Al Premium 華盛
FOOD MART | McCOWAN

SUBSCRIBE
DON'T MISS OUR WEEKLY SPECIAL
扫描二维码 解锁每周特价



華盛 火锅特惠季
HOT POT SPECIALS
YOUR HOT POT FAVORITES, ALL ON SPECIAL!

ITEMS AND PRICES AVAILABLE ONLY IN THE AL PREMIUM McCOWAN STORE LOCATED AT 250 ALTON TOWERS CIRCLE, UNIT 2A.

VALIDATION OCTOBER 10月, 2026

THU 周四	FRI 周五	SAT 周六	SUN 周日	MON 周一	TUE 周二	WED 周三
22	23	24	25	26	27	28

Please refer to in-store information for accurate pricing and product details, as printing errors may occur.



Lotus Roots
莲藕
Reg. $2.99/lb
1.58 /lb



Baby Bok Choy
奶油菜苗
Reg. $2.59/lb
1.38 /lb



Bone Beef Steak
有骨牛扒
Reg. $12.99/lb
7.88 /lb



Persimmons
富贵柿
Reg. $3.99/lb
2.28 /lb



Sweet Orri Tangerine
以色列甜橘
Reg. $2.59/lb
1.99 /lb



Live Dog Fish
生鱼
Reg. $5.99/lb
4.99 /lb



Hi Hot Pot Soup Base
海底捞火锅底料系列 清汤/锅辣骨汤/牛油火锅/麻辣清油/青椒/三鲜/菌汤/麻辣香锅/猪肚鸡/牛骨原汤
Broth/Spicy Bone/Beef Tallow/Tomato/Spicy&Green Chili/Scallop/Mushroom/Spicy Stir Fry/Pork Belly&Chicken Beef Bone
110-220 g Reg. $4.99/ea
3.99 /ea



SF KONJAC KNOT
魔芋丝结
330 g Reg. $1.99/ea
1.29 /ea



7 B Durian W/Seed
7个蓝子有核榴莲
400 g Reg. $9.99/ea
6.99 /ea



Hot Kid Milk Flav Drink
旺仔牛奶
6 x 245 ml Reg. $10.99/ea
7.99 /ea



Y & B Dried Bean Curd
亿贝元枝腐竹
340 g Reg. $5.99/ea
3.99 /ea



GENKI FOREST ICED TEA
元气森林冰茶系列 葡萄柚绿茶/冰蜜茉莉绿茶/白桃茉莉花茶/冰爆柠檬茶
900 ml Reg. $1.99/ea
99¢ /ea



Hot Pot
30寸火锅
30 cm Reg. $17.99/ea
13.99 /ea

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VEGETABLE | FRUIT



Korean Seedless Grape
韩国晴王葡萄
Reg. $8.99/lb
7.99 /lb



Asian Pear
水晶梨
Reg. $1.99/lb
1.38 /lb



2lb Golden Kiwi in Box
盒装黄金奇异果
2 lb Reg. $9.99/ea
8.99 /ea



Red Pomegranate
红石榴
Reg. $3.99/ea
2/5



Chinese Purple Yam
紫皮紫心番薯
Reg. $2.59/lb
1.88 /lb



English Cucumber
长青瓜
Reg. $1.99/ea
2/2



2lb Carrots In Bag
袋装胡萝卜
2 lb Reg. $3.99/ea
1.28 /ea



Squash Buttercup
日本小南瓜
Reg. $0.99/lb
58¢ /lb



Shanghai Bok Choy
上海白菜
Reg. $1.99/lb
99¢ /lb



Korean Cabbage
高丽菜
Reg. $0.88/lb
58¢ /lb

MEAT



Alpremium Lamb Roll
羊肉卷
Reg. $11.99/lb
9.98 /lb



Duck Gizzard
鸭肫
Reg. $7.99/lb
4.99 /lb



Pork Belly
猪腩
Reg. $4.99/lb
3.99 /lb



Beef Shank Boneless
牛展
Reg. $7.99/ea
6.99 /lb

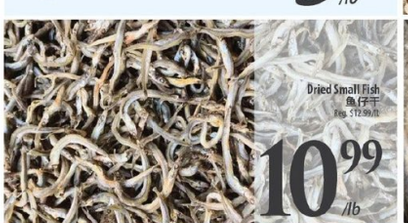
SEAFOOD



Belt Fish
牙带
Reg. $8.99/lb
5.99 /lb



Sea Eel
海鳗鱼
Reg. $8.99/lb
5.99 /lb



Dried Small Fish
鱼仔干
Reg. $12.99/lb
10.99 /lb



Leaf fish
金叶鱼
Reg. $3.99/lb
2.99 /lb

RESTAURANT CASH & CARRY

6 PK



Lee Kum Kee Hoisin Sauce (1.75 L)
李锦记海鲜酱
Reg. $64.75/case
55.99 /case

11 LB



Red Bell Pepper
红椒
18.00 /case

mc.alpremium.ca

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GROCERY



French Style Soft Bread(Milk/Orange)
达利园法式软面包（牛奶/香橙）
360 g Reg. $4.99/ea
3.99 /ea



Ferrero Rocher Chocolates
金沙巧1 9力
24 pcs Reg. $7.99/ea
14.99 /ea



SF CRISPY BISCUITS(CHEESE)
黑金芝士薄脆饼干
400 g Reg. $4.99/ea
3.99 /ea



Orihiro Konjac Jelly
蒟蒻果冻
240 g Reg. $3.99/ea
2.99 /ea



Unico Vegetable Oil
玉利高健康菜油
3 L Reg. $12.99/ea
9.99 /ea



Zu Miao Rock Sugar
佛山黄冰糖
454 g Reg. $2.59/ea
1.99 /ea



Cock Brand Tapioca Pearl
鸡牌小西米
400 g Reg. $2.69/ea
1.99 /ea



Ginseng Royal Jelly
人参蜂王浆口服液
500 g Reg. $12.99/ea
9.99 /ea



Y.M.Y Rice Vermicelli
远洋兴化米粉
500 g Reg. $2.99/ea
2/4.99



JYZ Soft Flour Cake
Borwn Sugar/Original/Sesame
精益珍沙琪玛
688 g Reg. $4.99/ea
3.99 /ea



Prosper Chinese Date
家和新疆灰枣
2.5 kg Reg. $12.99/ea
9.99 /ea



Kunna
Young Coconut Gummy/
Thai Mahachanok
糖果
100 g Reg. $1.99/ea
99¢ /ea



ZHY Marinade(Classic)
周黑鸭卤料(经典黑鸭味)
400 g Reg. $7.99/ea
3.99 /ea



Sunfung Rice Vermicelli
新丰手工濑粉
1000 g Reg. $5.99/ea
3.99 /ea



Nissin Bowl Noodle
出前一丁碗面系列
麻酱/黑蒜猪骨/XO海鲜/
鸡香/茶饱海鲜/香辣牛肉
103-133 g Reg. $2.99/ea
2/2.99



Prb Soy Sauce For Seafood
珠江桥牌蒸鱼豉油
1.9 L Reg. $6.99/ea
3.99 /ea



DSH DRIED MUSHROOM SLICES
大山合光面菇
400 g Reg. $9.99/ea
7.99 /ea



Dried Black Fungus
金华黑木耳
200 g Reg. $7.99/ea
4.99 /ea



Perfect Gas
煤气
4 ct Reg. $7.99/ea
5.99 /ea



Jinyu Portabl Gas Stove
煤气炉
Reg. $19.99/ea
13.99 /ea

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FROZEN



SH White Shrimp 26/30
鑫海鲜冻白虾26/30
400 g Reg. $7.99/ea
5.99/ea



FY Cooked Razor Clam
福洋冻熟蛏(带壳)
340 g Reg. $7.99/ea
5.99/ea



Xin Rui Fish Ball With Meat
福州大鱼丸
2 kg Reg. $26.99/ea
20.88/ea



Frozen Organic Waxy Corn
新安/东方之洲有机糯玉米
500 g Reg. $2.99/ea
1.99/ea



Synear Pork Dumpling
思念猪肉灌汤水饺
韭菜/香菇/三鲜/玉米/白菜
454 g Reg. $5.99/ea
2/9

COSMETICS



Air Funk Air Freshener
Kiwi Fruit/Dove Tree/Pear/Hawthorn/Osmanthus
椰放清新香氛
350 ml Reg. $6.59/ea
2/6.99



Moist Diane Oil In Body Soap
Chardonnay/Citrus Bouquet
美肌赏油沐浴露
500 ml Reg. $16.99/ea
12.99/ea



KAO LAURIER Sanitary Ultra Slim
樂而雅超薄日用 20.5cm
24 p Reg. $7.99/ea
3.99/ea

ORIENTAL KITCHEN



BBQ PORK WITH RICE
叉烧饭
Reg. $9.99/ea
8.99/ea



BBQ DUCK WITH RICE
烧鸭饭
Reg. $10.99/ea
9.99/ea



BARBECUE PORK
蜜汁叉烧
Reg. $8.99/lb
7.99/lb

HEALTH



36HDS/lb
每磅36头

DRIED ABALONE
干鲍鱼
Reg. $125.99/lb
89.99/lb

• BEAUTY & PERSONAL CARE & FRAGRANCE •

Discover Our New Beauty Arrivals!

全新美妆产品陆续上架

YOUR FAVORITE K-BEAUTY & J-BEAUTY ESSENTIALS

KOBAYASHI

小林制药微波炉清洁湿巾
Microwave Cleansing Wipe
3 pcs



$3.99 ea.

AIR FUNK

椰放空气清新
Air Freshener
350 ml



2/6.99

MOIST DIANE

美肌贵油
沐浴露
Oil In Body Soap
500 ml



$12.99 ea.

ABIB

毛孔泥膜潔面乳
Pore Clay Pack Cleanser
120 ml



$11.99 ea.

KAO LAURIER

樂而雅超薄日用
Sanitary Ultra Slim肌にも
20.5 cm 24 pcsさらり



$3.99 ea.

HOT PRICE

DR ALTHEA

视黄醇滚轮眼霜
Retinol Eye Roller
25 ml



$22.99 ea.

COSRX

蝸牛多效面霜/
高效保湿面霜
Advanced Snail 92 Hyaluronic Acid Facial Cream
100 g



$17.99 ea.

BEAUTY OF JOSEON

朝鮮美人蜂蜜大米
提亮面膜
Rice and Honey Glow Mask
150 ml



$18.88 ea.

CDL

睡眠面膜/撕拉面膜
Selected Mask
5 pcs/70 ml



$9.99 ea.

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THURSDAY, OCTOBER 22 TO WEDNESDAY, OCTOBER 28, 2026.

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Items and prices available only in the Al Premium Eglinton store and McCowan store.