美食



Shrimp Dumpling	Fried Rice	D'Italiano Bread 675g	Crispy Tea Rusk 200g	Nerve Food/ Sulphur Bitters 200ml
$3.99 order	$6.99 order	$2.99 ea	2$ for 3.00	$22.99 ea
Sesame Chili Oil Chicken		**Crispy Pani Puri 200g**	**HTB Spice Bun 130g**	**701 Dieda Zhentong Gao**
$12.99 order		$2.99 ea	2$ for 3.00	$23.99 ea
Spicy Salmon	**Fried Spring Roll**	**Crispy Cake Rusk (Original) 550g**	**Santosh Naan 500g**	
$13.99 order	$3.59 order	$3.99 ea	99¢ ea	

HOUSEHOLD

* Check price on store display tags in case of disrepancy due to printing error in the advertisement. Jian Hing Foodmart reserves the right to limit quantities. No raincheck. If any printing error occurs please refer to the instore price tag for correction.



FLYER PRICE EFFECTIVE : Nov 13 (Fri.) 2026 - Nov 19 (Thur.) 2026

Skyflakes Crackers 800g	Unico Tuna 198g	Aashirvaad Atta 20lb	Tetley Tea 300 Tea Bags
$5.99 ea	$1.68 ea	$12.99 ea	$12.99 ea
SH Atlantic Mackerel	**Red Flag Ice Cream Series 75g**	**Oasis Orange Juice 2.5L**	**Frozen White Shrimp Head On**
$10.10/KG $4.59 lb	$2.99 ea	$6.59 ea	$4.68 lb
Fresh Lane Snapper	**Green Bean**	**Lucky 7's Avocado In Bag**	**Boneless Pork Butt**
$11.18/KG $5.99 lb	$5.68/KG $2.58 lb	$2.99 bag	Limit 3pcs $2.39 lb
Boneless Pork Belly	**Pork Spare Rib**	**Beef Butt Shoulder**	**White Cow Feet**
$5.70/KG $2.59 lb	$5.26/KG $2.39 lb	$15.38/KG $6.99 lb	$4.38/KG $1.99 lb

TEL: 416-289-3999 *Mon-Sun: 9:00am-9:50pm* 678 Markham Rd. Scarborough, ON M1H 2A7

GROCERY 雜貨

Tim Hortons Hot Chocolate 500g — $5.59 ea

JYZ Soft Flour Cakes 608g — $3.99 ea

Pearl Jelly 380g — $1.29 ea

Sriracha 714ml — $5.55 ea

Pearl River Bridge Sesame Oil 270ml — $1.99 ea

Lady's Choice Sandwich Spread 470ml — $2.59 ea

Maggi Savor Seasoning Liquid 130ml — $1.99 ea

S&W Spaghetti Sauce 1kg — $2.99 ea

Laura's Buttered Toast 200g — $2.29 ea

Clover Loot Bag 288g — $5.77 ea

St. Mary's Banana Chips 30g — 58¢ ea

Nutrament 325ml — $2.29 ea

Grace Festival Mix 270g — $1.59 ea

Dunya White Corn Meal 10lb — $11.99 ea

Jamaican Pride Browning 148ml — $1.88 ea

Bru Coffee 200g — $6.99 ea

Handi Phool Makhana 400g — $11.99 ea

Haldiram's Bhel Puri 150g — $1.39 ea

Quality Kala Chana 4lb — $3.99 ea

Elephant Basmati Rice 4kg NO.817 — $12.99 ea

WHOLESALE 餐館批發

White Potato 50lb	Onion 50lb	Carrots 50lb	Frozen Chicken Leg Meat 25kg	Pork Intestine 10kg	Extra Large White Egg 180pcs	Buenas Banana Leaves 20x454g	SH Vegetable Spring Rolls 25g x 40pcs	Frozen Basa Fillet 10x2.4lb	TYJ 8.5" Spring Roll Wrap
$23.99 bag	$25.99 bag	$19.99 bag	$210.00 cs	$49.99 cs	$58 cs	$35 cs	$40 cs	$60 cs	$58 cs

FROZEN 急凍

Viva Hot Dog Series 600g — $8.99 ea

Baguio Sweet Tocino 375g — $3.79 ea

SH 3-Way Mixed Vegetables 750g — 2 for $3.50

Frozen Breadnut Katahar 454g — $6.99 ea

Kababayan Squid 400g — $4.99 ea

Talley's Greenshell Mussels 907g — $7.99 ea

Golden Sea Sardine 800g — $3.99 ea

AA-1 Baby Scad 450g — 2 for $5.00

SH White Shrimp 41/50 400g — $4.59 ea

Dawn Plain Paratha 2.4kg — $5.99 ea

Ammachies Grated Coconut 400g — $2.99 ea

Janes Breaded Chicken Cutlettes Series 700g — $6.99 ea

Surasang Cabbage Kimchi 1.2kg — $6.99 ea

I Can't Believe It's Not Butter 400g — 2 for $5.00

MEAT & FISH 肉部&魚部

Frozen BBQ Beef Short Ribs — $5.99 lb

Boneless Chicken Leg Meat — $3.99 lb

Pork Intestine — $2.99 lb

Pork Stomach — $1.99 lb

Goat Skin On — $6.99 lb

Beef Tendon — $5.99 lb

CBC Beef Blade Roll — $7.99 lb

Frozen Young Duck — $19.99 ea

Fresh Yellow Croaker — $1.99 lb ($4.38/KG)

Frozen Fresh Tilapia — $3.59 lb ($7.90/KG)

Live Cat Fish — $4.59 lb ($10.10/KG)

Golden Pompano — $5.99 lb ($13.18/KG)

Guyana Cat Fish — $7.99 lb ($17.58/KG)

Guyana Grey Snapper (Whole) — $7.88 lb ($17.34/KG)

Guyana Gillbacker (Whole) — $6.99 lb ($15.38/KG)

Guyana Big Bangamary — $5.88 lb ($12.94/KG)

Guyana Hassa — $4.99 lb ($10.98/KG)