Al Premium 華盛
FOOD MART | McCOWAN

SUBSCRIBE
DON'T MISS OUR WEEKLY SPECIAL
扫描二维码 解锁每周特价



BEAUTY MEGA SALE
Big Deals. Beautiful Savings.

ITEMS AND PRICES AVAILABLE ONLY IN THE AL PREMIUM McCOWAN STORE LOCATED AT 250 ALTON TOWERS CIRCLE, UNIT 2A.

VALIDATION NOV. 11月 - DEC. 12月, 2026

THU 周四	FRI 周五	SAT 周六	SUN 周日	MON 周一	TUE 周二	WED 周三
26	27	28	29	30	01	02

Please refer to in-store information for accurate pricing and product details, as printing errors may occur.



GREEN MUSTARD
芥菜仔
Reg. $1.48/lb
88¢/lb



ICEBERG LETTUCE
圆生菜
Reg. $2.99/ea
1.99/ea



PORK SOUP MEAT
煲汤猪肉
Reg. $3.59/lb
2.59/lb



THAI BANANAS
泰国香蕉
Reg. $1.99/lb
1.28/lb



ASIAN PEAR
水晶梨
Reg. $1.99/lb
1.38/lb



OYSTER (LARGE)
大筒蚝
Reg. $32.99/ea
29.99/ea



CHACHEER SUNFLOWER SEEDS (ORIGINAL/SPICED)
恰恰原香瓜子
260 g Reg. $2.99/ea
1.99/ea



FRUIT DRINK-ORANGE FLAVOR
美汁源果粒橙
1.25 L Reg. $2.99/ea
1.99/ea



HEK MILK& PEANUT DRINK
惠尔康牛奶花生牛奶
6 x 365 g Reg. $8.99/ea
6.99/ea



COCA-COLA DRINK SERIES
可口可乐饮品系列
12 x 355 ml Reg. $9.99/ea
7.99/ea



SL W FRUIT DRINK (ORIGINAL/MANGO/STRAWBERRY)
水恋湾风味酸奶饮品系列(原味/芒果/草莓)
500 ml / 450 ml Reg. $1.99/ea
1.99/ea



BQ FROZEN POMPANO
福洋深海金鲳鱼
3 pcs / 1 kg Reg. $13.99/ea
9.99/ea

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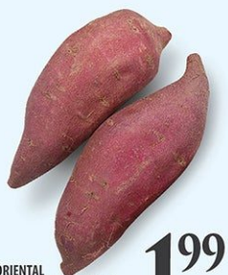
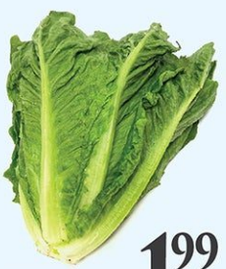
VEGETABLE | FRUIT


GAI LAN
芥兰
Reg. $1.99/lb
1.48 /lb


CHINESE CELERY
唐芹
Reg. $2.29/lb
1.58 /lb


ORGANIC GINGER
有机生姜
Reg. $2.59/lb
1.88 /lb


ORIENTAL SWEET POTATO (SMALL)
东洋小番薯
Reg. $2.99/lb
1.99 /lb


ROMAINE LETTUCE
西生菜
Reg. $2.99/ea
1.99 /ea


XXX KING OYSTER MUSHROOM
小香杏皇子菇
Reg. $1.58/ea
2/2


DOLE ROMAINE HEARTS
包装西生菜
3 pcs Reg. $4.99/ea
2.99 /ea


GARLIC CHIVES
韭菜
Reg. $4.99/lb
3.58 /lb


POMEGRANATE
红石榴
Reg. $3.99/ea
2.88 /ea


RASPBERRIES
红莓
170 g Reg. $3.99/ea
2.99 /ea


BLACKBERRY
黑莓
Reg. $3.99/ea
2.99 /ea

MEAT


BEEF FLANK
牛筋腩
Reg. $11.99/lb
10.99 /lb


LONG PHUNG BEEF MEAT BALLS
龙凤牌牛肉丸
390 g
Reg. $8.99/ea
7.99 /ea

SEAFOOD


BELT FISH
冰鲜牙带
Reg. $8.99/lb
5.99 /lb


JELLYFISH HEAD
海蜇头
Reg. $29.99/ea
25.99 /ea


LIVE EEL
游水野生白鳝
Reg. $25.99/lb
22.99 /lb


CHICKEN BREAST BONELESS
无骨鸡胸肉
Reg. $6.99/lb
5.99 /lb


ANGUS BEEF SLICED ROLLS
安格斯肥牛卷
Reg. $11.99/lb
10.99 /lb


SALMON BELLY
三文鱼腩
Reg. $3.99/lb
2.99 /lb


FROZEN CLAM
冰鲜油蛤
Reg. $12.99/ea
10.99 /ea

RESTAURANT CASH & CARRY


24 ct
AROY-D COCONUT MILK
箱装椰浆
400 ml
Reg. $64.50/cs
46.99 /cs


180 ct
WHITE EGG(BOX)
箱装白鸡蛋
Reg. $60.00/box
55.00 /box


CROWN BROCCOLI
无茎西兰花
28.00 /cs


24 CT
ROMAINE LETTUCE
西生菜
40.00 /cs

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GROCERY



ORIHIRO KONJAC JELLY(MIXED)/ JELLY(FRUIT)
蒟蒻
480 g Reg. $6.99/ea
3.99 /ea



CHANGQI CAKE (MILK/HONEY/MATCHA)
长崎蛋糕(牛奶/蜂蜜/抹茶)
330 g Reg. $3.99/ea
2.99 /ea



PALDO GOMTANG BEEF FLAVOUR
牛骨汤面
408 g Reg. $3.99/ea
2.99 /ea



VACUUM-PACKED WAXY CORN
玉米兄弟黑糯玉米
1760 g Reg. $15.99/ea
10.99 /ea



MERILIN DRIED HULLED MILLET
美林东北小米
4 lb Reg. $7.99/ea
5.99 /ea



NAZIBA BLACK TRUFFE BISCUIT
纳滋宴黑松露火腿苏打饼干
728 g Reg. $12.99/ea
7.99 /ea



SC ALMOND COOKIE W/CHUNKS
腾萃粒粒杏仁饼
300 g Reg. $7.99/ea
4.99 /ea



TT COFFEE/GARDENIA/JASMINE MILK
天太咖啡/山野栀子/茉莉牛奶
1500 ml Reg. $7.99/ea
6.99 /ea



HONG KONG EGG ROLLS SERIES
元朗月蛋卷王系列
454 g Reg. $7.99/ea
5.99 /ea



SAU TAO NON-FRIED NOODLES SERIES
寿桃牌港式蛋面(桶)系列
880 g / 828 g Reg. $8.99/ea
5.99 /ea



DEWEI ORGANIC PEANUTS
德伟有机花生米
2 lb Reg. $8.99/ea
5.99 /ea



SF YAM &MILK PASTRY
新丰雪花山药奶松饼
458 g Reg. $5.99/ea
3.99 /ea



CHICKEN FLAVORING
国际美林牌鸡精
1 kg Reg. $11.99/ea
7.99 /ea



TILDA BASMATI RICE SAFFRON FREE
香米
10 lb Reg. $17.99/ea
15.99 /ea



GRO THAI HOM MAI RICE
金牛皇泰国香米
18 lb Reg. $25.99/ea
23.99 /ea



SOO BEEF/PORK JERKY SERIES
狮牌牛肉干/猪肉干系列
170 g Reg. $15.59/ea
11.99 /ea



LEE KUM KEE SOY SAUCE
李锦记鲜味生抽
500 ml Reg. $3.99/ea
2.99 /ea



XF PREMIUM BLACK RICE/
新丰黑米
4 lb Reg. $7.99/ea
5.99 /ea

Al Premium 華盛
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FROZEN



SH
FORMED BAY SCALLOP MEAT
鑫海雪花带子
300 g Reg. $6.99/ea
4.99 /ea



FY GGS YELLOW CROAKER
福洋 冻三去黄鱼(开边)
200 g Reg. $4.69/ea
3.99 /ea



SH
BLACK TIGER SHRIMP (26/30)
鑫海老虎虾26/30
400 g Reg. $9.99/ea
6.99 /ea



PAK FOK FRIED TOFU BALL
百福豆泡
150 g Reg. $3.29/ea
2/5



7 BASKETS SQUID
450 g Reg. $5.99/ea
4.99 /ea

COSMETICS



IN GARDENIA
APPLE 200/
CRANBERRY 200/
KIWI 200
1 piece
Reg. $16.99/ea
12.99 /ea



XY SPEED CAR
APPLE/HONEYDEW/SANDALWOOD
1 piece Reg. $15.49/ea
11.99 /ea

HOUSEWARE



PALMOLIVE
AVD DISH LIQUID
大桶洗洁精
4.27L
Reg. $17.99/ea
11.99 /ea



PERFECT GAS
煤气
4 ct
Reg. $6.99/ea
5.99 /ea

ORIENTAL KITCHEN



BBQ PORK WITH RICE
叉烧饭
Reg. $9.99/ea
8.99 /ea



BBQ DUCK WITH RICE
烧鸭饭
Reg. $10.99/ea
9.99 /ea



BBQ DUCK
明炉烧鸭
Reg. $29.99/ea
27.99 /ea

HEALTH



WILD SEA CUCUMBER
北极野生海参(圆筒)
Reg. $59.99/lb
49.99 /lb

BLACK FRIDAY

WELLAGE
透明保湿爽肤水
Real Hyaluronic Toner
200 ml



$14.99 ea.

KIRIBAI
桐灰暖宝宝
Body Warmer
4-10 pcs



$8.49 ea.

WELLAGE
深度补水/修复舒缓精华胶囊面膜
Hyaluronic/ Cica Calming One Day Kit
7 pcs



$27.99 ea.

XUNYU
寻遇液体
车载香薰
Car Fragrance
100 ml



$11.99 ea.

IN GARDENIA
清栀沐香水果香薰
Reed Diffuser
200 ml



$12.99 ea.

SONGCHAO
衣物香氛喷雾
Clothing Fragrance Spray
50 ml



$7.99 ea.

HETRAS
护发素/洗发水
Treatment/Shampoo
1013 ml



$17.99 ea.

CLINSIS
珂莱诗沐浴露系列
Fragrance Body Wash
350 ml



$14.99 ea.

APLB
身体乳
Body Lotion
300 ml



$12.49 ea.

Al Premium | 華盛

THURSDAY, NOVEMBER 26 TO WEDNESDAY, DECEMBER 02, 2026.

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