Al Premium 華盛
FOOD MART | McCOWAN

SUBSCRIBE
DON'T MISS OUR WEEKLY SPECIAL
扫描二维码 解锁每周特价



BEAUTY MEGA SALE
Big Deals. Beautiful Savings.

ITEMS AND PRICES AVAILABLE ONLY IN THE AL PREMIUM McCOWAN STORE LOCATED AT 250 ALTON TOWERS CIRCLE, UNIT 2A.

VALIDATION NOVEMBER 11月, 2026

THU 周四	FRI 周五	SAT 周六	SUN 周日	MON 周一	TUE 周二	WED 周三
05	06	07	08	09	10	11

Please refer to in-store information for accurate pricing and product details, as printing errors may occur.



BABY SHANGHAI BOK CHOY
上海苗
Reg. $1.99/lb
1.48/lb



BROCCOLI CROWNS
无茎西兰花
Reg. $1.99/lb
1.58/ea



PORK BUTT BONE-IN
有骨梅头
Reg. $3.29/lb
1.99/lb



AVOCADOS
袋装牛油果
Reg. $4.99/ea
2.99/ea



SWEET PERSIMMON
盒装富贵柿
Reg. $6.99/ea
5.99/ea



RAZOR CLAM WITH SOUP
金碗插蛏
Reg. $10.99/ea
8.99/ea



SUN FUNG HONEY DATES
新豐水晶蜜棗
908 g Reg. $5.99/ea
3.99/ea



WWZZ HERB JELLY SERIES
唯吾之足龟苓膏(原味/灵芝/蜂蜜)
600 g Reg. $2.99/ea
99¢/ea



SWANSON CHICKEN BROTH
史云生清鸡汤
412 ml Reg. $1.39/ea
99¢/ea



ROSE JASMINE WHITE RICE
玫瑰牌茉莉香米
8 kg Reg. $26.99/ea
19.99/ea



L/CHOCO PIE/M STRAWBERRY/VANILLA
乐天巧克力棉花糖
草莓/香草软派
6 ct Reg. $1.99/ea
99¢/ea



PACIFIC WHITE SHRIMP HEAD-ON SHELL-ON RAW 30-40
有头白虾30-40
400 g Reg. $6.99/ea
4.88/ea



ELECTRICAL HOT POT
Reg. $74.99/ea
39.99/ea



PK MULTI PURPOSE COOKWARE
厨霸复底三层蒸锅
32 cm Reg. $39.99/ea
29.99/ea



TIDE ALL IN ONE SERIES
2.72 L Reg. $14.99/ea
9.99/ea

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VEGETABLE | FRUIT


SMALL YAM
袋装小番薯
Reg. $1.59/lb
99¢ /lb


GREEN MUSTARD
芥菜仔
Reg. $1.68/lb
1.18 /lb


CHINESE CAULIFLOWER
富贵花
Reg. $1.99/lb
1.28 /lb


LOTUS ROOT
蓮藕
Reg. $1.99/lb
1.48 /lb


MINI PERSIAN CUCUMBERS
迷你青瓜仔
Reg. $1.99/lb
1.58 /lb


FRESH CHESTNUT
栗子
Reg. $2.99/lb
1.88 /lb


XXX KING OYSTER MUSHROOM
小香杏皇子菇
250 g Reg. $1.99/ea
2/2.50


FORELLE PEAR
糖心啤梨
Reg. $2.99/lb
1.99 /lb



RED HONEY POMELO
红肉蜜柚
Reg. $3.99/ea
3.58 /ea



SWEETANGO APPLE
糖心蘋果
Reg. $4.99/bag
3.99 /bag

MEAT | SEAFOOD


BEEF EYE ROUND
牛肉眼
Reg. $11.99/lb
10.99 /lb


CHICKEN LEG BONELESS
无骨鸡腿肉
Reg. $5.99/lb
4.99 /lb


LIVE BULLHEAD
游水塘虱
Reg. $4.99/lb
3.99 /lb


SALMON FILLET
三文鱼肉
Reg. $14.99/lb
12.99 /lb


SEA EEL
海鳝鱼
Reg. $8.99/lb
5.99 /lb


BLACK CHICKEN
黑鸡
Reg. $15.99/ea
14.99 /ea


AP PREMIUM PORK BUTT ROLL
梅花猪肉卷
Reg. $5.99/lb
4.99 /lb



AL PREMIUM SHRIMP 20/30
华盛甄选南美白头白虾20/30
Reg. $29.99/ea
24.00 /ea


LIVE CANADIAN LOBSTER
生猛加拿大龙虾
Reg. $15.99/lb
13.99 /lb

RESTAURANT CASH & CARRY

20 lb


BROCCOLI CROWNS
西兰花
28.00 /cs

50 lb


SUPER COLOSSAL ONIONS
黄洋葱
30.00 /bag

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GROCERY



SF PEANUTS SERIES
新豐珍珠花生(甘草/蒜味/蒜葇/山核桃/咸酥/辣皮)
300 g Reg. $2.99/ea
1.99 /ea



NS KIMCHI NOODLE CASE
450 g Reg. $6.59/ea
3.99 /ea



CRISPY CANDY (VARIOUS FLAVORS)
徐福记酥心糖
306 g Reg. $6.99/ea
4.99 /ea



WAHAHA MILK DRINK (AD)
娃哈哈AD钙奶
4 ct Reg. $3.99/ea
2.99 /ea



MENGNIU FRUIT FLAV DRINK SERIES
蒙牛真果粒(桃果/芦荟/蓝莓/椰果/草莓/葡萄)
12 x 250 g Reg. $13.99/ea
9.99 /ea



DBD SOYBEAN DRINK
豆本豆原味豆奶
12 ct Reg. $12.99/ea
9.99 /ea



XINFENG SALTED DUCK EGG
新豐海鸭蛋
520 g Reg. $7.99/ea
3.99 /ea



XF BLACK GOLD CRISPY RICE
新豐京巷小鍋巴
288 g Reg. $4.99/ea
3.99 /ea



WNQ ONION CRACKER
万年青青葱饼干
400 g Reg. $3.99/ea
2/4.99



CHA KOU RICE VERMICELLI
正宗茶口粉干
1 kg Reg. $7.99/ea
5.99 /ea



HUANGFEIHONG MAGIC CHILI
黄飞鸿香脆辣
308 g Reg. $5.99/ea
2.99 /ea



DATU PUTI VALUE PACK
2 x 1 L Reg. $5.99/ea
4.99 /ea



TOTOLE CHICKEN FLAVOR SOUP BASE MIX
太太乐鸡精
2.2 lb Reg. $14.99/ea
9.99 /ea



CICI JELLY JUICE
喜之朗吸吸果冻
6 x 150 g Reg. $3.99/ea
2.99 /ea



GARDEN LUCKY CANDY (STRAWBERRY)
嘉顿利是糖
350 g Reg. $5.99/ea
2/2.99



SALTED SHAOXING COOKING WINE
塔牌咸福兴花雕酒
640 ml Reg. $2.99/ea
2/2.99



CHENG BRAND FU-CHUNG BEANCURD
诚字伏中腐乳
250 g Reg. $2.79/ea
2/2.99



SUN FUNG BEANCURD ROLL
新豐黃金豆卷
120 g Reg. $2.99/ea
1.99 /ea

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FROZEN



THAI GOLD DEVEINED SHRIMP 26/30
泰皇速冻虾仁
380 g Reg. $10.99/ea
8.99 /ea



3 FISH COOKED WHOLE RAZOR CLAM
冻煮带壳蛏子
340 g Reg. $7.99/ea
6.59 /ea



BULACAN SWEET LONGANISA
菲律宾香肠
375 g Reg. $4.59/ea
3/10



DURIAN MILLE CREPE CAKE
榴莲千层蛋糕
450 g Reg. $14.99/ea
10.99 /ea



SH BLACK TIGER SHRIMP 16/20
鑫海老虎虾16/20
400 g Reg. $10.99/ea
8.99 /ea

COSMETICS



MADECA HOLIDAY CREAM SET
1 piece
Reg. $28.99/ea
19.99 /ea



AMORTALS THICKEN TOWEL
尔木萄抽洗脸巾
70 ct
Reg. $3.99/ea
2/5

HOUSEWARE



KAO STRONG MOLD TERHANDY BAT SPRAY
花王浴室清洁剂
400 ml
Reg. $4.99/ea
2/7



SUNLIGHT MORNING FRESH/ ORIGINAL FRESH
4 L
Reg. $12.99/ea
10.99 /ea

ORIENTAL KITCHEN



BARBECUE PORK
叉烧
Reg. $8.99/lb
7.99 /lb



BBQ PORK WITH RICE
叉烧饭
Reg. $9.99/ea
8.99 /ea



BBQ DUCK WITH RICE
烧鸭饭
Reg. $10.99/ea
9.99 /ea

HEALTH



清除有毒物质，
固肾益精，
肾虚腰痛，
膀胱感染。

KIDNEY FLUSH
清肾宝
500 ml
Reg. $31.99/ea
21.99 /ea

• BEAUTY & PERSONAL CARE & FRAGRANCE •

Beauty Best Buy MEGA SAVINGS

双十一超值美妆狂欢季

YOUR FAVORITE K-BEAUTY & J-BEAUTY ESSENTIALS



XUNYU

寻遇锦绣中华藤条香氛
Splendid China Reed Diffuser
100 ml



$9.99 ea.

REVLON

丝柔染发剂
Color Silk Hair Dye
130 ml



$6.49 ea.

TORRIDEN

润唇精华
Lip Essence
11 ml



$7.99 ea. **$5.99 ea.**

AMORTALS

尔木萄洗脸巾
Cotton Towel (Thick)
70 pcs



2/5

CENTELLIAN 24

森特莲系列面膜
Madeca Derma Mask
10 x 25 ml



$9.99 ea.

KAO

花王浴室
除霉喷雾
Mold Terhandy Bathroom Spray
400 ml



2/7

CENTELLIAN 24

修复面霜
圣诞礼盒套
Madeca Cream Holiday Set
50+15 ml



$19.99 ea.

LELA LADYBRO

本色恩香氛吊坠
Pendant Diffuser
2 x 8 ml



$5.99 ea.

Al Premium | 華盛

THURSDAY, NOVEMBER 05 TO WEDNESDAY, NOVEMBER 11, 2026.

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Items and pricese available only in the Al Premium Eglinton store and McCowan store.