PRODUCE 果菜

Carrot

$2.18/KG
88¢ lb

Spinach With Stem

$3.78/KG
$1.99 lb

Sweet Potato In Bag

$4.14/KG
$1.99 lb

Garlic In Net Bag 500g

$1.99 bag

Seafood Mushroom

3 for $2.50

Fresh Peanut

$6.34/KG
$2.88 lb

Gala Apple

FOODLAND ONTARIO
$3.48/KG
$1.58 lb

Sunkist Sweet Orange

$3.48/KG
$1.58 lb

Bartlett Pear

$3.70/KG
$1.68 lb

W.Murcott Mandarin In Bag

$5.68/KG
$2.58 lb

FOOD COURT & BAKERY 美食

Shrimp Dumpling

$3.99 order

Fried Rice

$6.99 order

Spicy Salmon

$13.99 order

Fried Tilapia

$11.99 order

Sesame Chili Oil Chicken

$12.99 order

Wonder Bread 675g

$2.99 ea

Simple Joys Croissants 270g

$1.99 ea

Crispy Cake Rusk (Original) 550g

$3.99 ea

Sonora Tortillas 680g

$4.99 ea

Simple Joys Sliced Cake 400g

$1.99 ea

Crispy Roti (Original/Whole Wheat) 500g

$2.99 ea

HOUSEHOLD

Nerve Food/ Sulphur Bitters 200ml


$22.99 ea

701 Dieda Zhentong Gao


$23.99 ea

* Check price on store display tags in case of disrepancy due to printing error in the advertisement. Jian Hing Foodmart reserves the right to limit quantities. No raincheck. If any printing error occurs please refer to the instore price tag for correction.

JIAN HING FOODMART 建興超級市場

SCAN QR CODE FOR INSTORE WEBSITE

Eglinton Ave E
Ellesmere Rd
Midland Ave
Markham Rd
Greenbrae Circuit
Morrow Rd
Lawrence Ave E

FLYER PRICE EFFECTIVE : Oct 16 (Fri.) 2026 - Oct 22 (Thur.) 2026

Golden Ray Vegetable Oil 2.8L

$6.99 ea

Nescafe Coffee 170g

$6.59 ea

Milo 900g

$8.99 ea

Mr.Goudas Red Kidney Beans 15lb

$20.99 ea

Golden Saba Banana 454g

2 for $5.00

Pran Plain Paratha 2.4kg

$5.99 ea

Neilson Milkshake Series 310ml

2 for $2.50

Frozen White Shrimp Head On

$4.68 lb

Fresh Lane Snapper

$5.59 lb

Broccoli Stem Cut

$1.88 lb

FuYu Persimmon

$2.68 lb

Bone In Pork Belly

$2.59 lb

Pork Ham Steak

Limit 3pcs
$1.59 lb

Beef Eye Round

$7.99 lb

Boneless Chicken Leg Meat

$4.29 lb

Mutton Leg

Limit 2pcs
$4.99 lb

TEL: 416-289-3999 *Mon-Sun: 9:00am-9:50pm* 678 Markham Rd. Scarborough, ON M1H 2A7

GROCERY 雜貨

Nestea 2.2kg — $10.99 ea

Dan-D Pak Cashews 600g — $11.99 ea

Loacker Wafers 175g — $1.99 ea

Aurora Passata 660ml — $1.99 ea

Maling Pork Luncheon Meat 397g — $4.77 ea

Pangasinan Balayan 340ml — $2.88 ea

Mang Tomas 550g — $2.29 ea

Magnolia Cheezee 440g — $7.99 ea

Bong Bong's Biscocho 320g — $6.88 ea

Piattos 170g — $2.99 ea

Crix Crackers 288g — $2.99 ea

Ann Honeyed Ginger Drink 324g — $2.99 ea

Power Malt 330ml — $1.19 ea

Walkerswood Green Seasoning 280g — $3.77 ea

Red Rose 72 Tea Bags — $4.99 ea

Tata Tea Agni 1kg — $7.99 ea

Britannia Tiger Biscuits 600g — $1.99 ea

MTR Gulab Jamun 1kg — $3.59 ea

Quality Red Lentils 4lb — $3.77 ea

India Gate Rozzana Basmati Rice 20lb — $20.99 ea

WHOLESALE 餐館批發

White Potato 50lb — $23.99 bag

Onion 50lb — $25.99 bag

Carrots 50lb — $19.99 bag

Frozen Chicken Leg Meat 25kg — $220.00 cs

Pork Intestine 10kg — $49.99 cs

Extra Large White Egg 180pcs — $58 cs

Buenas Banana Leaves 20x454g — $35 cs

SH Vegetable Spring Rolls 25g x 40pcs — $38 cs

Frozen Basa Fillet 10x2.4lb — $58 cs

TYJ 8.5" Spring Roll Wrap — $58 cs

FROZEN 急凍

Bulacan Longanisa 375g — $2.99 ea

Bulacan Grated Cassava 454g — $1.29 ea

SH 3-Way Mixed Vegetables 750g — 2 for $3.00

Best Quality Raw Peeled Shrimp 400g — $4.99 ea

Seven Baskets Squid Tentacle 800g — $7.99 ea

Tuna Steak 1.2lb — $6.99 ea

HZW Basa Steak 540g — 2 for $5.50

Golden Sea Sardine 800g — $3.59 ea

SH Vegetable Spring Rolls 25gx40 — $3.59 ea

Al Safa Breaded Chicken Cutlettes Series 400-600g — $7.99 ea

Haagen Dazs Ice Cream Cup Series 450ml — $4.99 ea

Del Monte Fruit Juice 1.6L — $2.99 ea

Gay Lea Butter 454g — $5.99 ea

Kewpie Mayonnaise 465ml — $4.99 ea

MEAT & FISH 肉部&魚部

Lean Pork — $1.99 lb

Ground Chicken — $2.99 lb

White Cow Feet — $2.39 lb

Goat Tripe — $2.99 lb

Boneless Lamb Leg — $7.99 lb

Goat Skin On — $6.59 lb

CBC Beef Brisket Sliced Roll — $6.99 lb

4 Quail — $9.99 ea

Fresh Blue Fish — $2.99 lb ($6.58/KG)

Frozen Fresh Tilapia — $3.59 lb ($7.90/KG)

Fresh Parrot Fish — $5.59 lb ($12.30/KG)

Golden Pompano — $5.99 lb ($13.18/KG)

Guyana Gillbacker (Whole) — $6.99 lb ($15.38/KG)

Guyana Grey Snapper (Whole) — $7.88 lb ($17.34/KG)

Guyana Cat Fish — $8.88 lb ($19.54/KG)

Guyana Fine Bangamary — $7.88 lb ($17.34/KG)